

• Agawam At "The Big E" (inside)...



AGAWAM Advertiser News

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"Your Hometown Newspaper"

Volume XXII Number 44

November 4, 1999

★ Cohen The New Mayor ★



- Letellier Tops Council Ticket
- Sandlin Tops School Committee Race
- Five New Faces Elected To Council



AT ROBINSON PARK SCHOOL ON ELECTION DAY: front row — Kathy Roberts, Alan Cohen, Mayor-Elect Richard Cohen, and Vincent Curto. Back row — Jason Freeman, David Pietras, Bill Daubmann (Cohen's campaign manager), and Kevin Suffriti. Advertiser News photo by Kathy Shepard.

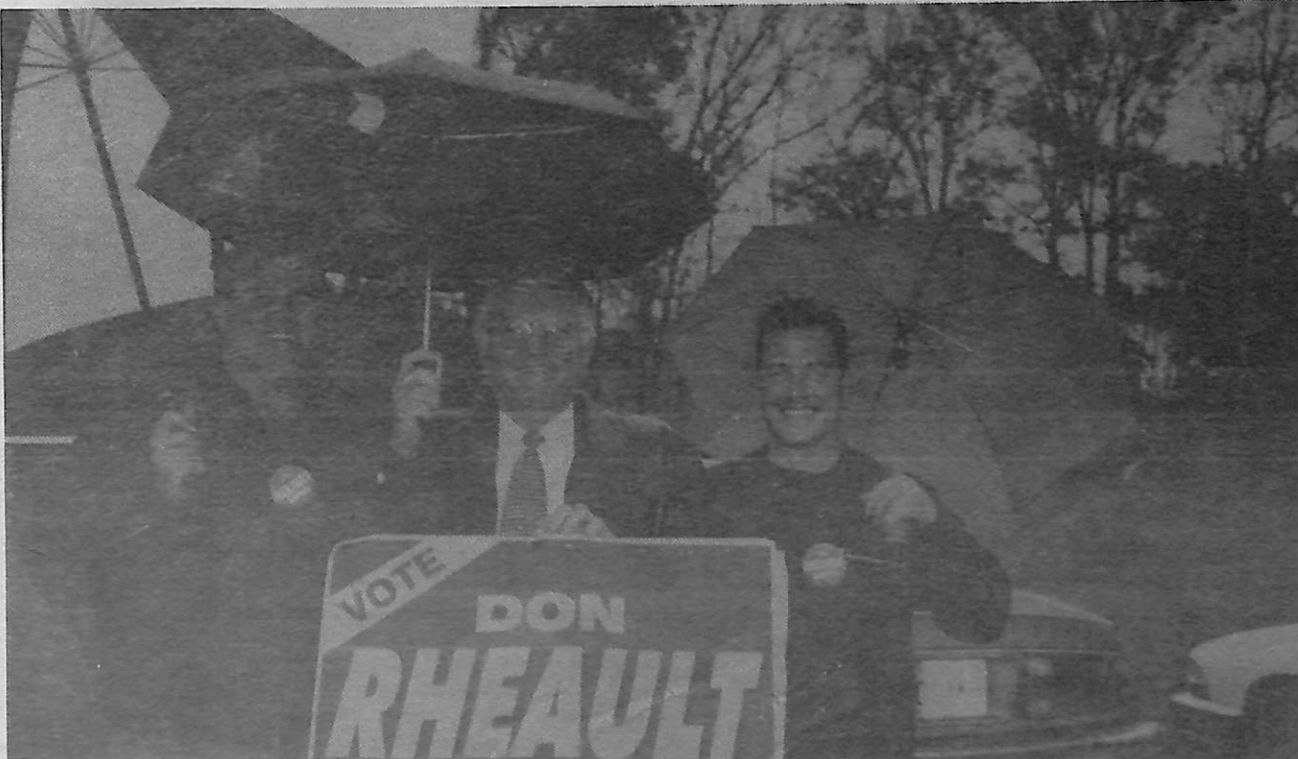


CANDIDATES ANTHONY BONAVIDA (left) and ROBERT YOUNG were among those chosen by voters to serve on the City Council. Advertiser News photo by Kathy Shepard.

The Results Of Agawam's Nov. 2nd Election

* Denotes winners, (i) incumbent

MAYOR	
Richard A. Cohen *	4,340
Donald M. Rheault	3,725
CITY COUNCIL	
Gina M. Letellier * (i)	4,497
Richard C. Morassi *	4,328
Robert A. Bob Magovern * (i)	4,089
George Bitzas * (i)	4,064
Anthony C. Bonavita *	4,045
Bob E. Rossi *	3,751
Dennis J. Perry * (i)	3,724
Joseph Mineo *	3,712
Jill Simpson * (i)	3,688
Robert M. Young * (i)	3,685
Kent Servis *	3,570
John J. Negrucchi (i)	3,566
Gary F. Geiger (i)	3,502
Edward A. Caba (i)	3,259
Stanley J. Chmielewski	3,130
Michael J. DelNegro	3,038
Louis J. Russo	2,802
Walter A. Meissner, Jr.	2,004
SCHOOL COMMITTEE	
Rosemary Sandlin * (i)	4,871
Teresa Kozloski * (i)	4,419
Roberta Doering * (i)	4,402
Linda M. Galarneau * (i)	4,092
Susan A. Pettazzoni * (i)	4,029
Susan R. Dawson * (i)	3,788
Louis E. Massoia, Jr. (i)	3,454
Michael F. Martin	3,049
Karl H. Stieg	2,575
Melissa A. Fraga	2,538



MAYORAL CANDIDATE DONALD RHEAULT (center) with his campaign manager, Peter Clark (left), and one of his supporters on Election Day. Advertiser News photo by Kathy Shepard.

Richard Cohen Emerges As Agawam's New Mayor

by Kathy Shepard
Feature Editor

Votes from all seven of Agawam's precincts were tallied by approximately 10:00 p.m. on Election Night and darkhorse candidate Richard Cohen edged out Town Council President Donald Rheault for the position as Agawam's second-ever mayor. Cohen's votes totalled 4,340 over Rheault's 3,725, or 54 percent to 46 percent.

Cohen and his supporters were gathered at American Classics Restaurant on Springfield Street, Feeding Hills, when TV 40 called and asked them to come down to the Town Hall for a live interview. They remained at Town Hall until near 11:30 p.m. and then brought their celebration to International House of Pancakes in West Springfield.

"...Ecstatic..."

Cohen described his feelings after the surprise victory. "I'm ecstatic. I want to take this happy excitement and carry it right through the City Hall to all the employees and all the citizens of all ages. I want the citizens to be part of the whole team."

"We had whole families behind us and I think it was those family values that appealed to the voters. The voters were the result of their desire for change."

"We cannot forget the 16 years of service of Donald Rheault, but it's time for a new wave. The citizens can expect positiveness, and anyone who knows me feels that we are fair, consistent, and thorough," said Cohen.

Cohen's next steps will be to put together transitional teams. "I'd like to meet with the new City Council and the School Committee to sit down and see what everyone feels we need to tackle. We want the quality of life in Agawam to improve. I thank everyone from my heart for this chance to make that happen and for their confidence in our values."

Cohen entered the race just days before the deadline for filing nomination papers. In just a few

months' time, he was able to energize a campaign that won him a stunning second-place in the primary election. With a relatively small campaign budget, Cohen now will replace Christopher C. Johnson, the town's first mayor, who decided to step down after five terms.

Rheault and supporters spent the evening at E.B.'s Restaurant on Walnut Street Ext. and naturally were disappointed at the outcome. Rheault assessed the outcome, "I'm very proud of the campaign we ran. It was all positive and professional. A sincere debt of gratitude to all who supported me and believed in the principles we stood for. I will return to my business, 'Message On Hold Network of New England,' and spend precious time with my wife and nine grandchildren."

Faithful & Dignified Service To The Town

Rheault did have more votes than Cohen in two precincts. Observers noted that people were grateful to him for his years of faithful and dignified service in town government. "He has been dependable in carrying out the many duties of City Council meetings, has been available for citizens who needed information, and will fulfill the remaining months of his tenure as City Council president in the same thorough and responsible way as always," predicted one person at Town Hall Tuesday night.

Town Clerk Richard Theroux announced, "This was a good campaign and the voting went well. We had a turnout of 8,144 voters, which is approximately 48 percent of our 17,123 registered voters. There is a possibility of a recount because of a slim margin between some of the council."

Out of a possible 18 contenders for Town Council, the 11 who were chosen included top vote-getter Gina-Marie Letellier, Attorney Richard Morassi, incumbent Councilor George Bitzas, incumbent Councilor Robert Magovern, Attorney Anthony Bonavita, Robert E. Rossi, incumbent

Councilor Dennis J. Perry, Joseph Mineo, incumbent Councilor Jill Simpson, incumbent Councilor Robert M. Young, and Kent Servis, former council president and 1997 mayoral candidate. Servis and John Negrucci, an incumbent who placed 12th, were so close in votes (four), a recount is expected. Letellier, who is chairman of the Democratic Town Committee, is also an incumbent Councilor.

Of the possible 10 candidates for School Committee, the six elected were Rosemary Sandlin, Teresa Kozloski, Susan Pettazzoni, Roberta Doering, Linda Galarneau, and Susan Dawson. Mrs. Doering has served on the committee for more than 20 years. Mrs. Dawson was thrilled to be elected, and Mrs. Sandlin was grateful for the hard work of her campaign committee. Incumbent committee member Louis Massoia lost his seat to Mrs. Dawson.

We caught up with Cohen at Robinson Park School during the day and asked him what he thought would be the most important reason a voter might choose him. His answer was, "Change." We asked Rheault the same question, and his answer was, "Experience."

Warden Marilyn Curry at Granger School was encouraged by the turnout. "We had 100 voters on Primary Day by 1:00 p.m., but we had 420 voters on Election Day by 12:15 p.m. It has been a very good turnout."

Robinson Park School had seen 502 voters as of 1:30 p.m. on Election Day and the flow of voters was described as "steady." Warden Letizia Pisano said, "Many people in their late teens showed up to vote," and Lorraine Labun, helping at the polls, said that parents were glad to learn that their offspring had already voted.

The mayor, the Town Council, and the School Committee will serve a term to expire on the first secular day of January 2002.

All the local news with us, every week — AAN!

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A Tribute To **JACK DEVINE** *On His Recent Retirement*



Shown from left to right: Wally Whitehead, Bob Binnenkade, Jack Devine, Jim Griffen, Ed Barako, and Ron LaLancette.

The Polish American Club Bingo Committee offered its congratulations to Jack Devine at his retirement party and thanked him for his many years of dedication in his position with "The Agawam Advertiser News" and to the many organizations in Agawam.

Jack's photographs were a delight to behold. He never turned down a request to take a few pictures when we needed him, even when the notice was at the last minute and when he had other appointments during the same evening.

The Polish American Club wishes Jack the very best in his retirement years. We will miss you, Jack.

**The Polish American Club Bingo
Every Tuesday At 6:45 P.M.**



Editorial...

Zabielski Doing The Job As Leader Of AHS

by Richard Sardella
Publisher/Owner - Agawam Advertiser News

Three years ago when former Superintendent of Schools Bernard F. Ryder and School Committee Chairman (Mayor) Christopher C. Johnson agreed that acting Principal Joseph S. Zabielski was the man for the job, I applauded the choice.

AHS, at the time, was experiencing a wide range of problems, not the least of which was a leadership void. That was then. This is now.

In November 1999, the High School is a much better place to learn and to work, and Zabielski has played a pivotal role. Sure, he has help — plenty of it. The teaching staff continues to be solid and the school staff seems to be on the same page, based on the progress being made at the High School.

Here are a few examples of how the High School continues to proceed in a positive direction under Zabielski's leadership:

- academic performance has improved;
- the discipline system is based on consequences and zero-tolerance, which, in turn, has improved student behavior;
- guided the school through the construction project, which vastly enhanced the school without major interruptions of the educational process;
- launched a Career Center and many school-to-work initiatives;
- promoted a strong working relationship with the Agawam Police. This resulted in a Community Resource officer being stationed at the school to improve school safety and to deal with other factors;
- expanded the Advance Placement Program;

- promoted greater recognition of student achievement.

- expanded honors courses;
- helped to create a volunteer senior citizen tutoring program to assist students;
- lowered the drop-out rate and class size;
- encouraged and promoted parental involvement in the school through the School Council and Parent Senate.

Moreover, the High School is losing the "Dodge City" label it was tagged with a few years back.

One area where Zabielski has come to blows with others in the school system is over the accreditation process. To be blunt, this, of all issues he has confronted, certainly had the potential of being his albatross. And there were those in the community who may have believed the accreditation issue would be his undoing.

Have you read the accreditation report? What planet are the people who authored that document living on? While AHS did receive its 10-year accreditation status, three areas were pointed to as putting the school on "warning status" and a debacle was in sight. One area pointed to maintenance deficiencies. What a bunch of bunk. Maybe next time maintenance director Tony Albino and his crew should first seek a conference with the accreditation people about what colors to paint trash barrels, or what color schemes would be best for some of the classrooms.

The curriculum area was the second "warning" area. Yeah, right. Who did these people talk to? Many of these areas cited as deficient were being

addressed long before anyone came into the school. Asking the right questions of the right people would seem to be a way to find out what was really going on.

The third area, the library-media center, had the most validity. The hiring of Jennifer L. Ellis as the new library director continues to be praised as a great hire. She is working hard to get that place up to snuff and reportedly has spent over \$33,000 to meet some of the requirements of the accreditation report.

Zabielski admits the library-media center remains a top priority. It won't happen overnight, but the process is moving along by leaps and bounds compared to where it was.

Zabielski managed to avoid a debacle by carefully charting a course for the High School to attack these areas.

All of this, of course, came about as the result of lots of hard work by lots of people at the school, and with the cooperation of Chris Johnson, the School Committee, the School Department, and the Town Council's willingness to fork over \$184,000 to implement this plan.

I see the direction up there on Cooper Street as a forward one — the bottle is half full, not half empty.

It starts right at the top at the High School with Joe Zabielski. He's the guy and, from where I sit, has earned the benefit of the doubt and should receive his share of slack during the many trials and tribulations facing the High School both in the short- and long-term.



Letters To The Editor

Our Candidates Have Been "Uninformed" This Election

To The Editor:

To All Registered Agawam Voters:

I am writing to inform you of how uninformed your candidates are this election season. I recently received a letter written by a friend of the candidate, so I can't completely blame this candidate. However, if the candidate was looking for help, you would think that he/she would have looked to someone who was informed.

When this letter came to my house, my mother and I both got a little worried as to the contents (for a reason to be explained later). The letter was addressed to my mother and father. Now, here comes the good part and why I am writing this letter — my father has not lived at the address in what will be three years this Christmas.

Oh wait, there is more! My parents have been divorced for almost two years now, so it's not like the name stayed the same. It hasn't; my mother has gone back to her maiden name and then remarried, so her name has changed three times (and the town has been informed of this because all bills now come in her new last name).

Now that would be enough for most people to be upset, but I have one to top it all off. Now I know of certain issues in Springfield and other places of election tampering, but this is ridiculous — the letter being addressed to my deceased father.

Now you notice I have not mentioned any names in this, and it is because I am not about to slander a candidate who may do a good job for the community; however, I hope the next time this candidate decides to let someone write letters, that they will make sure that their help is informed.

Actually, though, I can thank these people. Because of this, I am now planning on registering to vote in the next election. Who knows, I may like this candidate and vote for him/her (however unlikely that is).

But please, to all candidates — the next time you send a letter to my house, do it in an informed fashion.

Thank you,
James Flood IV
Feeding Hills

Pettazzoni Says Thanks To Her Various "Supporters"

To The Editor:

It has been a pleasure to serve the children of Agawam for the last eight years. Thank you to all who voted for me and believed in me to help our children receive the best education our community can provide. We need to continue to strive for the best each and every day!

A special "thank you" to my husband, Bob, and our daughters for all their support through the years. I know how much of "your" time was dedicated to the vision and I love you all for that. And to my mom, dad, and sister, who gave their love and support throughout the years, I will always cherish your strength.

To all my friends, thank you for being there always. You are all the true meaning of the word FRIEND.

Thank you for the opportunity to serve.

Susan Pettazzoni
Vice-Chairwoman, Agawam School Committee

Broadhurst Stands By His Letter Of October 7, 1999

To The Editor:

To The People Of Agawam:

The 10/21/99 reply to my 10/7/99 letter, both of this journal, contests my letter's information.

I stand by my 10/7/99 letter, strong, tall, and pro-

ud. My 10/7/99 letter was fair, factually correct, honest, accurate, and absolutely true.

The Town Council's appeal of the latest Siting Board decision is legal and sound. The preamble and executive session preceding its 9/20/99 vote were both conducted in accordance with the law.

Concerned Agawam citizens who question my letter's accuracy can refer to the source that I turned to while writing it. This source is available always for public inspection.

The Code of the Town of Agawam contains the Rules and Regulations of the Town Council and can easily be found in your Public Library. Refer to this, and the truthfulness of my remarks will be shown.

I stand by my 10/7/99 letter without reservation and without hesitation. It stands alone, and writing it was absolutely the right and proper thing for me to do.

Sincerely yours,
Owen R. Broadhurst

BP Golf Tournament Raises \$11,119.35 For AHS Sports

To The Editor:

The Fifth Annual Berkshire Power Golf Tournament to benefit the Agawam High School Athletic Department was a huge success.

On behalf of the student-athletes of Agawam High School, I wish to thank the many businesses and individuals that helped to make our golf tour-

SEE LETTERS - Page 5...



The Agawam Advertiser•News

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786-8137

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THE AGAWAM ADVERTISER NEWS (U.S.P.S. 001-170) is published weekly for \$24.50 per year by PAG Publications, Inc., 14 Southwick Street, Feeding Hills, MA 01030-0263. Second class postage is paid at F.H., MA 01030 & at associated offices. Postmaster: Send address changes to The Agawam Advertiser News, P.O. Box 263, F.H., MA 01030-0263.

LETTERS - from Page 4...

nament a success. The tournament raised \$11,119.35 for the athletic department.

This money is used to cover the expenses for each of our three seasonal recognition nights. This year, the money will also be used to help improve the tennis courts at the high school.

Ron Dunn and his staff at the Agawam Municipal Golf Course did a tremendous job in hosting this event.

Once again, thank-you to all of the golfers, hole sponsors, corporate sponsors, volunteers, raffle gift donators, and staff of Berkshire Power for making this annual event such a fun and beneficial one.

Your continued support of the Agawam High School Athletic Department is very much appreciated.

Sincerely,
Kathleen E. McSweeney
Director of Athletics,
Health, and Physical Education

Senior Night For AHS Boys' Soccer Was A "Bench" Mark

To The Editor:

I would like to thank Coach Olson for such a memorable Senior Night last Friday night. What skill and talent it took for my senior to play with a soccer balloon, while sitting on the bench for 35 minutes of his last AHS home game.

What a Kodak moment; a picture-perfect ending, that reflects their season.

I am thankful that my son has had some wonderful coaches in the past 13 years. In-town, Pioneer Valley, Select teams, as well as his previous seasons on the varsity team have given him a lifetime of fond memories to look back upon.

Many of these people helped to give him his passion for soccer and make him the fine young person he is today.

A coach is a tutor who prepares others for an athletic contest. Maybe I missed something last week. I thought the contest was on the field, when in reality, it was on the bench.

Sincerely,
Deborah J. Ward
Feeding Hills

Asbestos Management Plan For Agawam High

An asbestos management plan has been developed for Agawam High School.

The plan is available and accessible to the public. If any parent/guardian wishes to review the plan for Agawam High School, please contact Anthony F. Albro at 413-821-0506.

At The Vets' Cemetery In Agawam...



TOURING THE NEW VETERANS' CEMETERY that is currently under construction in Agawam (from left to right): Jim Daley, Town Engineer; State Representation Dan Keenan with his son, Jack; State Senator Linda Melconian; Veterans' Agent Ruth Bitzas; and Robert McKean, Director of State Veterans' Cemeteries. Advertiser News photo by Joan Lussier.

Fire Wise...

Your Home May Be In The Line Of Fire!

by Fire Chief David Pisano

As more of us choose to live away from urban areas and build homes on forested land, wildfires become an increasing threat each year. The Agawam Fire Department suggests these precautions to protect your home:

- The House
 - Use only fire-resistant materials on the exterior.
 - Screening material should be used in eaves, vents, and beneath porches to protect the interior from sparks.
 - Chimneys should extend above the roof line and topped with a half-inch mesh spark arrester.

- Home Care
 - If possible, build on a flat area instead of a slope.
 - Keep roof and gutters free of leaves, pine straw, moss, etc.
 - Dispose of ashes from grills, stoves, and fireplaces by placing them in a metal container, soaking with water and burying them.
 - Flammable materials like firewood or lumber should be stored at least 100 feet from the house.

For further information, contact the Agawam Fire Department at 786-2662.

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— Agawam Obituaries —

Andrew Nadrowski

Andrew "Ted" Nadrowski, 82, of 17 Vincent Drive, West Springfield, died recently at Western Massachusetts Hospital in Westfield.

He was a machine operator at the former Van Norman Co. of Springfield for 42 years and retired in 1976.

Born in Northampton, he grew up in Westfield and lived in Feeding Hills for most of his life before moving to West Springfield.

He was a graduate of Westfield Trade High School, where he was an outstanding track athlete, and the San Diego (California) Ordnance School.

He was a communicant of Sacred Heart Church and a member of the Springfield Revolver Club, the Agawam Senior Pool Club, and the Polish-American Club in Feeding Hills.

A Navy Reserve veteran of World War II, he was a chief aviation ordnanceman aboard a carrier in the South Pacific Theater which was damaged by Japanese kamikaze attacks.

His wife, the former Helen Stepanik, died in 1985.

He leaves a daughter, Janice Czarnecki of West Springfield; a brother, Frederick Nedroski of Las Vegas; a sister, Esther Moir of Ludlow; and a granddaughter.

The funeral was held at Sacred Heart Church in Agawam, with burial in St. Mary's Cemetery, Westfield. Curran-Jones Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104; the American Heart Association, 1111 Elm Street, Suite 9A, West Springfield, MA 01089; or the American Cancer Society, 31 Capital Drive, West Springfield, MA 01089.

Roy E. Smith

Roy Everett Smith, 78, of Agawam, a former bus driver for Peter Pan Bus Co. and New England Transportation, died recently at home.

He also worked for St. Johnsbury Trucking Co. for 30 years and retired in 1985.

Born in Foxboro, he lived in Windsor, Vermont, and Old Orchard, Maine, where he attended schools. He moved to Agawam in 1980.

An Army veteran of World War II, he was a truck driver in the North African and European theaters.

He was a member of Teamsters Local 404, Retirees Club 404, and the Congregational Church.

He leaves his wife, Nancy of Agawam; a son, Jay of Fort Lauderdale, Florida; a daughter, Marion (Richard) Hull of Concord, New Hampshire; his former wife, the former Frances Viets; three grandchildren; and eight great-grandchildren.

A memorial service was conducted at the Congregational Church. Colonial-Forastiere Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the Hospice of Western New England, P.O. Box 9058, Springfield, MA 01102-9058, or the Congregational Church Organ Fund, Agawam, MA 01001.

Mary M. Holmes

Mary M. (Richardson) Holmes, 73, of Agawam, died recently at Baystate Medical Center in Springfield.

Born in Springfield, she lived in Agawam for 47 years.

She was predeceased by her husband, Robert G. Holmes.

She leaves three sons, Richard R. Holmes of Feeding Hills, Robert R. of Morrell, Maine, and Gary W. of Springfield; two daughters, Dr. Judith A. Holmes of Chicago and Dorothy J. Jones of Agawam; a sister, Ronald G. Richardson of Feeding Hills; 10 grandchildren; and 10 great-grandchildren.

The funeral was private, with no calling hours. Forastiere Funeral Home of Springfield was in charge of the arrangements.

Memorial contributions may be made to the American Diabetes Association, 2 Mount Royal Avenue, Suite 200, Marlborough, MA 01752, or the American Heart Association, 1111 Elm Street, Suite 9A, West Springfield, MA 01089.

Vera Boudreau

Vera (Izzo) Boudreau, 70, of Simpson Circle, Agawam, died recently at a local nursing home.

Born in Springfield, she lived in Longmeadow for 20 years before moving to Agawam 20 years ago.

She was a sales clerk for Albert Steiger Co. for many years.

She was a communicant and volunteer at St. John the Evangelist Church and a member of the United Women's Club in Chicopee.

Her husband, Raymond Boudreau, died in 1986.

She leaves two daughters, Michele Boudreau of Greenfield and Holly Kochanowski of Belcher-town; a brother, Vincent Izzo of West Springfield; a sister, Sue Cavanaugh of Chicopee; and three grandchildren.

The funeral was held at West Springfield Curran-Jones Funeral Home and the church, with burial in St. Michael's Cemetery.

Memorial contributions may be made to the American Cancer Society, 31 Capital Drive, West Springfield, MA 01089.

Virginia Rovelli

Virginia (Lovotti) Rovelli, 93, formerly of Maple Street, Agawam, died recently in a local nursing home.

She was a production worker at the former

Breck's Co. and also was employed at Strathmore Paper for 15 years, both in West Springfield.

She was born in Avolasca, Italy, and had lived in Agawam most of her life.

She was a communicant of St. Anthony of Padua Church.

Her husband, Arselio M. Rovelli, died in 1995.

She leaves a son, John J. of Temple, Texas; a sister, Rose Imelio of Agawam; two grandchildren; and four great-grandchildren.

The funeral was held at Toomey-O'Brien Funeral Home and in the church, with burial in St. Thomas Cemetery, all in West Springfield.

Memorial contributions may be made to the church, Building Renovation Fund, 108 Bridge Street, Agawam, MA 01001.

Anna M. Newman

Anna M. (Celetti) Newman, 77, of 36 Meadowbrook Manor, Agawam, died recently at Baystate Medical Center in Springfield.

She was an 18-year banquet waitress at the Chez Josef Restaurant and retired in 1980.

Born in Springfield, she moved to Agawam in 1965.

She was a communicant of St. John the Evangelist Church, a member of the Golden Age Club, a volunteer and member of the Senior Center, and a former member of the Agawam Women's Club.

Her husband, Earl R. Newman, died in 1980.

She leaves a son, Robert E. of Agawam; a sister, Eleanor Govoni of Florida; and two grandchildren.

The funeral was held at Agawam Funeral Home and the church, with burial in St. Michael's Cemetery.

Eleanor C. Whelan

Eleanor C. (Bowler) Whelan, 92, of 807 Wilbraham Road, Springfield, died Friday, October 29th, at Reed's Landing.

A lifelong resident of Springfield, she was a graduate of the former Sacred Heart High School and attended Bay Path Junior College.

She moved to Reed's Landing in 1996.

She was a retired 14-year payroll clerk for Smith & Wesson, retiring in 1962.

She was a communicant of Sacred Heart Church and a member of its Over-60 Club.

She was a former member and past president of the Armory Street Parent-Teacher Association.

SEE OBITUARIES - Page 7...

*Please
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My Friends

In memory of my friend,

Daniel Russel Walker

10/28/77 - 10/12/99



we are all so fragile
we are able to give and take life
we open our hearts and let the bad in with the good
but we are not at fault

when we run and hide from the world,
we cry out for help
when we hide emotion, we expose fear
when it's painful, we hurt
when we hurt, we cry
and when we cry, we surrender
and it is alright

when we fight, we love
when we love, we fight
when we are strong, we are weak
and when we are silent, we speak

we depend not on ourselves,
but upon each other
we make this long, difficult journey together,
not alone
we mend when we are sick
we mourn when we lose
and when we die,
we live on,
forever.

Danny Loubier - Oct. 27, 1999

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Holidays...
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For more information, please call (413) 733-5311

OBITUARIES - from Page 6...

Her husband, Joseph O. Whelan, died in 1978. She leaves a son, Paul B. of Peabody; a daughter, Joyce C. Stoll of Agawam; five grandchildren; and a great-grandchild.

The funeral was held on Monday morning, November 1st, at the Agawam Funeral Home and in the church, with burial in St. Michael's Cemetery. Calling hours preceded the funeral.

Ronald L. Skole

Ronald L. Skole, 42, of 79 Ashford Road, Longmeadow, died Friday, October 29th, at home after a long illness.

He was Co-President and owner with his sister, Linda Skole, and father, Allan Skole, of Chez Josef, located at 176 Shoemaker Lane, Agawam. The firm is known as one of the leading banquet facilities in Western Massachusetts and Northern Connecticut, and has served the area for 31 years. Born in Springfield, he was a lifelong resident of Longmeadow.

A 1976 graduate of Longmeadow High School and a 1980 graduate of the University of Massachusetts with a Bachelor of Science Degree in Hotel and Restaurant Management, he was a member of Sinai Temple, past board member in the Springfield Chamber of Commerce, and a member of the Springfield Shriners.

He was also an active volunteer and member of the American Cancer Society, Brightside for Children, Make-A-Wish Foundation, The Jimmy Fund, North Star, Boy Scouts of Agawam, Epilepsy Foundation, and was a former Longmeadow Rotarian.

He leaves his wife, Laurie A. (Moirano) Skole; five children, Zachary, Jake, Noah, Alexandra, and Logan Skole, all at home; his parents, Allan and Anita (Aronson) Skole of Longmeadow; and his sister, Linda S. Skole, also of Longmeadow.

Funeral services were held on Sunday, October 31st, at Sinai Temple, Springfield, followed by burial at Sinai Memorial Park, Springfield. Shiva Services were held at the family's home, and the Forastiere-Smith Funeral Home of East Longmeadow was in charge of the arrangements.

Memorial contributions may be made to Brightside for Children, 212 Riverside Road, West Springfield, MA 01089; the American Cancer Society, 53 Capital Drive, West Springfield, MA

01089; or the Make-A-Wish Foundation, 1 Armory Street, Springfield, MA 01005.

Alfred J. Market

Alfred J. Market, 75, of 231 Shoemaker Lane, Agawam, died recently at Mercy Hospital in Springfield.

Born in Boston, he lived in Chamblins, Quebec, Canada, before moving to Agawam 45 years ago. He was a 30-year electrical engineer for Northeast Utilities and retired in 1975.

He was a communicant of St. John the Evangelist Church, a member of the Mount Orthodox Masonic Lodge in West Springfield, a director and aide of the Melha Shrine in Springfield, and a member of the Agawam Fish and Game Club.

He was a veteran of the Royal Canadian Air Force.

His wife, the former Joan Provost, died in 1994. He leaves his long-time companion, Gisele C. Brunet of Agawam, and a friend, Pete Spaulding of West Springfield.

The funeral was held at Agawam Curran-Jones Funeral Home and the church, with burial at the convenience of the family.

Memorial contributions may be made to the Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104.

Wanda E. LaCour

Wanda E. (Bujnarowski) LaCour, 90, of 84 Meadowbrook Road, Agawam, died recently in a local nursing home.

Born in Westfield, she lived in West Springfield before moving to Agawam in 1963.

She was a communicant of St. John the Evangelist Church.

Her husband, Edward R. LaCour, died in 1976.

She leaves a son, Edward R. Jr. of Agawam; a brother, Bardo Bajnarowski of Tolland, Connecticut; two sisters, Mary Bujnarowski of Westfield and Janet Shonak of Wilbraham; two granddaughters; and a great-granddaughter.

The funeral was held at the church, with burial in Center Cemetery. The West Springfield Curran-Jones Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the American Heart Association, 1111 Elm Street, Suite 9A, West Springfield, MA 01089.

Four-Week Detour Due To Sanitary Sewer Construction

The Town of Agawam Department of Public Works wishes to advise motorists that due to sanitary sewer construction on Main St., eastbound traffic from Suffield St. to Federal St. will be detoured southerly on Suffield St. to Cooper St.

This detour will be in effect from Wednesday, November 3rd from 6:30 a.m.-4:30 p.m. and will continue for approximately four weeks.

Detour signs will direct motorists around the work area.

To avoid delays, motorists are encouraged to use alternate routes.

Veterans' Day Observances In Town Of Agawam

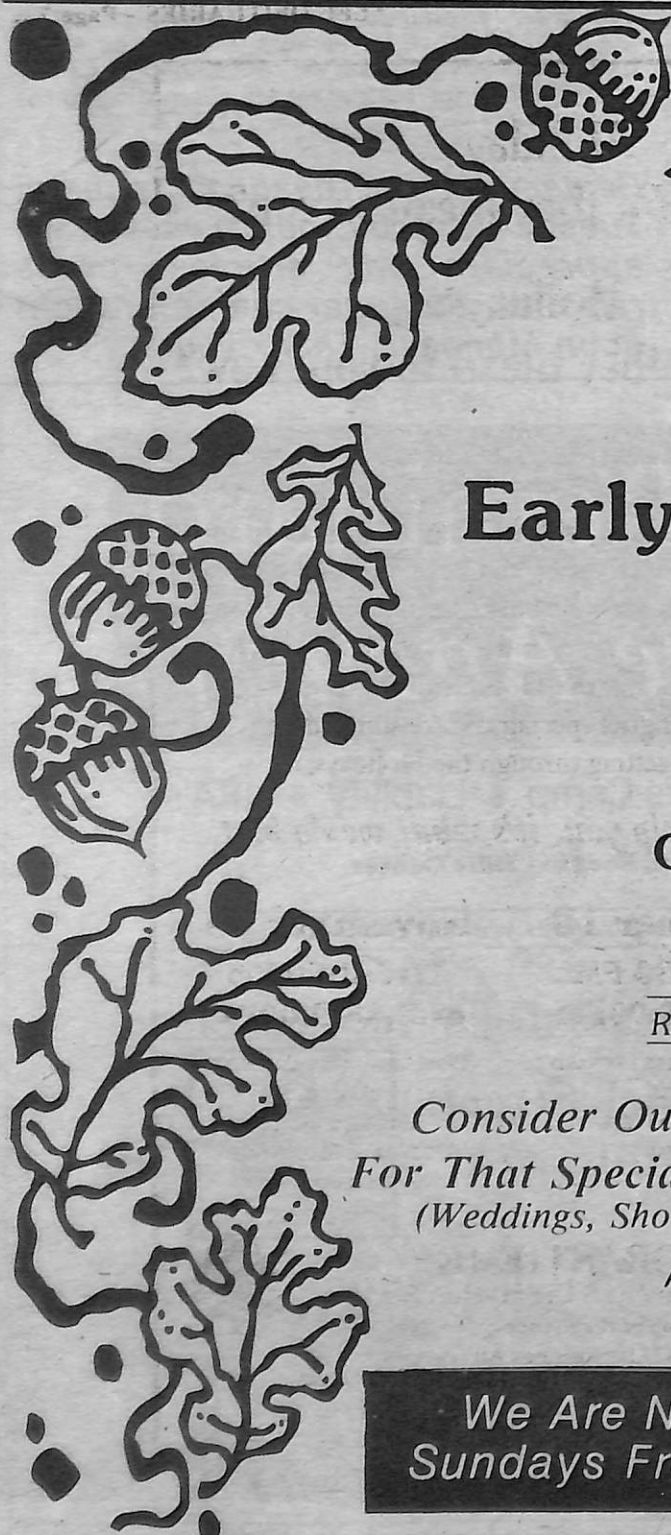
The Town of Agawam will be holding the following Veterans' Day observances:

Church Service, Sunday, November 7th: 10:30 a.m., Agawam Congregational Church. Service for Veterans' Sunday. All are welcome.

Veterans' Day, Thursday, November 11th: Ceremony, 10:50 a.m., Agawam Veterans' Memorial Green.

Flag Retirement Ceremony: Presented by American Legion, Post 185, immediately following Veterans' Day ceremony.

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Tues.—Thurs., 4:00 - 9:00
Fri. & Sat., 4:00 - 10:00
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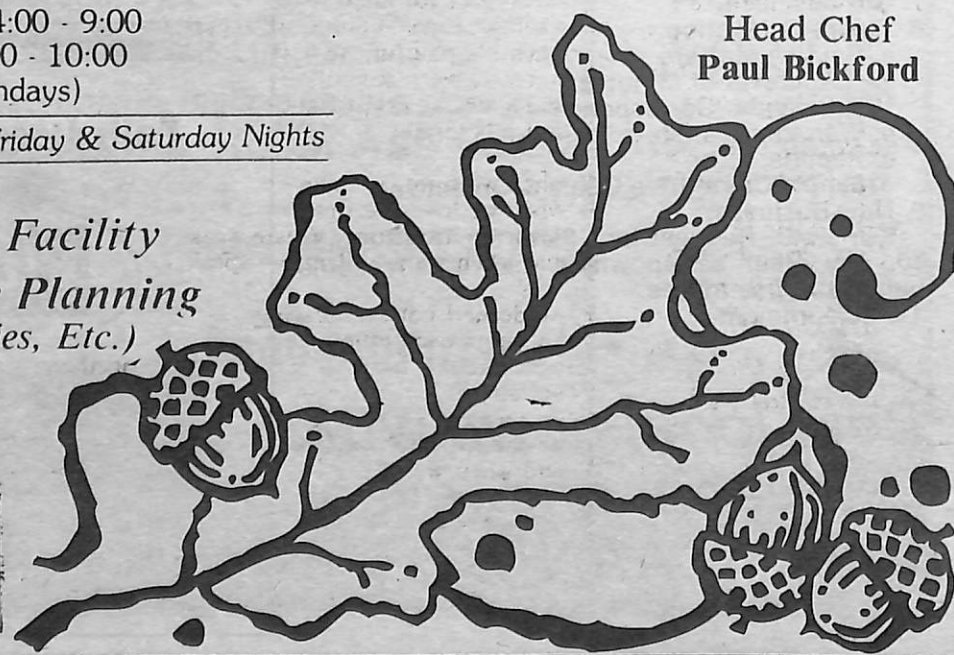
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Veterans' Corner...

Veterans' Day And
Edward Squazzaby Ruth C. Bitzas
Agawam Veterans' Agent
786-0400, Ext. 236/237

On Thursday, November 11th, the Town of Agawam will be observing Veterans' Day. Please check the Veterans' Day agenda in this issue and join us on Sunday, November 7th, at the Agawam Congregational Church at 10:30 as we honor our veterans. Our program on Veterans' Green will begin at 10:50 a.m. on November 11th.

As you know, Mr. Ed Squazza of Agawam donated the beautiful property on Main Street for our State Veterans' Memorial Cemetery now under construction. We are planning an October 2000 Dedication Day, barring any unforeseen problems.

I wanted you to know that recently Mr. Squazza was taken ill and has been at Heritage Hall East for the past few weeks. His niece explained that Ed will be coming home in a week or so, and his care will be ongoing at home.

His generosity has made the Veterans' Cemetery project possible for all veterans and their families. Please join with me as Veterans' Day approaches in remembering him in our prayers for healing so that he may be well in time for the dedication of his dreams for veterans. Cards to cheer him up may be sent to his home at 21 South Street, Agawam, MA 01001.

On behalf of all veterans, I would like to share the following poem written by George Hurley for Mr. Squazza, a non-veteran who honored all veterans with his gracious generosity:

EDWARD SQUAZZA

*I salute you with this old shovel
As I dig deep in the ground.
This land is my heart, veteran
It's always been around.*

*All my life I worked it
While you went off to war.
Now I give it back to you,
Defenders of our shore.*

*Thru the war, I thought of you
In sunshine and in rain.
I worked my fields of plenty
But I too felt your pain.*

*My field is quiet and peaceful
Ringed by trees of God.
No finer tribute can I pay
Than this sacred sod.*

*They say that I am generous
Perhaps that is so.
But I kept this land for you
Because I could not go.*

We will continue our Honor Roll list next week.
"REMEMBER, AMERICA IS NUMBER ONE,
THANKS TO OUR VETERANS!"

Regular Agawam
School Committee
Meeting Agenda

Agawam Middle School, 68 Main Street
Tuesday, November 9th - 7:30 P.M.

1. Call to Order.
2. Moment of Silence.
3. Citizens' Speak Time.
4. Roll Call of Attendance.
5. Superintendent's Notes.
6. Highlights on Education.
7. Old Business.
8. Business Meeting.
 - a. Routine Matters.
 - 1) Approval of Minutes.
 - 2) Calendar/Correspondence.
 - b. Warrants/Transfers.
 - c. Reports:
 - School Committee Goals & Objectives.
9. New Business:
 - SCR99-40 - Request for a Field Trip (AHS Band).
10. Any other action which may legally come before the Committee.
11. Adjournment.

* * *

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* * *

State Senator Linda
Melconian Fights
For The Mentally Ill

Senate Majority Leader Linda J. Melconian (D-Springfield) is proud to announce that on October 28th, the Massachusetts Senate unanimously passed the mental health parity bill by a vote of 37-0. This legislation requires insurance companies to provide the same coverage for mental illnesses that they do for physical illnesses.

"It is time we recognized that there is no reason why insurers should cover one biological disease differently from another," said Melconian. "This is the first step in reducing the stigma associated with mental illness and treating the mentally ill fairly."

Mental health professionals recognize that a number of mental illnesses, including schizophrenia, major depression, obsessive-compulsive disorder, and bipolar disorder, have their origins in biological imbalances in the brain.

"Schizophrenia is a physical disease like cancer or a broken leg," said Melconian. "It is time we stopped telling people with a mental disease to 'snap out of it' and started getting them the help they need."

The Senate passed legislation which provides full equality for all mental illnesses that have a biological basis. It also vastly expands the coverage for non-biological mental illnesses for both adults and children.

Insurers will be required to provide 24 outpatient mental health visits each year for adults. Children under 19 will receive full treatment for all mental illnesses that: (1) keep them from going to school, (2) require hospitalization, (3) make them a danger to themselves or others, or (4) are recommended by a mental health professional.

Legislators also expect parity legislation to reduce the total number of mentally ill in the state.

"By expanding mental health coverage, we encourage people to seek treatment at the first sign of mental illness," said Melconian. "By treating early, mild mental illness, we can ward off more serious illness later. When these problems are untreated, they cost society more in the long term because families and children are scarred, wages are lost, and lives are destroyed."

Under current Massachusetts law, treatment for mental illness is capped at \$500 annually.

* * *

**For photo coverage in The
AAN, call 786-7747 or 786-
8137; however, please give
us at least 72 hours' notice.
Thank you...**

From State Senator Melconian...

Tax Relief For Seniors
Part Of House-Senate
Compromise Budget

Senate Majority Leader Linda J. Melconian (D-Springfield) is pleased to announce that the Senate tax relief initiative for seniors will be included in a House-Senate compromise budget.

"This plan will help seniors burdened with spiraling property tax rates," she said. The tax credit, called a circuit breaker, will provide income tax credits of up to \$750 based on applicable property taxes and rental payments.

"We all know seniors who have raised children here, have friends here, and contribute to our community, and they deserve help to stay here to enjoy retirement," said Senator Melconian. "In the Senate we proposed a way to help that is a fair and rational approach to a serious problem."

More than 130,000 seniors would benefit from this tax break which, when fully phased in, will provide a maximum income tax credit of \$750. Eligible seniors are those 65 or older whose houses are valued at less than \$400,000 and who:

- as single filers have incomes of \$40,000 or less,
- as heads of household have incomes of \$50,000 or less, or
- as joint filers have incomes of \$60,000 or less.

"An unfortunate consequence of a booming economy is that escalating housing values create an economic hardship for seniors of modest means facing rising property taxes," said Senate President Birmingham, who sponsored this tax credit and championed it in negotiations with the House. "To address this issue, the Senate proposed a \$48.5 million tax credit to help offset property taxes or rents for eligible seniors."

The value of credit would be determined by the extent to which property tax payments exceed 10 percent of income for the eligible senior. Qualified renters are those for whom 25 percent of their annual rental payments exceed 10 percent of their income. Seniors would receive a one for one tax rebate of up to \$750 for every dollar that their taxes exceed these levels once the tax credit is fully phased in for the 2002 tax year.

"The Senate made an effort, in the context of a balanced and responsible budget, to address inequities that remain in our generally positive economy," explained Senator Melconian. "This tax relief initiative for seniors is one example of that, and one which I am very pleased has been incorporated in the budget we are submitting to the Governor."

* * *

**Remember, our deadline is each
Tuesday at 12:00 noon; however, we
appreciate any articles, press
releases, etc., that can be brought
in on Mondays. Thank you...**

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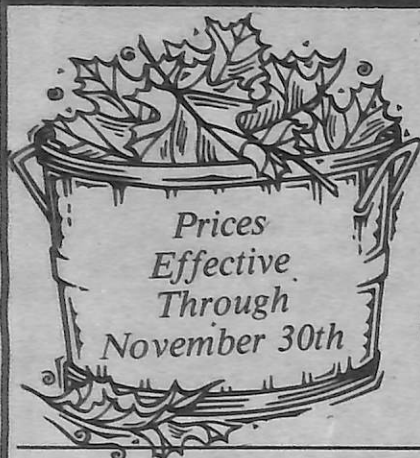
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Days

NOVEMBER BEER SPECIALS

Ice House 30-Pk. Cans \$10.99 (P.D.)	Red Dog 30-Pk. Cans \$10.99 (P.D.)	Michelob Regular, Light, & Amber Bock 12-Pk. Bottles \$7.99 (P.D.)	Rolling Rock Regular & Light 12-Pk. Bottles \$7.99 (P.D.)	Pete's Brewing Co. Ale, Lager, Oktoberfest, & Winter Brew 12-Pk. Bottles \$9.99 (P.D.)
Labatt's Blue, Ice, Light, Ale 12-Pk. Bottles \$7.99 (P.D.)	Magic Hat No. 9 9-Pk. \$8.99 (P.D.)	J.W. Dundee Lager, Honey Brown, & Light 12-Pk. Bottles \$7.39 (P.D.)	Michael Shea Black & Tan, Irish Amber 12-Pk. Bottles \$7.39 (P.D.)	Berkshire Brewing (BBC) Steel Rail, Traditional, Drayman's Porter 64-Oz. (P.D.) \$4.49 / 2 For \$7.99

NOVEMBER LIQUOR SPECIALS

Dewar's Scotch (1.75 Ltr.) \$27.99	Cutty Sark Scotch (1.75 Ltr.) \$24.99	Jack Daniels (1.75 Ltr.) \$26.99	Canadian Mist (1.75 Ltr.) \$12.99	Leroux Coffee Brandy (1.75 Ltr.) \$11.99	Bacardi Rum (1.75 Ltr.) \$14.99	
Gorden's Gin (1.75 Ltr.) \$13.99	Malibu Rum (1.75 Ltr.) \$17.99	Southern Comfort (1.75 Ltr.) \$16.99	Smirnoff Vodka (1.75 Ltr.) \$15.99	Gorden's Vodka (1.75 Ltr.) \$11.99	Iverhouse Scotch (1.75 Ltr.) \$12.99	Kahlua (750 ml.) \$13.99

NOVEMBER WINE SPECIALS

Franzia (5 Ltr. Box Wine)

Chablis, Rhine, Burgundy, Blush, Chillable Red,
Covee Blanc, French Columbard **\$7.49**
Chardonnay, White Zinfandel, Merlot **\$10.99**
Cabernet Sauvignon **\$12.99**

Woodbridge (1.5 Liter - Glass)

White Zinfandel, Sauvignon Blanc **\$8.99**
Cabernet Sauvignon, Chardonnay Merlot **\$10.99**

Heritage Wines (1.5 Ltr. - Glass)

White Zinfandel **\$6.99**
Chardonnay, Cabernet, Merlot **\$8.99**

Riunite (1.5 Ltr.)

Lambrusco, Bianco, Rosato, Doro, Blush **\$6.69**

Martini & Rossi Asti Spumante

(750 ml.) **\$7.99**

Sutter Home White Zinfandel

(750 ml.) **\$3.99**

Hogue Johannesburg Riesling

(750 ml.) **\$5.49**



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IN LEFT PHOTO: Mary-Ann Marzano was one of the participants in the "Running Into The Millennium" fundraiser for the Agawam Fire Department. IN RIGHT PHOTO: The starting line for the 5K Road Race, which was hosted by Millennium Press of Silver Street, Agawam. Advertiser News photos by Kathy Shepard.

“Running Into The Millennium” Benefits Agawam Fire Dept.

by Kathy Shepard
Feature Editor

The Agawam Fire Department needs to purchase a new lifesaving inflatable boat, close to 70 percent lighter than the boat they currently use. The lighter boat is better for small lakes and ponds in the area and will dramatically reduce rescue response time. The maneuverability of the lighter boat makes the difference in lifesaving situations.

On the sunny morning of October 17th, Millennium Press, 570 Silver St. in Agawam, hosted a 5K Road Race to benefit the Agawam Fire Department to purchase the new inflatable boat. The event was conceived and carried out by Cheryl Pooler, Jim Sullivan, and many other volunteers.

Runners signed up for their number to race on "a flat and fast course through Agawam Industrial Park" at 10:00 a.m. Rock 102 was there to announce the runners as they crossed the finish line. Town Council President Donald Rheault shot the gun for the runners to start.

Cash prizes were awarded to the top four male and female overall finishers. There was also a division of top male and female masters, 40-plus, and age group prize to the first male and female finishers in each of the following divisions: 14 and under, 15-18, 19-29, and 30-39. Each entrant received a race t-shirt and there was a free raffle after the prizes were awarded.

First place winner was Sandu Rebenciuc, number one; second place was Dereck Treadwell, number 81; third place was Sergio Ribeiro, number eight; and fourth place was Stephen Jayaraj, number six. Albeina Gallyamora, number two, was the first woman to cross the finish and Heather Wenninger, number five, was the next woman runner over the line.

In all, over \$3,000 in cash and prizes were awarded. The list of sponsors and the list of those who donated raffle prizes cover both sides of the program. "Running Into The Millennium" succeeded in its goal to raise money for the AFD and to raise awareness of the firefighters' needs in safety risk management.

A spokesman from Millennium Press said that the success of this race was because of the great sponsors, many volunteers, and every runner who showed up to have a good time. There was also over \$2,000 in raffle prizes for anyone who completed the 5k course.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will hold a public hearing on Tuesday, November 9, 1999 at 7:15 P.M. in the Agawam Public Library, Community Room, 750 Cooper Street, Agawam, MA. The purpose of this hearing will be to hear the petition of Dominik for work to be performed at 78 Willow Brook Drive, subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission
Published: November 4, 1999

You are cordially invited to attend a
Community Thank You Reception
in honor of

*The Honorable
Christopher C. Johnson*

for his years of service as Agawam's First Mayor

Saturday, November 20, 1999

6:00 P.M. - Social Hour 7:00 P.M. - Dinner
followed by dancing (no speeches!)

The Oaks Banquet House

1070 Suffield Street, Agawam, MA
Contribution \$25.00 per person

*Sponsored by the Mayor's Office of Community Affairs with all
proceeds to benefit the Christopher C. Johnson Scholarship Fund*

Sponsorships are available for Businesses and Residents

Gold Sponsor — \$1,000.00 (includes 20 tickets)
Silver Sponsor — \$500.00 (Includes 10 tickets)
Bronze Sponsor — \$250.00 (includes 5 tickets)
Family Sponsor — \$100.00 (includes 2 tickets)

Each Business and Family Sponsor will be listed in the program.

_____ I will attend and my check in the amount of \$_____ is enclosed.

_____ I will attend and need _____ additional tickets.

_____ I am sorry that I cannot attend, but I would like to make a donation.

Name: _____

Address: _____

Town: _____ State: _____ Zip: _____

Send to Mayor's Office, 36 Main Street, Agawam, MA 01001
Make checks payable to the Christopher C. Johnson Scholarship Fund



Families

“The Big E” Honors Agawam...



ON WEDNESDAY, SEPTEMBER 29TH, it was “Agawam Day” at the 1999 edition of the Eastern States Exposition. Various town officials marched in the daily Parade at “The Big E,” including representatives of the Agawam Fire Department, Superintendent of Schools Frank Ameruso, and Mayor Christopher Johnson.



ERIN LIGHTCAP OF FEEDING HILLS, 1999’s “Miss Agawam” and a member of the senior class at Agawam High School, was a participant in the Agawam Day Parade.



HOLDING THE AGAWAM SCHOOL COMMITTEE BANNER during the Agawam Day Parade at “The Big E” (from left to right): Committee members Susan Pettazzoni, Louis Massoia, and Roberta Doering.



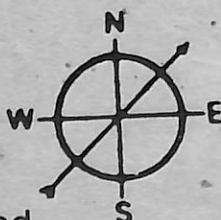
MEMBERS OF THE AGAWAM CITY COUNCIL were on hand for the Agawam Day Parade at “The Big E,” including Jill Simpson, Gary Geiger, Council President Donald Rheault, Robert Young, and Nancy Thompson.

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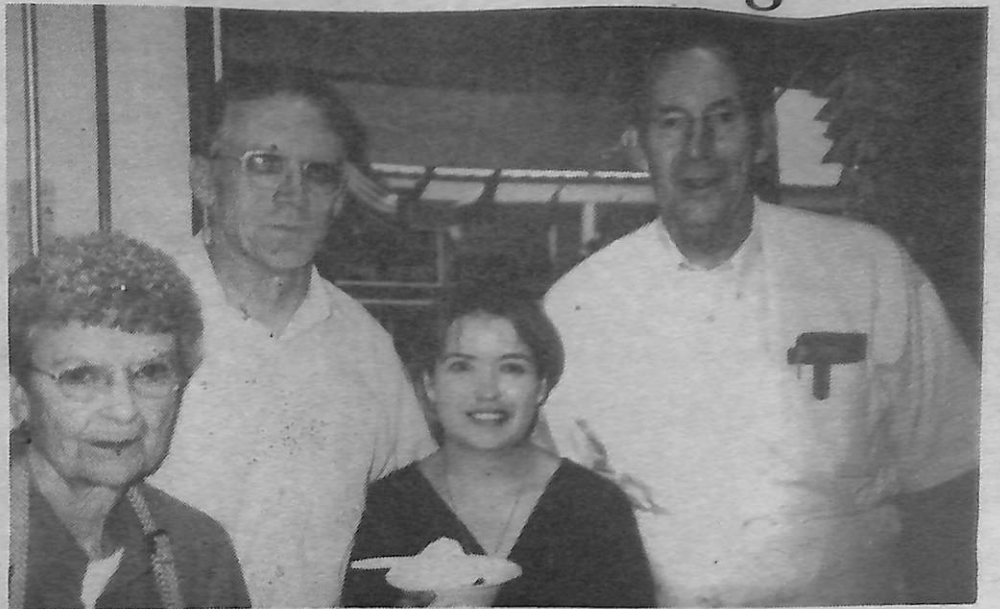
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Agawam Day At "The Big E"



Members of the Agawam High Marching Mohawks at The Big E Parade: front row — Mary Manning, Kate Horniak, Brittany Theriaque, and Kevin Athas; back row — Mike Lalli and Sabrina Brizzolari.

Advertiser News photo by Kathy Shepard.



At the Valley Community Church booth: front row — Lois Granger and Susan Steadman (holding a delicious cobbler for dessert); back row — Jeff Hill and Charlie Granger. Advertiser News photo by Kathy Shepard.



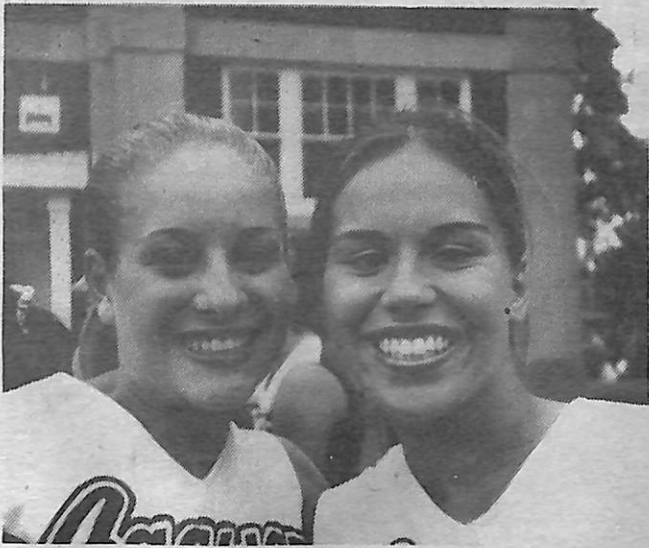
Agawam Firefighter Pam Murphy and "Tralee," her four-legged friend, enjoyed themselves on Agawam Day. Advertiser News photo by Kathy Shepard.



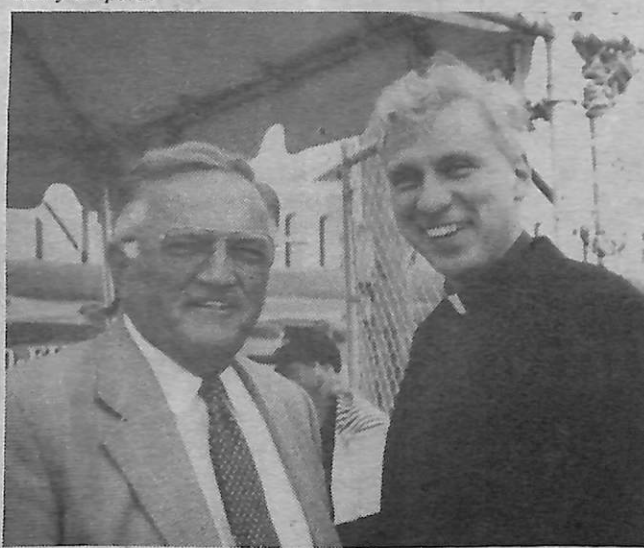
Julie Voos was quite "bewitching" in the AHS Marching Mohawks' "Wizard of Oz"-themed performance. Advertiser News photo by Kathy Shepard.



Agawam Lions Club member Jim Loomis points toward the rug hanging in the club's chicken barbecue building at The Big E. The rug was given to one of the Lions' district governors. Advertiser News photo by Kathy Shepard.



AHS varsity cheerleaders Amanda Lemieux and Rachel Laren getting ready for The Big E Parade. Advertiser News photo by Kathy Shepard.



Town Council President Donald Rheault with Father Bill Lunney of St. John's Church. Advertiser News photo by Kathy Shepard.



Senior youth cheerleader Nicole Woszczyna prior to the start of the Agawam Day Parade. Advertiser News photo by Kathy Shepard.



School Committee Member Rosemary Sandlin receives a \$1,000 donation from Big E President Wayne McCary towards the purchase of books for the AHS library. Advertiser News photo by Kathy Shepard.



Linda Parrotta tidies up a table near the Maine Potato Stand in the Maine Building. Advertiser News photo by Kathy Shepard.



Janine Davignon demonstrated her formidable baton-twirling skills during The Big E Parade on Agawam Day. Advertiser News photo by Kathy Shepard.

Wednesday, September 29, 1999...



The night shift for Valley Community Church at The Big E Food Court: Nance Pearsons, George Kopy, Dick Orr, Betty Kopy, and Larry Taylor. Advertiser News photo by Kathy Shepard.



Jerry Scoville, Peggy Scoville, Joë Davis, Mark Duclos, and Caitlyn Davis at the Agawam Town Hall parking lot run by the Auxiliary Police at The Big E. Voted by "The Hartford Courant" as the best place to park at The Big E, this endeavor is the Auxiliary Police's only fundraiser for training, equipment, etc. Advertiser News photo by Kathy Shepard.



Members of the Agawam Lions Club: front row — Bill Gardiner and Ron Jean; back row — Ed Disco, Carl Jakobek, and Al Taupier. Advertiser News photo by Kathy Shepard.



Working in a "Maine Gang": front row (seated) — Kathy Altobelli; second row — Carol Pignatare, Carol Marshall, and Cindy Weber (manager); back row — Peg Altobelli, Bernice Consolini, Kathy Kane, Helen Walsh, and Lori Arenstam. Advertiser News photo by Kathy Shepard.



Ann Jakobek, Pricilla Peterson, Elaine Taupier, and Miriam Taupier of the Agawam Lioness Club. Advertiser News photo by Kathy Shepard.



The Agawam Lions take "pride" in "The Big E": front row — Jack Conroy, Paul Martin, and Henry Camyre; back row — George Schlagel, Jud Hastings, and Al Taupier. Advertiser News photo by Kathy Shepard.



The Weinandy family of Agawam — Francine, Mari (in front), and Tim — walked around The Big E fairgrounds on Agawam Day. Advertiser News photo by Kathy Shepard.



Ruth Bitzas (left), Agawam Veterans' Agent, and Jessie Fuller believe that Agawam Day is a particularly special time during the annual Big E festivities. Advertiser News photo by Kathy Shepard.

Agawam At The 1999 "Big E" - continued...



CATHY & JEFF POKORNY OF AGAWAM

On September 21st...

Jeff & Cathy Pokorny Named Big E "Hosts"

Jeff & Cathy Pokorny of Agawam were presented The Big E Host of the Day award on September 21st by Eastern States Exposition President Wayne McCary.

The couple are the proprietors of the Sam Adams Micro-Brew Garden on the Storowton Village Green, which just celebrated its 10th year at The Big E. Off-season at the Exposition, the Pokornys operate the food concessions in the Coliseum.

"This couple actually grew up and met at the Exposition," McCary said. "They are true ambassadors of goodwill and welcome, and we are pleased to recognize their daily contributions."

The Host of the Day award recognizes employees, volunteers, and other members of The Big E family who exemplify the fair's philosophy of positive customer relations. It has been part of the Exposition's customer service program since 1989, established for individuals who go "above and beyond the call" in their interactions with fairgoers.

Jeff & Cathy Pokorny were selected from more than 1,500 personnel working this year at The Big E.

They received a Host of the Day plaque and 1999 Big E commemorative gifts at the surprise presentation. The ceremony was attended by fair officers, managers, and co-workers.

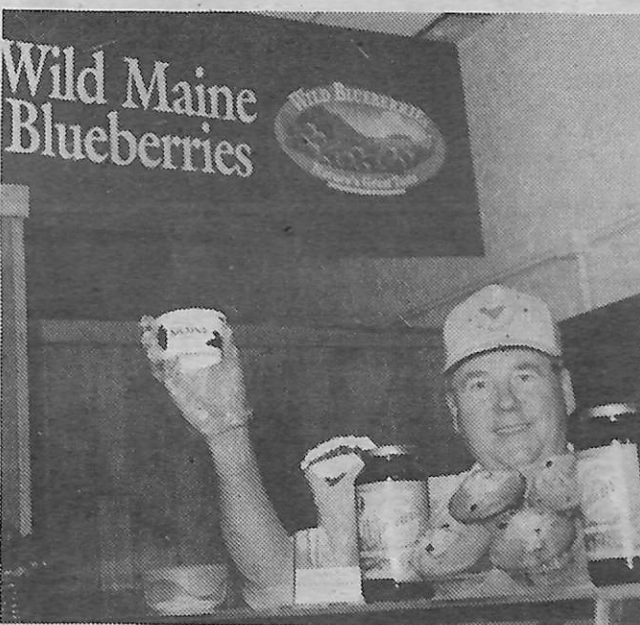
All the hometown news with us, each and every week ... AAN!!!

"Friend" Johnson...



AGAWAM MAYOR CHRISTOPHER JOHNSON (left) was presented with the "Friend of The Big E" award by Eastern States Exposition President Wayne McCary at a luncheon at Storowton Tavern on Agawam Day (September 29th) at this year's Big E.

The "Maine" Event...



KEITH BUCHANAN OF FEEDING HILLS manned the Wild Maine Blueberries Booth in the Maine Building at The Big E. Blueberry muffins, wild blueberry cheesecake, and blueberry toppings were some of the delicious products offered this year.



PHYLLIS HOLLAND (left) with Wayne McCary, President of the Eastern States Exposition.

On September 18th...

Phyllis Holland Named Big "Host Of The Day"

Phyllis Holland of Agawam was presented The Big E Host of the Day award on September 18th by Eastern States Exposition President Wayne McCary.

Holland has worked at The Big E assisting visitors in the fair's information booths for more than 10 years.

The Host of the Day award recognizes employees, volunteers, and other members of The Big E family who exemplify the fair's philosophy of positive customer relations. It has been part of the Exposition's customer service program since 1989, established for individuals who go "above and beyond the call" in their interactions with fairgoers. Howard was selected from more than 1,500 personnel working this year at The Big E.

She received a Host of the Day plaque and 1999 Big E commemorative gifts at the surprise presentation. The ceremony was attended by fair officers, managers, and co-workers.

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Agawam At The 1999 "Big E" - continued...



IN LEFT PHOTO: Nancy Brown of Feeding Hills and her daughter, Christine, viewed the many craft exhibits at the 1999 edition of "The Big E" in West Springfield. IN RIGHT PHOTO: Four year-old Jesse James Brawsay of Agawam was greeted by "BiggiE," the Eastern States Exposition's ever-friendly mascot.

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, NOVEMBER 18, 1999 at: 6:45 P.M., for all parties interested in the

LEGAL NOTICE

petition of DECKER & COMPANY, INC., which is seeking a Special Permit in accordance with Section 180-7, Paragraph B-2 of the Zoning Ordinances, which would allow for the alteration of the existing facility into a convenience store/gas station at the premises identified as: 1 RIVER ROAD.

Doreen Prouty
Acting Chairperson

Published: November 4, 1999

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Tuesday, November 9, 1999 at 7:30 PM in the Agawam Public Library, Community Room, 750 Cooper Street, Agawam, Mass. The purpose of this meeting will be to hear the Request for Determination of Applicability of School Specialty for property located on Almgren Drive.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission
Published: November 4, 1999

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Agawam At The 1999 "Big E" - continued...



"A DAY AT THE BEACH" — the Agawam Garden Club's display at the 1999 edition of the Eastern States Exposition in West Springfield — a.k.a. "The Big E." Advertiser News photos by Kathy Shepard.

Ag. Garden Club's Big E Display "A Day At The Beach!"

by Kathy Shepard
Feature Editor

"A Day At The Beach," Agawam Garden Club's 1999 Big E display, was five-feet wide by 72-feet long and seemed so realistic it was like a vacation away from the crowds for a few breathable moments. The exhibit was in the New England Building, the only non-commercial building in the fairgrounds.

"We wanted the display to be pleasing and restful, for fairgoers to have respite," said Barbara Pemberton, current president of the Agawam Garden Club. Barbara regards herself as a "novice gardener who is learning so much from all of the other members."

Help came from all sides to create this calming, realistic fantasy world. The concept came from Barbara, and about 10 members of the Garden Club gave donations. Skip's Outdoor Accents in West Springfield loaned a 4x6-foot shed and two lighthouses. Boglisch Nursery of Agawam and Feeding Hills loaned various grasses and shrubs, and E. Cecchi Farms in Feeding Hills loaned an array of grasses and small plants.

The lobster traps came from Nicholas Dempko, son of member Zoafia Dempko. The rocks were made by Joanne Hickey, a member who lives in Suffield. Some gulls were purchased, some loaned, from the Christmas Tree Shop. Seagull feet in the sand and the mermaid were from Julia Kozikowski. Leah Nesin loaned frogs in the children's scene.

There was driftwood from Joan Langevin. Philomina O'Connor came in early one of the days and she also loaned lobster traps. The boat, oars, buoy, and some netting came from Bob and Peggy Shoemaker. There was a lot of help, too, from Kathy Norris, who picked up, delivered, and returned shrubs whenever the club borrowed them.

Approximately 60 Members

Members of the Garden Club put together and disassembled the display. Members' ages range



THREE MEMBERS OF THE Agawam Garden Club in front of the club's display at "The Big E" (from left to right): Helen Kisieleski of Feeding Hills, Barbara Pemberton of Westfield, and Julia Kozikowski of Feeding Hills. Advertiser News photo by Kathy Shepard.

from 30 to 85, and there are about 60 members right now from Agawam, West Springfield, Southwick, Suffield, Chicopee, and Springfield.

The committee for the beach project was extensive and included Barbara Pemberton, Julia Kozikowski, Barbara Ouimet, Joan Langevin, Ronnie Donlin, Joanne Hickey, Joan Presz, Teresa Greenwood, Helen Kisieleski, Terry Angotti, Anne Duquette, JoAnn Hagen, Ann and Wes Bradford, Joe Dubiel, and Angelo Pellin.

This is the third year the Agawam Garden Club had a display at The Big E. In 1997, they were approached by Helen Bardwell, then-acting head of the New England Center. That year, their display was called "A Rustic Country Setting." For the last two years, the New England Center has been

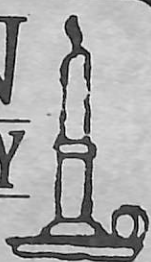
headed by Marci Slinski (1998's display by the Agawam Garden Club was "A Garden Path").

Next Project In The Works

Their next project will be to decorate two rooms in the Gilbert Farmhouse for Yuletide at Storowton. This will be open to the public the first week of December. The Garden Club meets at the Captain Leonard House, Main St., Agawam Center at 7:00 p.m., on the second Tuesday of each month.

The membership includes both men and women and their purpose is to "provide mutual help in gardening by offering a variety of programs, including speakers, trips, hands-on opportunities ... and just having fun." If interested, call Terry at 786-6482 or Barbara at 562-1507.

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His Goal Was To Open Up "Thoughtful Conversation"...

Reverend Len Cowan Discusses Y2K Forum Held At St. David's Church

by Kathy Shepard
Feature Editor

(This is the fourth in a series of interviews with persons who took part in a forum on September 15, 1999 at St. David's Church regarding Y2K. Y2K refers to "Year 2000" and the theoretical upsets to commerce and domestic life when computers try to roll over from 1999 to 2000.)

In September, Reverend Leonard Cowan, pastor of St. David's Church in Feeding Hills, arranged a forum surrounding the issue of "Y2" to generate thoughtful conversation about the aspects of our society and lifestyles which depend on computers, which is just about everything. Our power, our water, medical devices in hospitals, even some traffic lights, run on computers, with miniscule chips inside. If the chips were fabricated before potential difficulties of Y2K were foreseen, they might misinterpret signals or data, possibly shutting vital systems down.

Summarizing the most important parts of the forum, Rev. Cowan pointed out that every guest who attended the forum felt quietly confident that systems are in order and preventive measures have been taken.

The individuals who made presentations included political spokesperson, banking agents, representatives of the elderly and handicapped, officials from police, firefighters, and emergency response, representatives of Western Mass. Electric, and others. The forum was open to the public and allowed time for questions.

Rev. Cowan's chief objective was to open up "thoughtful conversation" at the local level and he felt that the forum succeeded in doing so. He senses that overall, Agawam will have approximately one month's preparedness. He does recommend storage of maybe a week's worth of water and food. "Then if everything goes smoothly, the food and goods can be given to someone who needs them more," he reasons.

"Power is the big thing," he continues. "So much is contingent on electricity, and any work to be done would be made more difficult if people are cold. Northeast Utilities says they will be ready to deliver electricity. They started checking their computer system in 1995 and declared their systems Y2K compliant in June of 1999."

Rev. Cowan wants to be "prepared without giving in to foolish panic." A week's or month's worth of money and food seems reasonable. He suggests that if each citizen saves that amount for two people, then the weak and infirm can be helped by the strong in the event of any hardship.

Shelters Fully Supplied

In reviewing those places which have generators in a power outage of any significant duration, Rev. Cowan said, "At September's meeting (Director of Agawam Building Maintenance), Tony Albro spoke on emergency preparedness and stated that our shelters are fully supplied. Each of the buildings has one month's worth of oil. The Agawam Police Station can hold 50 people, the Junior High will hold 1,000. While not a shelter for people to stay, the fire stations each have generators for power, as do the Police Station and the Junior High School."

Rev. Cowan recalls that Albro urged people to watch the community bulletin board on television for updates on shelters and other emergency-related information. Because the bulletin board would not be transmitted in the event of an outage, much of the information will be broadcast

Agawam Garden Club Slates Annual Banquet For Tuesday, Nov. 9th

The Agawam Garden Club is having its annual banquet on Tuesday, November 9th, at 6:30 p.m. at the Agawam Congregational Church on Main Street, Agawam. Following the dinner, guest speaker Jen Werner will talk about "Success With Houseplants."

Werner has a bachelor's degree in horticulture from Pennsylvania State University and a master's degree in horticulture from North Carolina State University. She has almost 20 years of horticultural work experience, which includes teaching, landscaping, working at greenhouses, and horticulture therapy. Werner is currently a horticulture instructor at a vocational school in Brattleboro, Vermont.

Guests are welcome at 8:00 p.m., and the guest fee is \$2.

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ahead of the critical century mark and should be noted.

For a compendium of Y2K-related updates, Rev. Cowan suggests a website: MichaelHyatt.com. This website carries the latest reports and gives



REVEREND COWAN visits one of the websites that update Internet users about Y2K issues. Advertiser News photo by Kathy Shepard.

an overview of the many concerns related to this turning of the century.

On a reassuring note, Rev. Cowan reconsiders the portion of the forum where State Senator Linda Melconian spoke. "She said that more dollars for Massachusetts Emergency Management have been allocated for conducting Y2K seminars. She met in July with the Emergency Management coordinator for our area (Tony Albro) and everything has been declared in order."

According to Melconian, the state will be Y2K compliant and has been preparing for the past five years. The House and Senate Committees on Science and Technology have been working on the challenges, and contingency plans have been developed for any systems remaining that have to be made compliant. Melconian felt "confident there will be no significant interruptions in utilities operations."

Albro has gained substantial knowledge on Y2K due to his responsibilities with the Emergency Response Team and will continue to update the Town of Agawam of any significant developments in this regard, Rev. Cowan added.

Local Resident In Attendance...

American Chestnut Foundation Holds 16th Annual Meeting

The American Chestnut Foundation, a 3,500-member national organization dedicated to the restoration of the American chestnut to its native Eastern forests, held its 16th annual meeting in Carroll County, Ohio from Friday, October 15th through Sunday, October 17th.

Susan Cormier, board member and local resident, attended the conference.

Highlights of the meeting included a trip to the Empire Chestnut Company of Carrollton, Ohio, one of the country's few commercial-scale chestnut orchards and a presentation by keynote speaker, Gary Kaster of American Electric Power (AEP). Mr. Kaster has extensive experience with reforestation programs and discussed the challenges that might occur when employing American chestnut in mined land reclamation efforts.

At one time, the American chestnut was the dominant tree in most of the forests of the east. Wildlife of many kinds depended on its nuts, which often fell in such abundance as to carpet the forest floor. Rural folk depended on the nuts, too (as did their livestock). And chestnut provided timber unrivalled in quality. Straight-grained and strong, easy to work and rot resistant, chestnut lumber went into everything from barn beams to furniture.

But the tree was brought down by an accidentally imported disease. From its point of introduction in New York City around the turn of the century, the Asian chestnut blight moved outward at a remarkable pace; by 1950, all that remained of the species on which so much richness of life depended were millions of acres of dead but still standing trunks.

For more information about The American Chestnut Foundation or their 16th annual meeting, contact TACF at 469 Main Street, P.O. Box 4044, Bennington, Vermont 05201, telephone 802-447-0110, web page: www.acf.org.

Police Explorers Offer Fingerprinting At McDonalds

The Agawam Police Explorers will be having an Ident-A-Kid at the Agawam McDonalds (located at the Southgate Plaza on Suffield Street) on November 6th and 7th from 9:00 a.m.-6:00 p.m.

Parents are encouraged to bring their children of all ages to get fingerprinted. The Agawam Police Explorers do the fingerprinting free and the fingerprint cards are given to the parents.

It is recommended that parents keep their children's fingerprints on record and it only takes a few minutes to have done. We hope to see you there, and have a safe holiday season.

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Senior Citizens "Cooking" For A Good Cause...



RESIDENTS OF HERITAGE HALL EAST recently prepared macaroni and cheese and salad (with vegetables from their own garden) to be donated to the Parish Cupboard, which was formerly known as the Agawam/West Springfield Open Pantry. IN LEFT PHOTO: Bobbie Andrews (president of the Resident Council), Irene Selos, and Deborah Reavey. IN RIGHT PHOTO: front row — Deborah Ceroncheschi and Theresa Dugan; back row — Penny Desautels and Norma Poirier. Advertiser News photos by Kathy Shepard.

Ag. Senior Center's Weekly Lunch Menu

Monday, November 8th: Salisbury steak with gravy, cheese baked potato, mixed vegetables, whole wheat bread, bananas.

Tuesday, November 9th: Turkey loaf with gravy, mashed potatoes, green beans, rye bread, chocolate pudding.

Wednesday, November 10th: Stuffed shells with extra sauce, tossed salad, breadsticks, brownies.

Thursday, November 11th: Senior Center closed (Veterans' Day).

Friday, November 12th: Macaroni and cheese, stewed tomatoes, rye bread, plums.

(Menu subject to change without notice.)



Senior Athletes Shine Again At 1999 National Competition

Over 12,000 senior athletes competed in the National Senior Games held October 19th-29th in Orlando, Florida. Even with this stiff competition, ASGA (Agawam Senior Games Athletes) once again did Agawam proud!

Eleven of our athletes won 13 awards — two gold medals, one silver medal, three bronze medals, and seven ribbons. They are as follows:

Shuffleboard

Men's Singles:

TED CUTLER - Gold medal.
HAL DEYO - Fifth-place ribbon.

Men's Doubles:

TED CUTLER - Gold medal.

Women's Singles:

LOIS CUTLER - Bronze medal.

VI PRESZ - Fourth-place ribbon.

LENA PELOQUIN - Fifth-place ribbon.

DESIREE JACOBS - Sixth-place ribbon.

JANICE BONK - Seventh-place ribbon.

Bowling

Singles:

CHET COMINS - Silver medal.

ANGELO POLUMBO - Eighth-place ribbon.

DIAN CURRAN - Fourth-place ribbon.

Mixed Doubles:

DIAN CURRAN - Bronze medal.

JOE CURRAN - Bronze medal.

ASGA sincerely thanks all the local clubs, businesses, organizations, and individuals for their stupendous support in getting Agawam's senior athletes to the 1999 national games. We couldn't have done it without you — THANKS A MILLION!

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Carl Wesley, Jr. Completes Air Force Basic Training

Carl J. Wesley, Jr., 23, graduated from U.S. Air Force basic training, Lackland A.F.B., Texas on August 6, 1999.

He will be graduating technical training at Sheppard A.F.B., Texas, December 17th.

Upon graduation, he will be going to Arkansas for one month of additional training. He will then go on to this permanent duty as "Crew Chief" on jets at Kirtland A.F.B., Albuquerque, New Mexico for his four-year enlistment.

Carl is a 1996 graduate of Agawam High School and attended Holyoke Community College for two years. He is the son of Carl and Joyce and brother of Theresa.

Best local news...



CARL J. WESLEY, JR.

Agawam High's Class Of 1979 Planning 20-Year Reunion

Attention, Agawam High School Class of 1979. If you are interested in attending a 20-year class reunion, please call Barbara (Plante) Bard at (413) 786-4847 as soon as possible.

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Review Of Riverside's Aug. 7th Accident Is Completed

An experienced team of independent ride and safety engineers, along with theme park experts and engineers, has completed an intensive and extensive review into the August 7th incident on the river ride at Riverside Amusement Park, it was announced recently by Park Vice President and General Manager, Tim Black.

The review team, which included technical experts from the Park, outside independent engineers, and the ride manufacturer, O.D. Hopkins Associates, Inc., concluded a series of events and factors unique to the Riverside river ride combined to cause one of the rafts to overturn. The team collectively concurred that several changes and modifications would be made to the ride to prevent this scenario from happening again.

"As is the case with any highly unusual event, it is often a series of factors aligning together that are the cause of the incident," said Bob Swint, chief executive officer of ATA, experts in the specialized field of accident reconstruction.

River rapids rides are one of the most popular rides in theme parks. Most major theme parks in the United States have a river rapids ride as part of their entertainment product. Since the introduction of the first river rapids ride in 1980, an estimated 100 million guests have ridden river rapids rides. Designed to resemble river rafting, the eight-passenger raft on the Riverside Blizzard River ride floats along a waterway in two to three feet of water.

The Blizzard River ride opened in July. The Riverside ride was the 19th manufactured by Hopkins. According to the experts, the series of rare factors that caused the unusual incident were:

- The raft stopped on the rails, a part of the raft guidance and flotation control system.
- Subsequently, the force of the water slightly lowered one side of the raft.
- The raft tipped. As an approaching boat made contact, the force of the water caused the boat to overturn.

"While this incident was indeed an oddity, we did not leave any stone unturned in this comprehensive review," Black commented. "We have taken a deliberate and serious approach, committing a considerable amount of expertise and effort to determine the actions and modifications to be made to be sure we don't have an incident like this one ever again on our ride."

The actions and modifications jointly announced by Riverside and Hopkins officials include:

- Modified the raft guidance and flotation control system along the side of the trough to ensure rafts can expeditiously proceed through all areas of the trough.
- Added a third center rail to the flotation control system and re-positioned the existing rails for better raft flotation control.
- Adjusted water turbulators, including modifications of the trough bottom to control water velocity level and degree of turbulence at the point where the incident occurred.

In addition, Park officials reviewed the operational procedures to ensure proper guest loading. Further, the Park has installed additional signage to warn guests to remain seated at all times, not to change seat locations, and to keep safety restraint devices secure.

"Our team of safety experts and engineers has thoroughly reviewed all aspects of the ride operations over the past couple of months. Their careful and deliberate approach identified these actions as steps which will make it inconceivable for a situation like this to occur again," Black commented.

Safety engineers, in conjunction with the manufacturer, installed the safety modifications. These modifications have been thoroughly tested. The ride has been cleared to re-open by safety engineers and the State and will be operating this weekend.

"We took great care in conducting this extensive review. The time it took to complete this review is evident of the serious nature in which we proceeded to examine every facet of the ride operations. We are pleased the conclusive review is done and the ride is ready to re-open," Black concluded.

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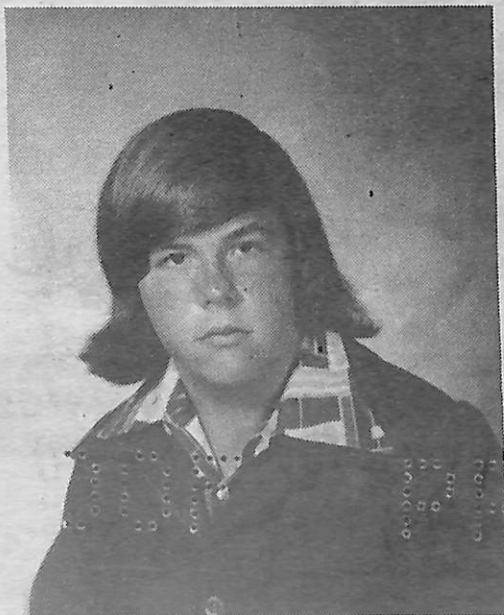
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Question: What are the basic rules of using cosmetics?

Answer: Choosing the right cosmetics and applicators will make all the difference between looking well-groomed or not. You don't need to be a beauty professional to achieve a healthy, glowing look. Keeping your stock simple and formed to your own beauty needs will work best to achieve and maintain your appearance.

Foundation: The tone of your skin will change with the seasons, so adapt the color of your foundation. The shade should simply blend with your own skin tone. Blending is the key here ... no tell-tale lines around eyes or jaw. Use your sponge dampened with water for a flawless finish. Look for foundations with a SPF base to protect skin from the sun.

Concealers: Avoid concealers with pink or orange undertones, as they will only highlight rather than hide imperfections.

Blush should look natural, so choose a shade that mimics your skin color when you blush naturally. Powder blushers can be a good option for the summer, as it helps absorb surface oils.

Eyes need brightening? Use sheer, enlivening shades of beige, iridescent pearl, soft lilac, or see-through wine color. If you prefer a real pale shade of shadow, add definition with a pencil and mascara to avoid the washed-out look. A matte finish is suggested for older skin, giving a more flattering finish. **Quick tip:** Try using baking soda on your eyelid — it makes an ideal base and will absorb natural oils so your eyeshadow will not crease.

Mascara: Blondes and fair-haired persons should choose a brown mascara, where darker mascaras like brown/black should be kept for those with darker hair and complexions. Black should be kept for dramatic looks of evening. A waterproof mascara is a good choice for summer, but can dry the lashes. **Quick tip:** Try lightly coating the lashes with petroleum jelly as a conditioning treat at night.

Lipstick should complement not only what you are wearing, but essentially with the rest of your make-up look, and should also blend with your skin tone. Avoid lipsticks which dry to a matte finish; they tend to have a dehydrating effect. Look for one with built-in sunscreen to help protect against the sun's harmful UV rays. Sheer tints and lip glosses are ideal for summer wear.

Don't wear make-up? Try sweeping a large brush loaded with bronzing powder over your skin to create a healthy-looking golden finish ... don't forget your shoulders!

We recommend Paul Mitchell Awapuhi Moisture Mist, a refreshing and beneficial addition to your hair and skin care system ... **Beauty is our business!**

A thought for a smile: a child playing dress-up.

For The Thanksgiving Holiday...

WGGB Is Now Conducting A Food Collection

For the sixth year, WGGB will be helping to put a Thanksgiving meal on the tables of over 500 needy families in the Greater Springfield area.

NEWS40 is supplying the turkeys, rolls, and cider. We are asking viewers to donate canned vegetables, packages of stuffing, instant potatoes (please, no fresh potatoes), cranberry sauce, and nonperishable desserts.

Food donations can be dropped off at the WGGB parking lot at 1300 Liberty Street, Springfield (just across from the Springfield Plaza) during normal business hours.

The campaign began on Monday, November 1st and ends on Friday, November 19th. Distribution will be made during Thanksgiving week from lists supplied by the Salvation Army.

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

The Fisk Family Announces Birth Of First Child, Patrick

Carrie and Jonathan Fisk of Agawam are proud to announce the birth of their first child, Patrick Jonathan Fisk.

"P.J." was born at Baystate Medical Center on August 28th. He weighed seven pounds, .02 ounces and was 18½ inches long.

Maternal grandparents are Patrick and Marsha Finck of Agawam. Paternal grandparents are Rodney and Elaine Fisk of Longmeadow. Great-grandparents are both Robert and Madeleine Dugan of Agawam.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...



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10 Lbs. Or More	\$1.39 Lb.
Boneless New York Strip Steaks	\$4.99 Lb.
Center Cut Pork Chops Or Roast	\$1.99 Lb.
Loin End Roast	\$1.69 Lb.
Rib End Roast	\$1.39 Lb.
Boneless Pork Roast (Cut From Loin Or Rib End)	\$1.99 Lb.
Country Style Ribs	\$1.69 Lb.
Fresh Ground Pork	\$1.69 Lb.
Grade "A" Chicken Breast Whole	99¢ Lb.
Split	\$1.19 Lb.

DELI

Land O' Lakes American Cheese	\$2.99 Lb.
Austrian Alps Swiss Cheese	\$2.99 Lb.
Russer German Bologna	\$1.39 Lb.
Russer Honey Maple Ham	\$3.49 Lb.
Russer Low Salt Ham	\$3.49 Lb.
Russer Kielbasa Loaf	\$2.69 Lb.
Russer Cooked Salami	\$2.69 Lb.

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Charity Picnic At American Legion



ON SATURDAY, OCTOBER 23RD, a charity picnic and chicken barbecue dinner took place at the American Legion Post in Agawam. These activities were held for the benefit of Post 185 and Auxiliary Unit 185. Pictured above are members of the fundraiser committee. Front row — Peg Brown, Corey Cote, Emily Drewes, and Kristine Henson (Auxiliary Chairwoman. Middle row — Sam Gallant, Debra Hanson, Mike LaFlamme, Janice Alsky, and Larry Grady. Back row — Jake Moccia and Bill St. John. (Missing from photo: other committee members, including Ray and Gay Fancer.) Advertiser News photo by Kathy Shepard.

“Friends” Of Agawam Senior Ctr. To Hold Banquet On Nov. 18th

“Friends” of the Agawam Senior Center and the Council on Aging will hold their Annual Banquet on Thursday, November 18th at Ferruccio's on Main St. in Agawam.

Tickets are \$20. Cocktails are at 6:30 and dinner at 7:00 p.m. Tickets are available at the Senior Center or from any member of the “Friends” Board.

This event is our largest fundraiser. Our funds are used to purchase items for the Senior Center, which are not in their budget. Our latest contribution was an emergency call from the director. The freezer in the kitchen was in need of a replacement. We immediately presented a check for the new freezer.

All our welcome to join us and enjoy a wonderful meal at Ferruccio's.

Springfield Italian Women's Club To Meet November 15th

The November 15th meeting of the Springfield's Italian Women's Club will be held at The Colosseum Banquet House, 943 Memorial Ave., West Springfield. Dinner will be served promptly at 6:30 p.m.

Membership is open to all women of Italian heritage (either born Italian or married to an Italian).

For more information, call 413-525-7322, and for information on the Italian Women's Club, 788-4690.

* * *

All the hometown news with us, every week...

* * *

From November 8th-12th...

Parish Cupboard To Conduct A “Baby Shower”

The Parish Cupboard is holding a week-long baby shower! The Parish Cupboard (formerly the West Springfield/Agawam Open Pantry) is asking members of the community to help them provide for the needs of some 50 babies born this year to their clients.

They are dedicating one week, November 8th-12th, to gathering items for babies newborn to one year. New and used items and cash donations earmarked for “babies” can be brought to 1023 Main Street, West Springfield between the hours of 8:00 a.m. and 3:00 p.m. any day that week.

While there will be no actual party with snacks, beverages, and games, there is a guest of honor. The baby shower is one response by Executive Director Candy A. Boucher to the needs of victims in a recent fire in the neighborhood of the Parish Cupboard. In that fire, all the preparedness made by a young mother-to-be and the grandmother-to-be perished.

“While we don't want to cause further pain and stress for these two women,” says Mrs. Boucher, “we have told them that we will muster the support of our wonderful, generous communities to make a new room, in a new apartment, ready for their baby girl.” The baby is due any day.

Items needed by this newest baby girl in our community are baby towels, crib sheets, diapers, wipes, “onezies,” t-shirts, baby bottles, Q-tips, cotton balls, and lotions. “This mom also needs a diaper bag,” says Mrs. Boucher. “She told me that the room had been decorated in Winnie-the-Pooh motif, but that anything would be o.k. I told her that lots of us out there like Winnie-the-Pooh and that she should not be afraid to ask. We want things to be just right for her baby.”

“Parenting is a challenging endeavor and we should assist parents whenever we can. This is an easy thing to do.”

In addition to her duties as Executive Director of the Parish Cupboard, Boucher is also the mother of a 20-year-old daughter and three teenage sons. Remember, the baby shower, November 8th-12th, at 1023 Main Street, West Springfield. If you have questions, please call (413) 734-7969.

* * *

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street, Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030. Make checks out to “Advertiser News.”

* * *

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Bread

READ:
Acts 14:1-7, 19

I take pleasure in
infirmities, in
reproaches, in needs,
in persecutions, in
distresses, for Christ's
sake. —2 Cor. 12:10

I remember a time when my children were young and my wife was in bed with a stubborn case of the flu. I was trying to fill in for her the best I could, but the kids weren't cooperating. Even though I spent a lot of time playing with them, they seemed determined to fill the house with more noise and mess than I could tolerate. Why couldn't they calm down and do more to help? I wondered why they couldn't be more considerate for their mother's sake—and for my sake?

Then I thought about my relationship with God. Do I treat Him the way my kids were treating me? He must be grieved at times by my insensitivity to His concerns.

Later I began looking up every passage of Scripture that mentions doing something for the Lord's sake, doing what we know pleases Him. I read about Paul, Peter, and Stephen—men who put their lives on the line for Christ's sake. For them that phrase was a way of life, not just empty words. On one occasion, the apostle Paul was even stoned and left for dead because he dared to proclaim the gospel (Acts 14:19).

I wonder how much of what I do and say is for my Lord and Savior's sake? That's a good question for all of us to ponder. —MRDII

Your mission as a Christian is to take
The cross of Christ and do His perfect will;
To love and serve the Lord for Jesus' sake—
You have no higher purpose to fulfill. —Hess

JESUS GAVE HIS ALL FOR US—
ARE WE GIVING OUR ALL FOR HIM?

Church News

The Trading Post...



RUTH ROBERTS AND ARLINE SMITH display some of the items currently for sale at The Trading Post Consignment Shop, located at the First Baptist Church (corner of Main and Elm Streets, Agawam). Opened 42 years ago, this project is conducted by volunteers and is open on Wednesdays from 10:00 a.m. to 5:30 p.m. The shop features good, used clothing for all ages and sizes, as well as small appliances, household items, linens, dishes, etc., that are in good condition. It operates on a 50/50 basis — 50 percent for you, and 50 percent for the shop. Advertiser News photo by Kathy Shepard.

Communion Supper Slated By Catholic Women's Club

The Catholic Women's Club of Agawam will hold its annual Communion Supper on Monday, November 8th at St. John the Evangelist Parish Center, 833 Main Street, Agawam, following celebration of Mass at 6:00 p.m. in the Church.

Paula Raiche is chairperson, and the guest speaker for the evening will be Reverend David Joyce.

A family-style dinner of chicken and pork catered by Alcoa will be served. Any member who has not been contacted, or new members interested in attending, please call Lillian Doyle, 786-8105, at the church rectory.

Serving on the committee are Peg Altobelli, Eleanor Balboni, Rae Bean, Kay Capitanio, Judy Clow, Lillian Doyle, Adelle Gallano, Martha Jerry, Maria LaRochelle, Terry Longo, Bernice Polopek, Kathleen Schafer, and Rose Toti.

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Events & Activities At First Baptist Church In Agawam

Communion will be celebrated at the 9:30 a.m. service of worship this Sunday, November 7th, at First Baptist Church. John 15 will be the scriptural text for Pastor Richard Barnes' sermon topic - "To What We're Called."

There will be a time of fellowship following the worship service in Davis Hall. Classes for all ages will be held until 11:45 a.m.

You are welcome to attend services at the church (located on the corner of Main and Elm Streets). The First Baptist Church is an American Baptist church, a member of The American Baptist Churches of Massachusetts, and The American Baptist Churches, USA.

The Religious Education committee will meet at 6:30 p.m. on Sunday in Lockhart Parlor.

On our calendar this week:

Monday, November 8th: 7:00 p.m., "Holidays in the Park" planning committee.

Tuesday, November 9th: 10:00 a.m., Searchlighters (home of Nancy Edwards); 6:00 p.m., Church School Staff meeting; 7:00 p.m., Junior Youth group.

Wednesday, November 10th: 7:15 a.m., Prayer Group; 10:00 a.m. to 5:30 p.m., Trading Post Open; 7:30 p.m., Church Committee.

Thursday, November 11th: 10:00 a.m., Bell Ringers (Davis Hall); 2:00 p.m., Handiwork Group (home of Dot Major); 7:00 p.m., Choir Rehearsal; 8:25 p.m., Music Committee.

It is time to think about our church fair, which will be held this year on Saturday, November 20th, and has been newly-named "Holidays in the Park."

Chairing this year's committee is Claire Crouss. There will be some new features in addition to the ever-popular ones.

The hours are 9:00 a.m. to 2:00 p.m. Save the date, and come to the fair!

— ADVERTISER NEWS —

Calendar Of Events From Faith Bible Church In Agawam

Following is the weekly calendar of events at Faith Bible Church, 370 Shoemaker Lane, Agawam.

Sunday: 9:30-10:15 a.m., Sunday School; 10:30 a.m.-12:00 noon, Sunday Service.

Tuesday: 6:30-8:30 p.m., End Times Class

Wednesday: 6:30-7:00 p.m., Prayer Requests & Prayer; 7:00-8:00 p.m., Service

Thursday: 6:30-7:30 p.m., Young Ladies Bible Study at the Michalak's house, 127 James St., Feeding Hills.

Friday: 6:30-8:30 p.m., Youth Group

Saturday: 7:00-9:00 a.m., Open Prayer; 8:30 a.m., Men's Bible Study; 11:00 a.m., Choir Rehearsal; 12:00 noon, Outreach (meet at the church).

At F.H. Congregational...

Roast Beef Dinner To Be Sponsored By Operation Friendship

Operation Friendship of America, a non-profit youth cultural exchange program sponsored by the Feeding Hills Congregational Church, is having a Roast Beef Dinner on November 6th.

Dinner consists of roast beef and gravy, mashed potatoes, tossed salad, vegetable, bread and butter, dessert, and beverage.

Servings will be continuously from 5:00-6:30 p.m. Adults are \$7.50, children under 12 are \$4, and children under five are free.

Reservations are appreciated. Call 786-8743 or 786-9780. Walk-ins are welcome.

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Church News - continued...

Calendar From Ag. Congregational

On November 7th, the Agawam Congregational Church (located at 745 Main Street, Agawam) will celebrate Veterans' Sunday on the Sunday prior to Veterans' Day and will welcome the veterans from the organizations in Agawam as guests, with color guard, at the 10:30 a.m. worship service.

Dr. Bascom will preach on the topic "Faith in the Foxholes," and there will be celebration of the Sacrament of Holy Communion.

The first session for orientation of new members will be held in the Friendship Room at 12:00 noon, following the worship service and coffee hour.

A group will be received on November 28th, the first Sunday of Advent. The pastor will deal with "All the Things You Wanted to Know about Religion But Didn't Dare to Ask."

Church School (seventh- through 12th-grade) and Confirmation Classes meet at 9:00 a.m., with Crib Room through sixth-grade meeting during the Worship Service.

The Friendship Committee is sponsoring a Bingo/Pizza Party on Sunday, November 14th, from 5:00 to 8:00 p.m. Adults are \$3, and children 12 and under are \$2.

There will be prizes, prizes, and more prizes! Sign-up at the coffee hour, or call the church office at 786-7111 by Sunday, November 7th.

Men are invited to join the Men's Prayer Time, which meets at 7:45 each Tuesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

The Adult Bible Study Group continues to meet in the Friendship Room on the first Monday of each month at 6:15 p.m., and the third Thursday of the month at 7:30 p.m.

Want to know more about the Bible? Do you have Bible stories to share? Is the Bible for you? Why not attend a meeting and see. All are welcome.

Christmas wreaths for sale! Yes, that's right, it's time to order your 12-inch, double-faced Christmas wreath with a bright red bow (priced at only \$10), and help our Youth Groups with their annual fundraiser at the same time.

Orders are being taken each Sunday at the coffee hour following the worship service. Pick-up date is Sunday, November 28th, at the coffee hour held in Bryan Hall.

Rev. Eric Bascom's book, "A Funny Thing Happened on the Way to the Pulpit," is now on sale. The \$10 book may be purchased at the church office.

For more information concerning any of our events, please call the church office at 786-7111.

Best local news...

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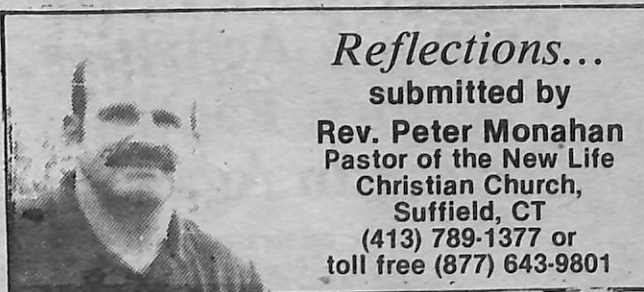
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More About The Origins Of Halloween...

Last week, we began a discussion about the origins of Halloween, which means "All Hallows Eve." All Hallows Eve is the day, or the eve, before All Saints Day, the day which the Church celebrates itself.

"Saint" simply means a person who has accepted Jesus Christ as his or her own personal Savior and Lord. "Saints" doesn't mean perfect people. We noted that sometimes, some Christians' behavior is less than admirable, and may even be a cause for people to either doubt the validity of the Christian gospel, or to possibly lose their faith.

People who think that church people who do not act like Christians are hypocrites are hardly alone, and they may even be right in some cases! However, it would not be correct to assume that all people who claim to be Christians, but whose current behavior doesn't always measure up to their claims, are necessarily hypocrites. Nobody is perfect this side of heaven.

As we mentioned last week, Christians aren't perfect either, just forgiven. Perhaps it might be better to consider that if God loves other imperfect people, we can be more assured that He loves each of us as well, even though we're imperfect, too.

We can also be satisfied that God has a way of taking care of those who undermine His message of love, forgiveness, redemption, and restoration. In recent history, certain televangelists whose lifestyles were a disgrace to God and the Church have been found out. God wants each of us to look beyond the messengers, particularly those of questionable reputation, and grasp the message itself.

In Scripture, we read, "And we thank God because, when you received the Word of God, which you heard from us, you accepted it not as the word of men, but as it actually is, the Word of God, which is at work in you who believe." Even if

Sponsored By Agawam Parish Association...

Second Annual Thanksgiving Day Dinner

The Agawam Parish Association is sponsoring the second annual *Kathy Manley Memorial Thanksgiving Day Dinner* to be held on Thanksgiving Day, November 25th from 12:00 noon until 3:00 p.m. at the Feeding Hills Congregational Church, 21 North Westfield St.

The churches of the Agawam community have come together as one body to prepare and serve this Thanksgiving meal to anyone in the Agawam community who wants to be with their neighbors on this special day.

Meals will be delivered to shut-ins, on-duty firefighters, police officers, and to those with

certain ministers compromised their ministries, the truth of the Gospel they proclaimed wasn't impacted.

It is said that Mahatma Gandhi said he would convert to Christianity if he could find but one Christian who actually and always lived like the Bible says we should. Apparently, he couldn't, so he didn't.

But Gandhi was wrong! He did not take into account Jesus' admonition, "So you must obey them and do everything they tell you." There is no such thing as a perfect church. However, that's not a sufficient reason to not believe in Jesus, nor to follow Him as best we can. There is perfect truth.

Jesus said, "I am the way, the truth, and the life. No one comes to the Father except through Me." Don't let somebody else's distortion of the truth, by way of word or deed, keep you away from the blessings God wants to pour out on each of us.

We should also keep in mind the natural human tendency to let "a few bad apples" color our perceptions. While it is true that some Christians have been a disappointment, it is even more true that many others have not. Many Christians have been, as a result of the power of God being at work within them, exemplary people.

The Apostle Paul wrote to the Thessalonians, "As apostles of Christ we could have been a burden to you, but we were gentle among you, like a mother caring for her little children. We loved you so much that we were delighted to share with you not only the Gospel but our lives as well, because you became so dear to us. Surely you remember our toil and our hardship; we worked night and day in order not to be a burden to anyone while we preached the gospel of God to you."

The history of the Church has been that it has given much more than it has taken, and that the world is far better off with us than without us.

The Apostle Paul prayed the following prayer for the church of Ephesus, which we would do well to pray for ourselves:

"I kneel before the Father, from whom His whole family in heaven and earth derives its name. I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge — that you may be filled to the measure of the fullness of God."

Happy All Saint's Day!

family members in area hospitals. Transportation for those who need a ride to the dinner will be provided.

The meal is free to all. Volunteers will prepare and serve the dinner. Donations of money, turkeys, and desserts are needed. Food donations may be delivered to Feeding Hills Congregational Church (786-5061). Checks may be made payable to the Agawam Parish Association, P.O. Box 267, Agawam, MA 01001.

For more information or to volunteer, contact Art Theobald at 789-4271. For rides and home delivery, call Carol at 786-1912.

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Church News - continued...

Agawam United Methodist Church Welcomes All!

Services each Sunday begin at 9:30 a.m. and last until 10:30 a.m., at which time there is a coffee social moment.

The rest of the Sunday is taken up by The New Covenant Church based on the Pentecost service. A Russian language church, they hold meetings from 12:00 noon to 2:00 p.m. and again from 7:00 to 9:00 p.m. They also meet during the week at night from 7:00 to 9:00 p.m.

On Fridays, the Cub Scouts hold sway from 7:00 to 8:00 p.m. Each day of the week, our Children's Center meets in the social hall; Monday through Friday from 9:00-11:30 a.m. and Tuesday, Wednesday, and Thursday from 12:30 to 3:00 p.m.

On Saturday mornings, a very warm but lively group of AA club members meets from 10:00 a.m. to 12:00 noon.

CHALICE DEDICATION

On November 7th, the church will be holding a dedication service for the donation of a new Chalice for communion services. It is appropriate on this day as a communion service is also provided.

The Chalice is to be dedicated in the loving memory of Henry and Annie Ashton, Leon and Grace Beeler, and Gwen Lamb. We invite all that have been acquainted with any of these people to come and be a part of this loving service.

UPCOMING HOLIDAYS

Thanksgiving Sunday will bring special music to the services and during Advent the choir will present "A Simple Christmas" program of music.

ADVENT BIBLE STUDY

You are invited to An Advent Bible Study called "Come Home for Christmas," led by your pastor. This is a Bible Study for all young adults and adults to be held after Sunday worship.

This Bible Study starts on the first Sunday of Advent on November 28th and ends on the fourth Sunday of Advent, Dec. 19th.

Each lesson includes a central Scripture reading, a brief reflection, study discussion questions and a suggested Christmas carol, and daily Scripture readings for the coming week.

The Advent Study Book will be given out on November 21st, a week before the study begins. There will be a small fee for each participant to cover the cost of the Advent book.

Join us, won't you? The church telephone number is 786-5310 and there is an answering machine, so please leave a message.

Please remember to patronize your local businesses...

* * *

Weekly Listing Of News And Notes From The Feeding Hills Congregational Church

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Our Sunday morning service of worship begins at 10:00 a.m., and this week will include the Service of Holy Communion.

Rev. Donaldson's sermon is entitled "The Politics of Jesus." The Lector this week will be Lani Kretschmar. The Bible reading will be Revelation 3:14-22.

Ushers will be Ben and Sharon Rozanski. Andy Kretschmar and Nick Pelter will be our acolytes.

Sunday School students will leave at a designated time for their lessons. Nursery care will be provided for the very young.

Worship will be followed by a Special Meeting.

Next Sunday, November 14th, will be Stewardship Sunday.

* * *

Volunteers are needed to make desserts for the Parish Cupboard on Wednesday, November 10th. If you are able to make a dessert (brownies, sheet cake, cookies, etc.), please have your contribution to the church kitchen by 12:00 noon on Wednesday.

A sign-up sheet is located on the bulletin board in Griswold Hall.

* * *

Make your reservations today for the Ladies Benevolent Society's annual Chicken Pie Supper! This delicious dinner will be prepared on Saturday, November 13th. Meals will be served at 5:00 and 6:15 p.m.

The menu includes chicken pie (of course!), whipped potatoes, butternut squash, green beans almondine, cranberry sauce, beet relish, rolls and butter, and beverage. Those who have room left

Third Thanksgiving Dinner Slated At Faith Bible Church

On Sunday, November 21st, the members of Faith Bible Church will be holding their third annual Thanksgiving Dinner open to the public at 4:00 p.m.

The dinner is an open invitation to anyone who would like to join us for some wonderful food and warm fellowship. Our church is located at 370 Shoemaker Lane in Agawam (next to the bus company).

Please join us. You won't be sorry.

* * *

Check our classifieds...

* * *

may top off their meal with a slice of homemade apple or squash pie.

Adult meals cost \$7.50; children under age eight, \$3; preschool children dine for free. A mini-bazaar and bake sale will be held also.

For reservations, please call Mrs. Betty Bava at 786-0679, or Mrs. Barbara Swanson at 786-5732.

Plans are in the works for another Community Thanksgiving Dinner here at this church. If you are interested in helping the Agawam Parish Association, please call Art Theobald, 789-4271, or Carol Treganowan, 786-1912, for further details.

Don't forget that Operation Friendship will host a Roast Beef Supper here on Saturday, November 6th, with continuous servings from 5:00 until 6:30 p.m.

This is a delicious way to help promote international friendship among our youth.

On the calendar:
Friday, November 5th: 7:00 p.m., Radio Club.
Saturday, November 6th: 5:00 p.m., Operation Friendship Roast Beef Supper.

Sunday, November 7th: 10:00 a.m., Service of Holy Communion followed by Special Meeting; 12:00 noon to 8:00 p.m., Church of Redemption.

Monday, November 8th: 4:00 p.m., Daisy Scouts; 6:30 p.m., Cub Scouts; 7:00 p.m., CE; 7:00 p.m., Trustees.

Tuesday, November 9th: 7:00 p.m., A.A.; 7:30 p.m., Stewardship & Missions.

Wednesday, November 10th: Parish Cupboard desserts needed; 2:45 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 7:00 p.m., Choir.

Thursday, November 11th: Veterans' Day; 7:00 p.m., A.A.

LEGAL NOTICE

LEGAL NOTICE

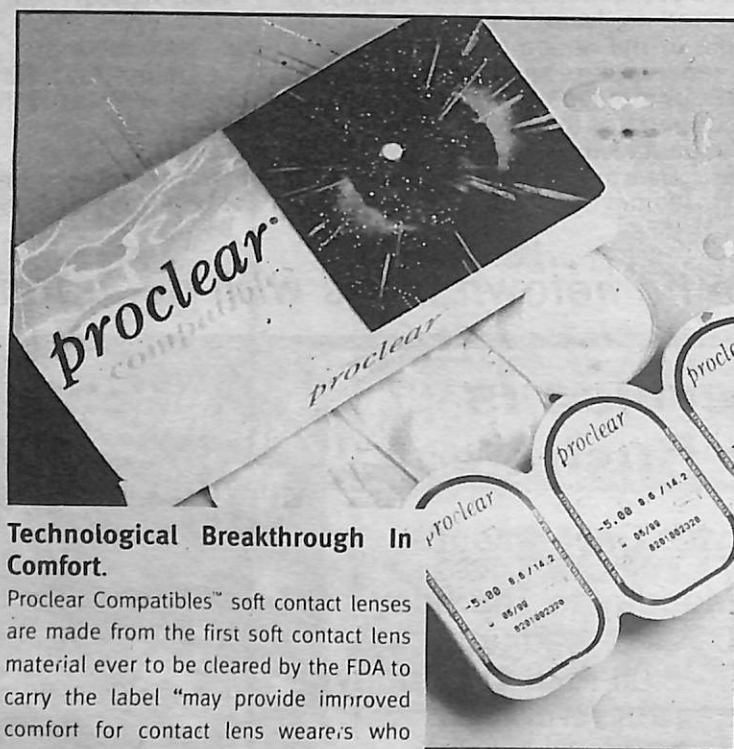
TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, NOVEMBER 18, 1999 at 6:30 P.M., for all parties interested in the petition of PAUL & ELEANOR BROZ, who are seeking a Special Permit in accordance with Section 180-46, Paragraph E of the Zoning Ordinances, which would allow for the repairing and servicing of equipment at the premises identified as: 624-626 SPRINGFIELD STREET.

Doreen Prouty
Acting Chairperson

Published: November 4, 1999

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Family Considerations

Church News - continued...



DR. ARNOLD G. FRUCHTENBAUM

Guest Speaker Coming To Faith Bible Church On Thurs., Dec. 2nd

Dr. Arnold G. Fruchtenbaum will be the speaker at Faith Bible Church on December 2nd at 7:00 p.m. Dr. Fruchtenbaum is the Director of Ariel Ministries, a Messianic Jewish organization, composed of Jews and Gentiles who believe in the Messiahship of Jesus.

Dr. Fruchtenbaum was born in Siberia, Russia, after his parents were released from a Communist prison. He received Orthodox Jewish training while a young boy and came to New York with his family in 1951.

He received his training in theology at Cedarville College in Cedarville, Ohio, and at Dallas Theological Seminary. He received his Ph.D from New York University. He studied Hebrew, archaeology, and ancient history at the Hebrew University in Jerusalem.

It was during this time that the now historic Six-Day War broke out between Israel and the Arab nations. Because of his first-hand observations of this critical period in Israel's history, and his study of the role of the nation of Israel in God's plan of world redemption, he is often asked to speak in Bible conferences all over the United States and other parts of the world.

"Dr. Fruchtenbaum will be speaking on the topic, *The Modern State of Israel of Bible Prophecy*," Pastor James R. Jasmin of Faith Bible Church announced.

At Good Shepherd Church...

"Shepherd's Marketplace" On Sat., November 13th

Visualize a marketplace brimming with fabulous gifts for all occasions and professional, quality offerings ... and you will have a glimpse of the bustling world of the "Shepherd's Marketplace."

The shopping extravaganza will return to the Church of the Good Shepherd, 214 Elm Street, West Springfield, on Saturday, November 13th, from 10:00 a.m. to 8:00 p.m.

The Market Basket will again be a highlight with the many professionally-made gift baskets (starting at \$5) suitable for Thanksgiving, Christmas, and holiday birthdays.

From the Arctic Market and Frosty's Place, there will be a fabulous assortment of penguins, reindeer, moose, and snowmen. A Wood Shed with decorative wooden items, a Country Store, a Second-Hand Rose (jewelry and collectibles), and a New Toy Emporium will entice shoppers with wonderful offerings at affordable prices.

The Baker's Rack will fill every sense with all types of food goodies — from tea breads, jams, and vinegars to homemade pies.

Lunch will be available with homemade soup, hot dogs, and hamburgers.

Make your reservations now for the all-you-can-eat roast beef dinner, which will follow on Saturday night with seatings at 5:00 and 6:15 p.m. The cost is \$7 for adults, and \$3.50 for children under 12 years of age. Dinner will include our famous dessert bar.

Call 734-1976 or 736-5242 for additional information and/or reservations.

Holly Wreath Bazaar At Ag. Congregational Church On Nov. 20th

The Ladies Aid Society of Agawam Congregational Church, 745 Main St., Agawam, is sponsoring a Holly Wreath Bazaar on Saturday, November 20th from 10:00 a.m.-3:00 p.m.

Homebaked foods, dried flowers, wreaths, house plants, fresh Christmas holly and greens, handmade gifts, crafts, interesting and stylish clothes from our boutique, candy, attic treasures, and a Children's Corner for our youngest patrons are a few of the items featured.

The Christmas Angel Cafe will be open from 11:00 a.m.-2:00 p.m., serving seafood salad plate with roll, pickles and chips, a ham or an egg salad sandwich plate with pickles and chips, or hot chicken vegetable soup and one-half sandwich with choice of egg salad, ham salad, or seafood salad. Dessert will be apple crisp with whipped cream or fruit compote (sugarless). Coffee or tea will be included.

A delightful food basket, including many other treats, will be raffled off. Be sure to buy your tickets.

Outside vendors will also be part of the fair. If there are others interested, please call 786-7111 as soon as possible.

St. John's Parish News And Notes

RELIGIOUS EDUCATION NEWS: SATURDAY MORNING PARENTS

Parents are the most important teachers of their children. During Saturday morning classes, our seminarian, John Gawienowski, will discuss a way parents can share some faith with their families. Over a cup of coffee, they will have a practical discussion.

The hour of waiting for the classes to be released could prove very helpful. Everyone is invited, not just parents of 1-4.

NEW CONFIRMATION CLASS

Beginning November 7th, classes will be held on Sunday nights at 6:30 p.m.

TRAFFIC ATTENDANTS

Anyone who can help, even part-time, is asked to call Annette Reynolds, 786-8105. Parents are asked to help by following the patterns established for safety.

Night comes earlier these nights, so care on Monday and Tuesday nights is critical.

AGAWAM CATHOLIC SINGLES CLUB

Our Parish Singles Club meets on the second Thursday of each month in the Parish Center. New members are always welcome.

The next meeting will be held on November 11th at 7:00 p.m., and a "Pizza Party and Scrabble" will be featured.

Call Joann, 789-0774, or John, 786-2273.

ST. JOHN'S OVER-60 CLUB

The Club is planning to attend "A Cabaret Christmas" at the Inn at Northampton on November 18th. The cost is \$36 for lunch, the show, and bus fare.

The group will leave at 10:30 a.m. and return by 4:15 p.m. For reservations, call Barbara, 569-9830, or Lil, 786-9586.

TUTORS NEEDED

The three-year program to assist students with academic needs has been expanded to the Junior High. Time spent is minimal; during the school hours or after-school, only one to two hours per week.

If you can help, call Mary Bennett at 786-3739, Sylvia Deliso at 786-1859, or Pat Roberts at 786-8580.

THE GIVING TREE

Already it is time to start preparing for something that has become quite special for our parish family — the annual GIVING TREE.

If you know of any needy family, please get the name to Sr. Mary Clare, our Pastoral Minister, at 786-4499 by November 9th.

"Church News" is a weekly feature of The AAN and is just one more reason why you turn our pages...

* * *

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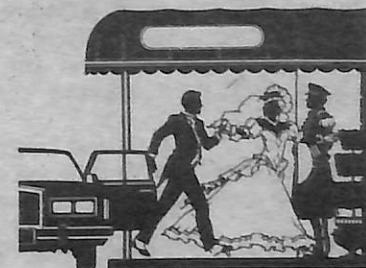
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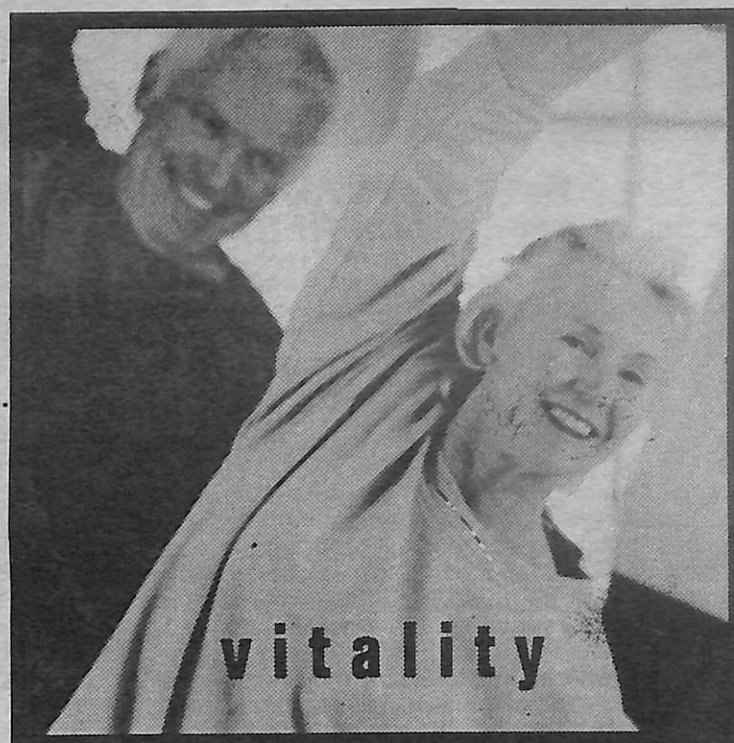
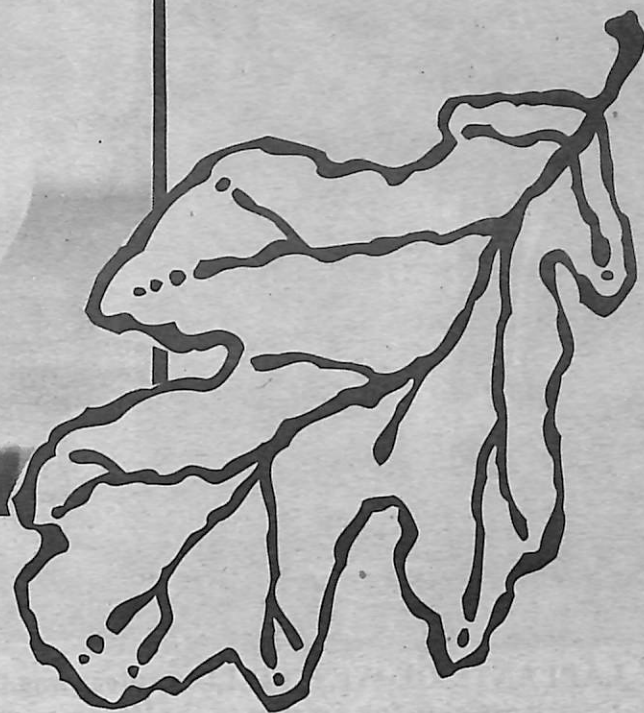
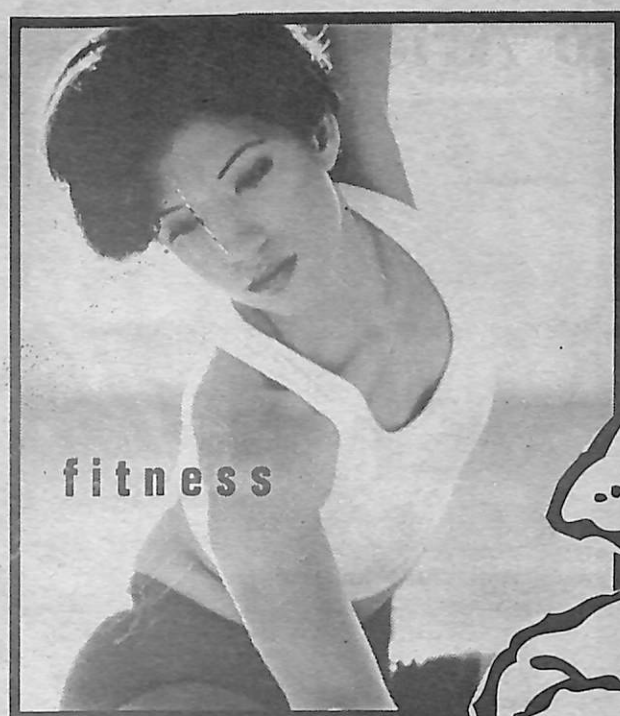
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Spotlight On Business



Timely Tips On How To Manage Your Finances

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Keep Your Money Working In Retirement (Part I Of II)

Just because you are no longer among the ranks of the gainfully employed doesn't mean your money can stop working. In fact, it's a time in your life when getting the most from your investment earnings is especially important.

So how can you keep your money hard at work to make sure it lasts as long as you need it? Consider these strategies:

Find a level of risk that you can live with. Now that you're retired, you can tuck your nest egg safely away in a certificate of deposit at your neighborhood bank and not worry about it, right? Your principal is secure, your return is guaranteed, and your investment is FDIC insured.

While it seems like a foolproof strategy for protecting your retirement dollars, it may not be the right move — especially if you are recently retired. That's because by choosing a conservative investment strategy, you sacrifice the higher potential reward that comes with more risk.

On the other hand, it may pay to be wary of aggressive and higher risk investments that keep you awake at night. It would be better to find a level of investment risk that's right for you and revisit your strategy regularly as your time frame and goals change.

Maintain a diversified portfolio. Diversifying your portfolio among the three basic asset classes — stocks (or stock funds), bonds (or bond funds), and cash (or cash equivalents) — allows the growth opportunities to be balanced by the lower risk of bonds and cash. While diversifying won't guarantee that you'll make money, it does help balance growth in one asset class with losses in another.

Don't forget about inflation. Even with the modest increases we've experienced over the past several years, inflation reduces your spending power over time. Consider this example: at four percent average annual inflation, \$1,000 is worth \$820 in five years; \$660 in 10 years; and just \$440 in 20 years.

While a return to the double-digit inflation rates of the late 1980's isn't expected anytime soon, no one knows for sure what the future will bring when it comes to cost of living. That's why it's important to avoid a portfolio that consists of all low-yielding assets that may not keep pace with inflation.

(To be concluded next week...)

"Timely Tips..." is a regular feature of The Agawam Advertiser News...

Congratulations To Arlene LaPlante



ARLENE LAPLANTE OF WESTFIELD (center) was the recent winner of the Westbank/Southwick Branch drawing for a cruise to the Bahamas and a trip to DisneyWorld in Florida. Offering their congratulations are (from left to right) Christina Dulcamare, teller; Rebecca Thompson, branch manager; Bob Marx, President of Landmark Tours (which provided the trip for the drawing); and Michael Lefebvre, Vice-President of Westbank. Advertiser News photo by Joan Lussier.

Linda Forsman Joins Landry/Lyons Realty

Charles E. Reiter, President of Landry, Lyons, Stearns & Yerrall/Better Homes and Gardens® is pleased to announce that Linda Forsman has joined the firm's Longmeadow-Shops office as a sales agent.

Ms. Forsman attended Asnuntuck College, Enfield, CT and Concordia College, Bronxville, New York where she received her Degree in Business Management. She also attended Harvard University School of Public Health, where she received her Executive Managed Care Certificate. Linda currently resides in Feeding Hills.

According to Senior Vice President of Sales, Mary Leahey, "We are pleased that Ms. Forsman has selected Landry, Lyons, Stearns & Yerrall to pursue her career in real estate."

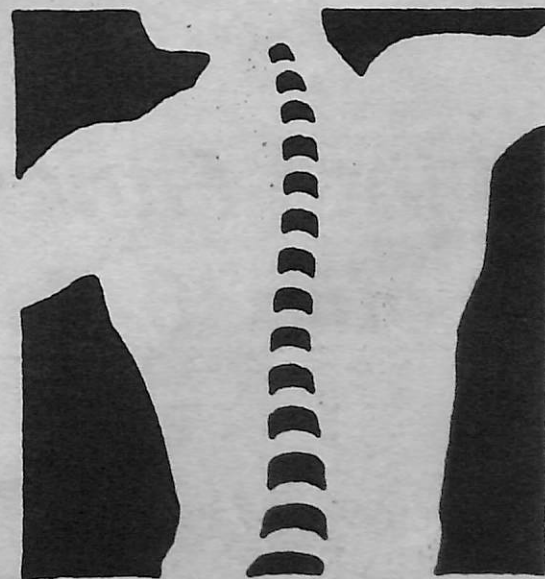
Landry, Lyons, Stearns & Yerrall/Better Homes and Gardens®, a GMAC Home Services company, is the largest real estate firm in Western Massachusetts with over 240 sales agents and 14 regional offices servicing Chicopee, Agawam/Feeding Hills, East Longmeadow, Longmeadow, Ludlow, Palmer, Sixteen Acres, Springfield, West Springfield, Westfield, and Wilbraham.

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Spotlight On Business - continued...



COMMON SENSE
with
Raymond Rose
THE PIONEER GROUP

Household Hints From
"The Pioneer Report"...

As many of you know, I publish an online newsletter for my clients named The Pioneer Report. I've listed below some of this month's edition. If you would like to be on my e-mail list, please subscribe by contacting me at RaymondRose@aol.com. Thanks!

Costly Cold Winter Ahead ... Natural gas supplies are expected to be tight for the coming heating season. If the winter is colder than average, prices may even move up from their already-high levels. **Home heating oil:** Prices will be higher than last year's bargain levels ... but the increase should be less than that for natural gas. **Gasoline:** There may be a short-lived price spike toward the end of the year. And then, as the new millennium moves along, gasoline prices will likely remain about where they are now, and possibly fall slightly.

Flame color on a gas water heater or furnace ... should be a soft blue-green in the center and orange on the outside. If the orange flame has a yellow tip — or the whole flame is blue — you might have a carbon monoxide problem. Call the gas company or a heating specialist to have the air mixture adjusted.

You can prevent bathroom mirror fogging ... by rubbing moistened soap on the mirror, then wiping it off with a towel. The area where soap was applied will stay fog-free for several weeks. Then simply add more soap.

Better lawn and garden ... Keep mowing until grass stops growing. Bulb planting time: Planting depth depends on bulb size. The amount of soil above the bulb should be about twice the bulb's diameter.

Find the cause of a basement leak ... by taping a 12-inch square of aluminum foil to a wall that tends to get damp. Seal all four sides of the foil as airtight as possible. Leave the foil alone for a day or two. If the side of the foil that was against the wall is wet, the problem is seepage from the outside. If the side that was facing into the room is wet, the problem is condensation inside the basement.

Rust on a hot water heater pipe ... does not necessarily indicate a leak. On some heaters — especially gas-powered ones — the rust can come from condensation from the burning of fuel. If you see rust, have the venting checked thoroughly before thinking about replacing the heater.

NEED REAL ESTATE INFORMATION QUICKLY?

Do you want to know what mortgage programs are best for you? Do you want to know what your home is worth? Do you have family and friends who may be interested in buying/selling a home? Do you need assistance in relocating? Would you like information on the prices of homes that have sold in your neighborhood? Simply e-mail your request or call me today!

Raymond Rose is a resident of Agawam, and the Principal of THE PIONEER GROUP, a professional real estate and financial services firm serving home buyers and sellers throughout the area. Comments and questions can be directed to his office (731-6800) or his e-mail (RaymondRose@aol.com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT - Online. It's filled with enjoyable and informative info helping to "keep life simple." Thanks!

Pam Savioli

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Did You Know...?

A home warranty increases the value of your home. According to *Business Week* magazine, a home covered by warranty protection can sell for up to three percent more on average than one that isn't covered.

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Call (413) 748-7565 for your free EPS limited home warranty when you list your home with PAM SAVIOLI.

Promotion Raises \$150,000 For Jimmy Fund...



AGAWAM RESIDENT AND JIFFY LUBE franchise owner, Peter Clark (far right), was instrumental in raising \$150,000 for the Jimmy Fund through a Jiffy Lube and Taco Bell promotion which ran throughout the summer. Clark recently joined (from left to right) Mike Andrews (former Red Sox second baseman and Chairman of the Jimmy Fund), Jordan Luongo (Jimmy Fund Clinic patient), Roger Lockwood (Taco Bell franchise owner), and Ray Hoeneisen (Executive Vice-President of Jiffy Lube) on the field at Fenway Park to present the check to the Jimmy Fund.

Legal
Memo

by
Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



Cohabitation (Part II Of II)

A woman who has cohabited with a man as an unmarried couple for approximately 25 years brought an action seeking declaration that a written property agreement they had entered was invalid.

In March of 1989, the plaintiff became involved in another relationship which spurred the defendant to seek legal advice regarding the parties' rights with respect to the assets acquired during their relationship. Pursuant to the defendant's request, his attorney drafted an agreement concerning the parties' respective rights.

The defendant presented the agreement to the plaintiff and told her that if she did not sign it, their relationship would be over and she would be required to move out of the house. A few days later, the parties signed the agreement before a notary public. At the time of the execution of the agreement, the defendant was worth approximately \$220,000.00, and the plaintiff was worth approximately \$35,000.00.

The issue before the Court was the validity of a written agreement between two unmarried cohabitants. The judge stated that "the defendant's testimony indicates that the primary pur-

pose of the agreement was to secure sexual fidelity to him from the plaintiff." The Court stated that their early decisions precluded the enforcement of an agreement between unmarried parties if the agreement was made in consideration that the parties should cohabit.

More recently, the Court has held that oral promises between unmarried cohabitants so long as "illicit sexual relations were not an inherent aspect of the agreement or a 'serious and not merely an incidental part of the performance of the agreement'" are considered valid.

Social mores regarding cohabitation between unmarried parties have changed dramatically in recent years, and living arrangements that were once criticized are now relatively common and accepted.

"In recent years, increased attention has focused on the advisability of unmarried couples entering into cohabitation contracts in which they ... detail the financial consequences of dissolution," the Court said.

The Court concluded that "to the extent we have not previously done so, we adopt the view that unmarried cohabitants may lawfully contract concerning property, financial, and other matters relevant to their relationship. Such a contract is subject to the rules of contract law and is valid even if expressly made in contemplation of a common living arrangement, except to the extent that sexual services constitute the only, or dominant, consideration of the agreement, or that enforcement should be denied on some other public policy ground."

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, MA. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

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Spotlight On Business - continued...

“Where’s Rhett???”

REAL ESTATE



KATHY AYRE, ANNE DEPALMA, AND ERIN BARTOLUCCI, realtors at Ayre Real Estate Co., Inc., recently dressed up as characters from “Gone With the Wind” and attended the Greater Springfield Assoc. of Realtors’ Halloween party at Chateau Provost in Chicopee. (Cindy Ayre also dressed in costume, but was not available when this picture was taken.)

Molta Associates
Announce New
Commercial Division

Robert P. Molta, President of Coldwell Banker Keenan & Molta Associates, is pleased to introduce a new commercial real estate division. Chet Kasperek will be managing the new division from the Agawam office. Kevin Lohnes will be working with Chet as a Commercial Real Estate Specialist in the Agawam office.

Coldwell Banker Real Estate Corporation is one of the largest franchisers of real estate brokerage firms who maintain commercial operations with more than 400 offices worldwide. COLDWELL BANKER COMMERCIAL affiliates serve the needs of a diverse mix of tenants, landlords, sellers, and buyers in the leasing, acquisition, disposition, and management of all commercial real estate property types.

COLDWELL BANKER KEENAN & MOLTA ASSOCIATES is the largest locally owned real estate company in Western Massachusetts, the second largest real estate company in the greater Springfield area and the principle broker for Cendant Mobility, the largest relocation company in the world.

Six offices and approximately 80 sales associates provide comprehensive home-selling, home-buying, mortgage, and relocation services to the greater Springfield area.

For more information, contact Chet Kasperek and Kevin Lohnes at 413-789-9890.

* * *

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* * *

Moyah Smith Joins
Keenan & Molta’s
Springfield Office

Moyah Smith has joined Coldwell Banker Keenan & Molta Associates as a full-time sales associate working out of the Springfield office, according to Barry Boccasile, V.P. of Corporate Development of Keenan & Molta Associates.

Prior to joining COLDWELL BANKER, Smith met the Massachusetts and West Virginia real estate licensing requirements and completed FastStart, the comprehensive COLDWELL BANKER training program. Smith has four years’ experience in residential real estate sales and experience as a loan consultant and sales manager for a local mortgage company.

Smith is a 30-year resident of Springfield and can be reached at 755-2400 or 783-2000.

Coldwell Banker Keenan & Molta Associates is the largest locally-owned real estate company in Western Massachusetts, the second-largest real estate company in the greater Springfield area, and the principal broker for Cendant Mobility, the largest relocation company in the world.

Six offices and approximately 80 sales associates provide comprehensive home selling, home buying, mortgage, and relocation services to the greater Springfield area.

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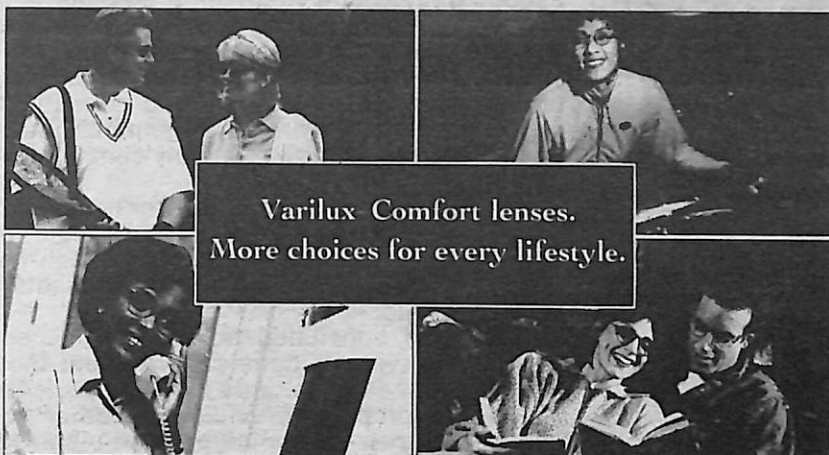
- Every **Monday** and **Thursday**, bring in a roll to be developed and receive a second set of prints or a roll of film for \$1.00 (1-hour, next-day service only, color only).
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- **Wednesday** — you buy one reprint and get the second one free from the same 35mm or 110mm negative (color, glossy paper only).
- **Friday** — bring in a roll of 24 exp. and/or 36 exp. to be developed and receive a free roll of film (1-hour service only/color only).

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Spotlight On Business - continued...**3rd-Quarter Results
From Westfield
Mutual Holding Co.**

Westfield Bank President Donald A. Williams has announced the third-quarter financial results for the Westfield Mutual Holding Company. Westfield Bank is the primary subsidiary of the Holding Company.

At the end of the quarter, total assets were at \$632,897,274 — up over \$50 million, or an 8.64 percent increase from the 1998 year-end total of \$582,550,240. Net income for the quarter was \$1,355,950, bringing earnings year-to-date to \$4,065,949.

According to Williams, "Our positive reception in the Springfield market, along with business and personal customers from all over our market area looking to do business with a local community bank, have been the significant contributors to our recent growth."

He added, "As a Mutual Company, we do not face the same challenges as the publicly-traded banks. Therefore, we can make decisions — like opening new offices and investing in our communities — that benefit our customers rather than out-of-the-area shareholders."

Headquartered in Westfield since 1853, Westfield Bank maintains offices in Agawam, East Longmeadow, Southwick, Springfield, Westfield, and West Springfield. The Bank offers a full line of financial products and services for personal and business customers.

**Keenan & Molta's
Multiple Sales Winners**

Southwick: It has been announced recently that GARY BURNETT, MARIA ACUNA, JOE COUGHLIN, BARBARA ADORNATO, SUE BERSELLI, DIANE DREWNOWSKI, CHET KASPEREK, JULIE LE BLANC, PEG LIS-BARONE, KATHY NEILSEN, FRANK PINNEY, LINDA SANTINELLO, CATE SHEA, RICH TARIFF, and DEB-BIE TAYLOR have each earned multiple sales awards and ranked among the top agents for COLDWELL BANKER CORPORATION in the state of Massachusetts during the second quarter of this year.

Launching "CREST EDG"...**Century 21 Rolls Out Technology
Platform For Franchise System**

Internet-Based Reporting & Web Site Listing Are First Steps In Comprehensive Strategy

Cendant Corporation's Real Estate Division has announced the introduction of a new Internet-based electronic reporting and office management tool to serve as the technology backbone for its franchises as they enter the next century.

In late September, the CENTURY 21 System became the first of Cendant's real estate companies to roll out CREST EDG ("Cendant Real Estate Systems Technology Electronic Data Gathering"). The COLDWELL BANKER® and ERA® franchise systems will introduce customized versions of the CREST EDG platform by the summer of 2000.

The successful CENTURY 21 launch of CREST EDG is the most notable deliverable to date in Cendant's more than \$40 million investment in new technology for its three residential real estate brands. CREST EDG is designed to facilitate a quick, accurate, and paper-free exchange of transaction and office information between CENTURY 21 franchises and the CENTURY 21 Operations Center.

With CREST EDG as the platform, franchises will ultimately be able to utilize a variety of web-based products developed by Cendant — from comprehensive office management systems to cutting edge e-commerce tools — to help them better manage their operations and more efficiently interact with their franchisor.

"With the introduction of CREST EDG, the CENTURY 21 franchise system and its members become the industry leaders in yet another category," said Robert Moles, President and CEO of Century 21 Real Estate Corporation. "CREST EDG will make a tremendous difference in the

way our offices manage their operations and market their listings. We're thrilled to be the first Cendant company to roll out the system and use its capabilities to improve our service to our brokers, agents, clients, and the public at large."

To utilize the system, brokers simply need an Internet connection. There are no software costs or maintenance involved, nor will offices need to network their computers in order to utilize CREST EDG.

In addition, all U.S. CENTURY 21 Offices in good standing received a free scanner to facilitate the process of sending photos along with their listings through CREST EDG and on the CENTURY 21 web site.

The CENTURY 21 System has held seminars and training sessions on CREST EDG for several months. As part of the roll-out, Century 21 Real Estate Corporation also provided a comprehensive online tutorial and various in-person training opportunities at broker and agent meetings.

Moreover, a centralized support staff is available to answer technical questions, and franchise service staff are trained to assist offices on operational questions.

Century 21 Real Estate Corporation is the franchisor of the world's largest residential real estate sales organization, with more than 6,300 independently owned and operated franchised broker offices in more than 25 countries and territories worldwide.

Century 21 Real Estate Corporation is a subsidiary of Cendant Corporation (NYSE: CD).

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

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When you arrive at the Italian Sporting Club, you will be presented with an Official Race Program that contains the names and numbers of horse entries for the races to be run on film.

Simple instructions in the manner of playing A Nite At The Races, including the purchasing of tickets and the distribution of scrip money if used, will be given in detail.

Six exciting races will be played during the evening. Daily Doubles, Quinellas, Exactas, and other special games will be included to round out a full program.

Every device is employed to simulate your actual presence at the track ... betting windows, posting odds, computing payoffs, parades to the post, opening of the gates to start the races, closeup views of photo-finishes, posting the final results on a tote-board, and finally the actual payoff.

The method of presentation as suggested by A Nite At The Races, Inc. provides assurance that absolutely no one can know the winners in advance.

Make your reservation NOW by calling Don Hanna at 786-3946 or Joe Conte at 786-6700. (Invite your friends.)

**Date: November 12, 1999 — Doors open at 7:00 P.M. / Post Time 7:45 P.M.
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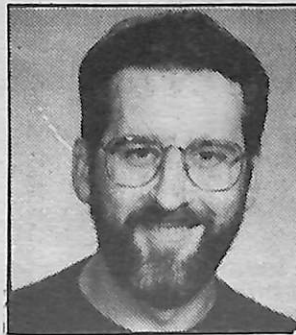
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For Your Health



"Let's Talk About It"

by Dan Pender
Marriage &
Family Therapist
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Agawam, MA 01001
(413) 789-4460

Trusting Another Person Is Risky...

I invite your comments, stories, and feedback to what I write each week, never knowing what to expect. Sometimes there is little to no direct feedback, while other times I'm overwhelmed with the response to a particular piece.

I take a risk with you each week. Sometimes I talk about my own life experiences that are close to my heart from the distant and more recent past. Last week, I was truly overwhelmed by the outpouring of support from many of you during this grieving time for my grandmother. I thank you.

Taking a risk can be very helpful to the living process. Yet, not all attempts at risk-taking prove to be so supportive or helpful; at least, that's the way it can appear at the moment.

Have you an experience that comes to mind? You know, the kind of experience you've had when you took a risk in a relationship that you never thought would amount to anything positive for you or the relationship and something beneficial resulted? Either right then or later on?

Maybe all that happened was that you learned to take a small step into trusting someone again? Or maybe you came to later find out that a trust wasn't broken or there was no malice intended to an act or word(s) spoken?

Do you have experiences when you think someone is out to harm you with the very thoughts or feelings you may have confidentially revealed to them? Some might sarcastically say I've just described modern-day relationships or marriage.

Risk-taking in a relationship can become the very fuel for fire or vehicle for inflicting damage to another person. Yes, this type or level of intimacy has a cost! So, too, is the kind of risk-taking that provides the very portal into the soul, your soul, another person's soul.

Without this channel, this opportunity into the "vulnerable," life can not meaningfully exist. At least as far as this author's experience of meaningful living teaches.

What makes risk-taking such a vulnerable act is the presence or lack of presence of *good boundaries*. Boundaries being good? Is this possible? Aren't most of us from (I really don't like this term) "dysfunctional" family systems?

Aren't we all really just looking to repeat old, comfortable patterns with another person? Isn't home the place we learn how to "do" relationships, despite how painfully unpleasant this has been and/or can continue to be?

We each have our own unique experience of what is "normal." My view of what constitutes a good or sufficient boundary is subjectively different from your experience.

Yet, how many of us go into risk-taking relationships negotiating and working on what makes a good or healthy boundary? Is it possible healthy boundaries can enable me (us) to live a meaningful, intimate, risk-taking life?

Some say developing these types of relationship skills are best done during courtship and marriage preparation. Others say that's what being married is really all about. I and other clinicians claim that this type of healthy negotiating for good boundaries most typically happens later into the relationship. Sometimes no sooner than 10 to 15 years into the relationship.

Boundary-setting and real risk-taking are not for the faint of heart. It is a commitment into the single greatest act of intimacy I know of, namely, truly caring for your "self" and risking being with another person doing the same while being different. This requires a certain level of maturity.

Most of us cling to the past way of knowing how to "do" a relationship. This way often gives us the greatest comfort in not having to be separate persons. Being overly connected or lacking good boundaries becomes the "norm."

What risks await you? What ways of caring for your "self" are you in need of? How are the ways you already are caring for your "self" informing you about personal intimacy and the attached risks of sharing yourself with another person?

More on this to come; in the meantime ... please e-mail (AOL screen name: dpmft449), telephone, or write me with your feedback, relationship questions, and topics and "Let's Talk about it."

Dan Pender, MA, MFT, is a Marriage & Family Therapist with a private practice in Agawam, MA. He is a Clinical member of the American Association of Marriage & Family Therapy and can be reached by e-mail (AOL screen name: dpmft449) or P.O. Box 449, Agawam, MA 01001, (413) 789-4460.

Mini Health Fair Sponsored By Heritage Woods And STCC

On the morning of October 13th, Garrett's Gathering, the activity room at Heritage Woods Assisted Living in Agawam, was bustling with freshman nursing students from Springfield Technical Community College and elder citizens, most residents of Heritage Woods.

The occasion was the first Mini Health Fair sponsored by Heritage Woods and STCC. Accompanying the students was Eileen Neville, EdD, Dean of the STCC School of Nursing, and Laurie Downes, PhD.

The relationship between STCC and the Heritage Campus has been a long and productive one. Two years ago, freshman nursing students toured Heritage Woods and got a sense of the alternatives that assisted living offers to elders.

In 1998, the students provided the weight and blood pressure checks that are a part of Heritage Woods' weekly "Wellness Wednesday" program. The health fair this year was an expansion on that concept.

Heritage Woods resident Joseph Vetta said he enjoyed the fair and the goodies to sample. Frank Miller, also of Heritage Woods, complimented the students for providing a valuable service and for being so pleasant in doing so. Staff member Marion Goldrup's favorite was the stress reduction/relaxation booth.

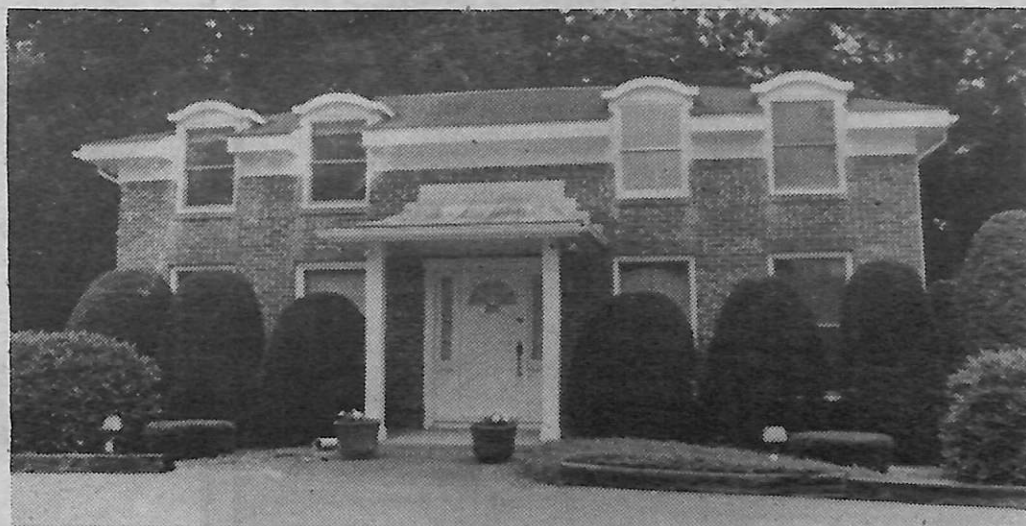
When asked why Heritage Woods was a good starting place for clinical experience, Dr. Downes of STCC stated that the first few weeks of clinical experience is with the well population. She pointed out that the entire first semester is focused on wellness, health promotion, and maintenance.

As registered Eden Alternative site, Heritage Woods encourages intergenerational exchanges such as those that took place during the health fair. Such positive experiences contribute to the health and well-being of all involved. There is speculation that next year's health fair will feature an even more expanded variety of services and educational opportunities.

For more information about the STCC Nursing Program, call 781-7822. For information related to Heritage Woods or assisted living, call Lois Goralski at 786-9704.

ADVERTISER NEWS

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More Tips On Leaf Raking...

I'm beginning to see those patients who have overdone their leaf raking! A recent column of mine gave some helpful hints. Apparently, it needs some further awareness.

Those who raked and raked and raked and bent repeatedly, stuffing more than necessary into leaf bags, have been left with more than the satisfaction of a job well done. Back pain and associated leg pain that remains for more than a few days can mean troubles in the spine.

The amount of physical stress to the lumbar spine (lower back) during leaf raking is equivalent to shoveling snow after a heavy snowstorm.

For many of us, this yearly ritual causes aches and pains, especially in the lower back. In some, the pain just won't go away. Leaf raking is strenuous to the muscles and ligaments of the lower back. All that twisting, pulling, and bending is especially hard on the spine. Spinal subluxation (misalignment of vertebra) often occurs in the lumbar region. Disc problems may also result.

To diminish the odds for those undesirable problems, it's important to keep your back in good shape. Next time, warm up before beginning your work. Slowly stretch and limber up the muscles in your back. Don't forget your leg and arm muscles, too!

Remember to alternate raking from the left and right sides to maintain proper balance of the spinal muscles. When loading leaves into a bag, be sure to bend your legs rather than your back. Keep these bags small when the leaves are damp and heavy. Even if you are in good physical condition, shifting and compression of the spinal vertebrae and discs may occur.

When the pain doesn't go away in a reasonable time, spinal examination and appropriate chiropractic treatment is advised. By correcting improper alignment and abnormal function, your chance of having back pain or more serious spinal problems is less.

For further information, call the SCHLAFER CHIROPRACTIC OFFICE at 789-1369.

For Your Health - continued...*November Is Alzheimer's Awareness Month...***Normal Memory Loss Vs Dementia****by Susan Brooks, Director, & Judy Pothul,
Admissions Director — The Atrium**

Have you ever misplaced your shopping list, forgot to call a friend back, lost your car keys, or parked the car in the parking lot and an hour later couldn't find it? These are everyday occurrences and part of benign memory loss, or forgetfulness, that can happen to any one of us.

The important thing to remember is that eventually the person remembers, is able to solve the puzzle, is able to recall parts of the situation. A person with normal forgetfulness can make notes, follow directions, and use other cues to help with recall.

The problem arises when the person forgets the entire situation or circumstance. For example, you can't find your car in the parking lot (normal memory loss) versus you don't remember driving your car to the parking lot. In fact, you can't remember how you got there (dementia).

There are many causes of memory loss. Misuse of medications, improper nutrition, thyroid problems, following surgery, or a bout with the flu following a high fever. These conditions can all be treated medically and are reversible.

Dementia, on the other hand, is progressive. There is no treatment, and therefore no cure for this type of memory loss. Instead, it gets noticeably worse as time passes.

Dementia is not a result of normal aging, but is a disease which should be diagnosed by a physician after medical testing is done to rule out any of the treatable causes.

Dementia is a broad category of diseases indicating permanent memory loss. Some of these diseases include Parkinson's-related dementia, vascular dementia, Pick's disease, and the most common form of dementia, Alzheimer's disease.

The onset of dementia is very slow, and the individual can compensate for the losses and cover up the problem for some time. As the disease progresses, the individual has more severe memory lapses. Communication is affected, as well as reasoning, thinking, decision-making, and especially judgment — all of which impact the individual's work, family, and social life.

Good planning is the key to providing the very best care for your loved one. Making decisions before a crisis arises is much less stressful and the preferred choice.

If your loved one has been recently diagnosed with Alzheimer's disease or a similar form of dementia, plan to attend one of our free support groups.

For more information or to schedule a tour, please call The Atrium at (413) 821-9911.

**The Atrium To Sponsor Nov. 4th
Program On The Issues Of Aging**

November is Alzheimer's Awareness Month and the diagnosis can be devastating to families. To help address relevant issues, The Atrium at Cardinal Drive and the Chicopee Council on Aging are sponsoring a free educational seminar on Thursday, November 4th from 1:00-3:00 p.m. at the Chicopee Senior Center.

Area professionals will talk on a variety of topics, including issues around driving and dementia, the importance of a will, health care proxy, durable power of attorney, and declaration of homestead, the role of long-term care insurance, including a discussion on shortfalls in Medicare, HMO's and private insurance, and understanding assisted living and special care facilities, and the services they provide.

Presenters include Dr. Mitchell Clionsky, clinical psychologist, Attorney Alan Ferrigno, Donald Hanifin, Jr., insurance specialist with Chase, Clarke, Stewart & Fontana, and Judy Pothul, Director of Admissions at The Atrium.

For more information and directions to the Center, please call 534-3698.



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**community
programs****Support Groups:**

Alcoholics Anonymous: *Free of charge.*

All are welcome, Sunday evenings. 8:00 - 9:00 p.m., Conference Room A.

Bereavement Support Group: *Free of charge.*

For those who have experienced the death of a loved one within the past year. 1st, 2nd, and 3rd Wednesdays of the month. 6:30 - 7:30 p.m., Bronson Music Room.

Better Breathers Support Group: *Free of charge.*

Open to individuals with respiratory or pulmonary difficulties and their support persons. 2nd Wednesday of the month. 2:00 p.m., 3rd floor Cardiopulmonary Classroom. For more information, call Tom Trembley, RRT, CPFT at (413) 568-2811, ext. 5558.

Caregivers Support Group: *Free of charge.*

Open to those who are caring for someone with a life-threatening illness. 2nd and last Wednesdays of the month. 4:00 - 5:00 p.m., Bronson Music Room.

Crohn's and Colitis Support Group: *Free of charge.*

Open to persons with Crohn's or Colitis and to their spouses/partners. Tuesday, November 16, 7:00 - 8:00 p.m., Conference Room A.

Diabetes Support Group: *Free of charge.*

Open to individuals who have diabetes and their support person. 4th Tuesday of the month. November 23, 12 noon: Thanksgiving Dinner, sponsored by Lifescan, Inc., a Johnson & Johnson Co., followed by "What's New in Diabetes?" at 1:00 p.m. with Karen Ranen, M.S., R.N., C.D.E., Diabetes Nurse Educator at Noble Hospital, Conference Room A. Pre-registration required, call Health Beat at (413) 568-2328 by November 16.

Stroke Support Group: *Free of charge.*

Open to individuals recovering from a stroke and their spouses, caregivers, and other interested persons. 2nd and 4th Wednesdays. 5:30 - 6:30 p.m., Bronson Dining Room. For topic information, call Barbara Boulanger, MSW, LICSW at (413) 568-2811, ext. 5558.

Classes:

CPR Course (American Heart Association Adult, Child, & Infant Certification):

Wednesday, November 17, and Wednesday, November 24, 6:30 - 9:00 p.m., Education Department/Ground Floor. Must attend both sessions, \$45.00.

"Forgetting Cigarettes":

2-part smoking cessation program that uses hypnosis to eliminate your desire of smoking and allows you to forget cigarettes. Sunday, November 7, and Sunday, November 14, 7:00 - 8:30 p.m., Bronson Music Room. Must attend both sessions, \$40.00.

FREE Class and Screening:

Cosmetic and Plastic Surgery:

Tuesday, November 16, 6:30 - 7:30 p.m., Conference Room B. Are you thinking about body contouring surgery, facial surgery, or skin care procedures? Learn more about these procedures and observe a chemical peel demonstration. Complimentary personal consultation available by Gary Russolillo, M.D. Pre-register by calling Health Beat at (413) 568-2328.

Free Oral Screening:

Wednesday, December 1, 11:00 a.m. - 2:00 p.m., Treatment Room, Ambulatory and Surgical Care Center. Oral or mouth cancer most commonly involves the tissue of the lips or tongue. An annual oral examination by a dentist or a physician should be considered for persons over the age of 40. Oral Screenings will be done on a first-come, first-served basis and take 5-7 minutes. For more information, call Health Beat at (413) 568-2328.

**NOBLE HOSPITAL**

Quality Care Close To Home
115 West Silver Street, Westfield, MA

**Affiliated with University of
Massachusetts Medical Center**

For Your Health - continued...

A True "Inspiration For A Cure"

The Western Massachusetts Epilepsy Awareness Committee (WMEAC) works all year long to raise public awareness and provide assistance to those who live day-to-day with epilepsy.

November is "National Epilepsy Awareness Month," and we would like to give a WMEAC update.

Many of you know 13 year-old Michael Pietroniro of Feeding Hills and are familiar with his struggle to control the daily seizures that have been part of his life since the age of eight months. This past summer, while most of us were on vacation, spending time with family and friends and attending camps, Michael Pietroniro was fighting for his life in Boston Children's Hospital.

On July 3, 1999, Michael was rushed into the Pediatric Intensive Care Unit because he was in "status epilepticus" - which means he was having non-stop seizures. Due to the severity of the seizures and not being able to stop them, the doctors placed Michael into a pentobarbital coma to try to give his brain a rest. Attempts to awaken Michael from his coma failed and he remained comatose for 3½ weeks. Unfortunately, when Michael did regain consciousness, his seizures returned and once again all the medications routinely used to stop "status epilepticus" failed!

On July 26, 1999, Michael underwent seven hours of brain surgery to place grids on the surface of his brain. These grids are used to identify the area of the brain where the seizures originate. However, this proved to be one of the most devastating ordeals that Michael and his family have yet had to deal with. Due to post-operative complications, Michael's brain swelled and he slipped into a deeper coma. The doctors weren't sure he would survive the night.

It would be two weeks before Michael regained consciousness and returned to the operating room to have the grids removed. During this surgery, the doctors performed a procedure (multiple subpial transections - MST) where a cut is made into the brain tissue to interrupt the seizure pattern. This procedure was performed in three different locations on the right side of his brain. It was another week before Michael opened his eyes and recognized his family.

After enduring 12 weeks in the hospital (6½ of them in ICU), Michael is now back at home with his family. He is learning (once again) to sit up, walk, and talk. His incredible strength shines through in his famous smile!!!

This year's Annual Dinner-Dance for Epilepsy



THIRTEEN YEAR-OLD Michael Pietroniro of Feeding Hills, who recently returned home after 12 weeks of hospitalization.

Awareness will be held on Saturday, February 26, 2000. Please mark your calendars and plan once again to be part of this very special event held at Chez Josef in Agawam.

Last year, the WMEAC raised over \$20,000. The funds were donated to Camp Wee Can Tu - A Camp for Champs, the first camp in Massachusetts for kids with epilepsy.

Please support our efforts to help Michael and all of our "Inspirations for a Cure" by attending the Dinner-Dance with your friends - it's a great time! You may also want to consider sponsoring an advertisement in our Event Program.

For more information, or to obtain tickets, call Carol Pietroniro at (413) 786-9452, Sue Hearn at (413) 789-1529, or Sharon Collins at (413) 789-0058.



Chiropractic Care
by
Dr. Tami Nelson
Chiropractic
Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Children - Amazing Creatures

Children are pretty amazing creatures. They learn so quickly and readily, once they've been exposed to something, it's part of their lives.

I was made aware of this recently with my son, Jack. Jack is seven years-old and has been treated with chiropractic care since he was an infant. Last week, Jack was fighting a mild fever and stayed home from school. He did what most seven year-olds do - laid on the couch, watched TV, played Pokemon gameboy, and had his parents catering to his every whim.

That evening, Jack was rubbing his neck and stated, "Mom, my neck isn't right. I need an adjustment." Laying down on the sofa improperly for a long period of time caused his neck to get stiff and locked up. He knew this wasn't right. It didn't feel like it was supposed to. By getting an adjustment, it restored proper motion and function of the joints in the spine and eliminated any potential for future problems.

Jack was aware of his body. Unfortunately, many people ignore the warning signs the body exhibits until it becomes a major problem.

How many of us live with a chronic, nagging pain and choose to ignore it? The pain is your body telling you something is not right. Think of your body as a car. If your car was making a funny noise, would you just ignore it and hope it would go away?

No, it's saying something is not right; fix it before it gets worse. What happens if the problem is ignored is that other "parts" compensate for the problem and eventually that puts a strain on the whole system.

So, before a minor problem becomes major, get the system adjusted! Think like a child; be aware and get the problem fixed today to prevent problems tomorrow.

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

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For Your Health - continued...



Fitness Tips...

by
Carmela Kirk, R.N.
Fitness Director
Fitness First

The Overweight Child...

I have had plenty of questions lately about children exercising and losing weight. Do children need to be on diets to lose weight?

Can too much exercise hurt a child? Should children be drinking more water? Children are not little adults. Their bodies have their own different needs and parents have to be aware of them in order for their child to become a healthy adult.

Exercise is good for everyone, children and adults. However, an overweight child can't afford not to exercise. These children need more than average cardiovascular work and resistance training. When putting your overweight child on an exercise program, there are a few things to keep in mind.

First of all, they most likely will be self-conscious, so don't push them. Let them find an activity they like and will continue. If the child doesn't like it or enjoy it, they won't continue. Think about how hard it is for you to continue an activity that is good for you, but you don't enjoy. How can you expect your child to do it?

I'm not going to focus too much on exactly what to do only to remind parents that exercise is vitally important to maintaining proper weight. Parents can consult a trainer for guidelines and specific recommendations. Once an exercise program is established, be sure your child is consistent and increases his/her overall daily activity.

Also consider what your child is eating. There is no big secret except to keep to the food pyramid they were taught in school. It's all the stuff we know is good for us, they just need more of it. Overall, we don't recommend weight loss for children.

They are still growing, maintaining weight, and continued growth is what's important. They do NOT need empty calories, such as candies, chips, and soda. Foods with no nutrients are useless. Vegetables, carbohydrates, dairy, and fruit are real important.

Consider a big variety of foods if you can. Depending on age, their taste buds may be very sensitive. Be patient with trying different foods. Remember, role modeling is very effective, so parents need to eat wisely also. Discourage low calorie diets. You don't want to impede their growth. In some cases, an appointment with a dietitian could be very valuable.

Lastly, but very importantly, water is a vital piece to every child's development, especially the overweight child. Do all you can to encourage it. I can't emphasize that enough. There's no substitute for plain water. Thirst-quenching drinks (such as Gatorade) are fine in addition to water, but is not an acceptable fluid in place of it. Children and adults should always remember one key fact when it comes to fluids - if you are thirsty, your body has already begun to dehydrate. Don't let it get to that point. Drink plenty of water all day.

Parents, don't lose hope. Overweight children do not have to become overweight adults. Encourage exercise, plenty of healthy foods, and lots of water. Lifestyle changes can do wonders for health and self-esteem.

Cancer Support Group Meetings At Mercy Hospital In Spfld.

Persons with cancer, their families, and friends are invited to attend Mercy Hospital's Cancer Support Group. The free meetings are conducted Mondays at 7:00 p.m., in the hospital's Deliso Conference Center, 299 Carew St.

The group offers information on topics of interest to cancer patients, and provides an opportunity to share experiences in a friendly, supportive atmosphere. Meetings are facilitated by Sr. Madeleine Joy, S.P., of Mercy's Pastoral Care Department.

For more information, call the Pastoral Care Department, (413) 748-9453.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...



Food for Thought

by Nancy Dell
Registered Dietician

"One Fat May Help Pregnant Women Avoid Early Labor"

Important health news for mothers and their babies at American Dietetic Conference.

Pre-term birth is one of the most common causes of infant death in the U.S. costing billions in health care every year. Emerging scientific data indicates that a vital fatty acid, when added to the diets of pregnant women, may prevent the onset of premature labor: DHS, or docosahexaenoic acid, an important nutrient in the development of infant brain and eye tissue.

The new research suggests foods enriched with DHS, such as eggs, may help moms like Robin Luff give their babies a healthier head start.

Robin Luff says, "I've added DHS to my diet during my pregnancy to reduce the risk the baby will be born early, and then I plan on using it after the baby's born to help the baby's eye and brain development."

DHS is an Omega-3 polyunsaturated fatty acid. This vital nutrient is found in every human cell and

is important for good health. Doctor James McGregor is currently conducting groundbreaking research at Denver Health Medical Center. He projects that DHS-enriched foods and supplements aid in the prevention of pre-term birth.

Dr. James McGregor says, "There is already considerable research that's showing DHS intake during pregnancy supports a normal, healthy pregnancy. At our hospital, we're doing a large, prospective study looking to see if DHS intake during pregnancy can reduce the rate of pre-term birth and also reduce the rate of high blood pressure in pregnancy."

Americans have one of the lowest levels of DHS in the world because they don't eat enough foods rich in the nutrient, such as cold-water fatty fish, including salmon and tuna, and fortified eggs. Breast milk naturally contains DHS, but the amount varies directly in response to the mother's diet.

Robin Luff believes adding DHS-enriched eggs in her diet helped her have two healthy pregnancies, and is now playing a strong role in her baby's brain and eye development. Emerging scientific research show DHS also offers health benefits for the heart, mind, and body that start in the womb, and may last a lifetime.

For more information on DHS, Premature Delivery, and DHS-Enriched Foods, call 1-888-599-4DHA.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association. She can be reached at 850 Springfield St., Suite 4, Feeding Hills, MA 01030; (413) 786-2957. Accepting Tufts, Secure Horizons, and Harvard Pilgrim.

Health Screenings Offered In November At Mercy Hospital In Springfield

Mercy Hospital will conduct cholesterol and blood glucose screenings Thursday, November 18th, 8:00-10:00 a.m., in the Memorial House Auditorium on the hospital campus, 271 Carew St.

There is a \$10 donation for the cholesterol screening; a \$2 donation is requested for the blood glucose screening. Fasting for 12 hours (water is allowed) prior to testing is recommended; results will be mailed to participants.

No advance registration is required. For more information, call the Patient Education Department, (413) 748-9024, weekdays between 8:00 and

9:00 a.m., or leave a message.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS' member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

* * * * *

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

* * * * *

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For Your Health - continued...

Support Groups & Programs At Noble Hospital

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome.

Stroke Support Group: Wednesdays, November 10th and 24th, 5:30 to 6:30 p.m. In the Bronson Rehabilitation Center Dining Room at Noble Hospital.

Free of charge and open to individuals recovering from a stroke and their spouses, caregivers, and other interested persons.

Participants are encouraged to suggest topics for future meetings. Call Barbara Boulanger, M.S.W., L.I.C.S.W., 568-2811, ext. 5809.

Better Breathers: Wednesday, November 10th, 2:00 p.m. In the Third Floor Cardiopulmonary Classroom at Noble Hospital.

The topic will be "Pulmonary Potpourri." Please call ahead and tell us the topics you would like to discuss.

Free of charge and open to individuals with respiratory or pulmonary difficulties and their support persons.

Please call (413) 568-2811, ext. 5986, with topics.

Diabetes: Tuesday, November 30th, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

Free of charge and open to individuals who have diabetes and their support persons.

For more information, call (413) 568-2811, ext. 5178.

Free Athletic Injury Clinic: At Noble Hospital's Sports and Rehabilitation Center, 76 Main Street, Westfield.

Two clinics will be held in November with a health care professional who will evaluate athletic injuries. Based upon the evaluation, remedial exercises or physician referral may be recommended.

Please call Noble Hospital's Sports and Rehabilitation Center at (413) 562-3522 for dates of the free clinics and to schedule an appointment.

ment.

Smoking Cessation Program - "Forgetting Cigarettes" with Joseph Barako, R.N., Certified Hypnotherapist: Sundays, November 7th and 14th, 7:00 to 8:30 p.m. In the Bronson Music Room at Noble Hospital.

This two-part program uses hypnosis to eliminate your desire for smoking and allows you to forget cigarettes forever. The registration fee for this program is \$40 and is paid the evening of the first session.

Seating is limited, and pre-registration is necessary. To pre-register or for more information, call Noble Hospital's Health Beat at (413) 568-2328.

Crohn's and Colitis Support Group: Tuesday, November 16th, 7:00 to 8:00 p.m. In Conference Room A at Noble Hospital.

For additional information about the Crohn's and Colitis Support Group, please call Noble Hospital's Health Beat at (413) 568-2328.

Cosmetic/Plastic Surgery with Dr. Gary Russolillo: Tuesday, November 16th, 6:30 to 7:30 p.m. In Conference Room B at Noble Hospital.

Gary Russolillo, M.D., will present a lecture about Body Contouring Surgeries, Lip Enhancements, Facial Surgeries, and Skin Care Procedures. Also included will be a live chemical peel demonstration.

The presentation will be followed by a complimentary personal consultation. Registration is free, and seating is limited.

Pre-registration is required. To register, call Noble Hospital's Health Beat at (413) 568-2328.

CPR Course: Wednesdays, November 17th and 24th, 6:30 to 9:00 p.m. In the Education Department/Ground Floor at Noble Hospital.

This two-part course provides American Heart Association Adult, Child, and Infant Certification. The cost of the course is \$45.

To register or obtain more information, call Noble Hospital's Education Department at (413) 572-5172.

Caregivers' Support Group: November 10th and 24th, 4:00 to 5:00 p.m. In the Bronson Music Room at Noble Hospital.

On the second and last Wednesdays of each month, Noble Visiting Nurse and Hospice Services offers this group for those who are caring for someone with a life-threatening illness. Hospice families, staff, and community members are invited to participate.

Call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services for more information at (413) 562-7049.

Bereavement Group: November 10th and 17th, 6:30 to 7:30 p.m. In the Bronson Music Room at Noble Hospital.

On the first, second, and third Wednesdays of every month, Noble Visiting Nurse and Hospice Services offers this support group for people who have experienced the death of a loved one within the past year. We invite all Hospice families and anyone in the community to participate.

For more information, please call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services at (413) 562-7049.

Thanksgiving Dinner For Diabetics: Tuesday, November 23rd, beginning at 12:00 noon. In Conference Room A at Noble Hospital.

Lifescan Inc. of Johnson & Johnson Co is sponsoring this Thanksgiving dinner for individuals who have diabetes and their support persons. Seating is limited. Call Health Beat at (413) 568-2328 to pre-register by November 16th.

Following the dinner, a program, "What's New With Diabetes," will be presented by Karen Ranen, M.S., R.N., C.D.E., Noble Hospital's Diabetes Nurse Educator, at 1:00 p.m. This is free of charge.

For information about Noble Hospital's Diabetes Self-Management Education Program, call (413) 568-2811, ext. 5178.

* * * * *

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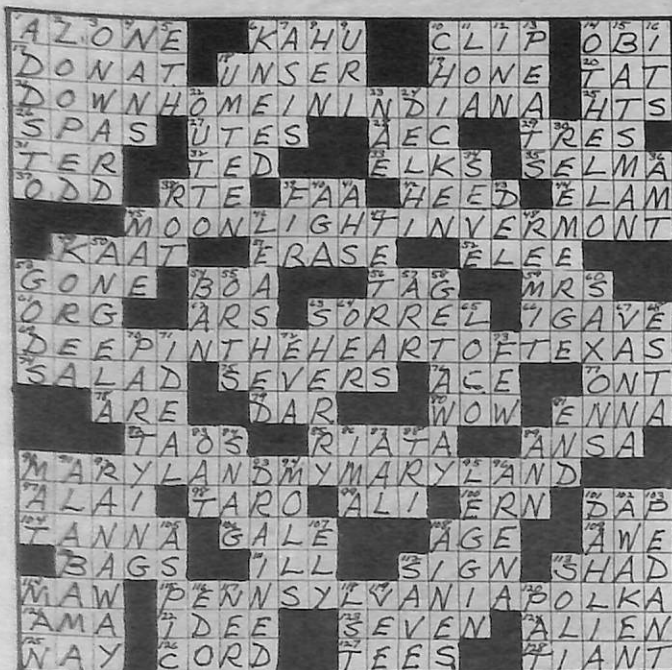
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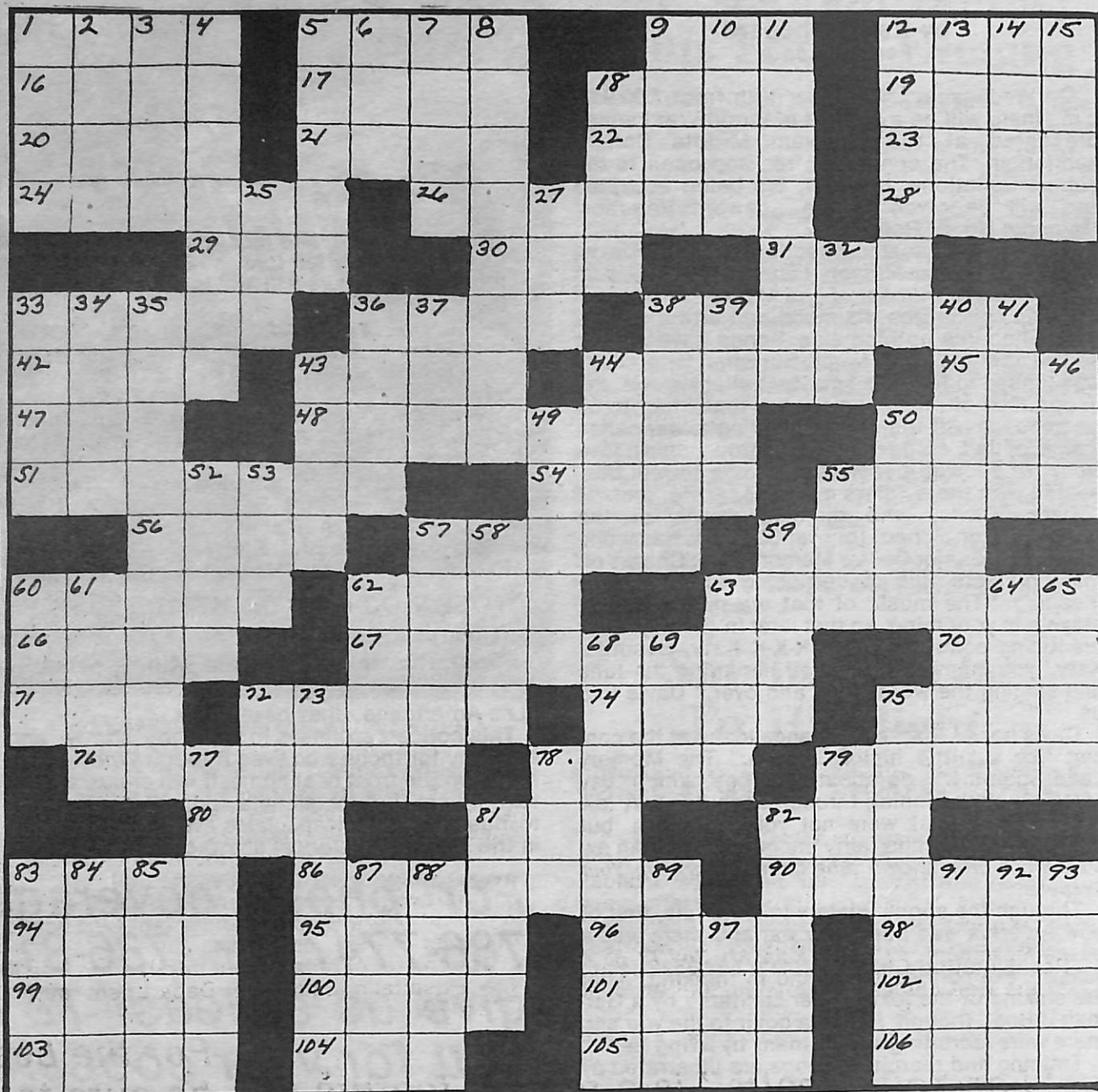
- 1 Dr. Zhivago's love
- 5 Auctioneer's final word
- 9 Cote bleat
- 12 Hominy
- 16 Summer coolers
- 17 Rip
- 18 Young salmon
- 19 Double reed
- 20 Hope's "Road" partner
- 21 French department
- 22 Author Leon
- 23 Back of the neck
- 24 Musical system
- 26 How stubborn?
- 28 Solar disc
- 29 Cleo killer
- 30 Saratoga for one
- 31 — King Cole
- 33 Brutish one
- 36 Mayberry lad
- 38 How sharp?
- 42 — well that ends well
- 43 Wrack and —
- 44 Winter wheat
- 45 Porter relative
- 47 Apron-like cloth
- 48 How pale?
- 50 Hebrew measurement
- 51 How red?
- 54 Toledo cheers
- 55 Mid-East ruler
- 56 Autobahn travelers
- 57 Turns white
- 59 Cupid
- 60 Ignore in a way
- 62 Indeterminate number
- 63 How warm?
- 66 Toe affliction
- 67 How drunk?
- 70 A Stogie

- 71 — de France
- 72 Actor Richard
- 74 — and crafts
- 75 Rhine freeder
- 76 How cross?
- 78 Possesses
- 79 A.S. serfs
- 80 Pat in a way
- 81 Monk's title
- 82 Sinatra's Gardner
- 83 Prepare spuds
- 86 How bold?
- 90 Specialty pitcher
- 94 Noble Italian family
- 95 Scarlett's plantation
- 96 Lotion ingredient
- 98 Butter sub
- 99 Close
- 100 Actor Richard
- 101 English shire
- 102 European capital
- 103 I double — you
- 104 Newsman Rather
- 105 French idea
- 106 Political cartoonist

DOWN

- 1 M.I.T. workplaces
- 2 Mine entrance
- 3 Descartes
- 4 How green?
- 5 Bend over
- 6 Over to a poet
- 7 Turner of Hollywood
- 8 Type of gown
- 9 Ship (Jap.)
- 10 Seed over
- 11 Where arms are stored
- 12 Beethoven's Moonlight
- 13 Blind as —
- 14 Sulk
- 15 Heavy hammer
- 18 Mountain lion
- 25 Boston time zone
- 27 Mime
- 32 Lawyer for short

Meet The Master - by Dick Mastroianni...



- 33 Mr. Ali
- 34 Yale men
- 35 Tuna
- 36 Drive from office
- 37 Zadora
- 38 Church areas
- 39 Matched pairs
- 40 Movie worker
- 41 Swiss artist Paul
- 43 Norma et al
- 44 Flatfish
- 46 Transgress
- 49 Pits
- 50 Melville novel
- 52 Farm structure
- 53 Sea eagle
- 55 Amount (abbr.)
- 57 Artist's model
- 58 — for all seasons
- 59 Inquires
- 60 —fi
- 61 Pepsi follower
- 62 Spanish room

- 63 Emmets
- 64 Achy
- 65 Tiger's ball holders
- 68 Motorcycle maker
- 69 Large vase
- 72 Org. for 32D
- 73 Returned some money
- 75 How crazy?
- 77 Cling to
- 78 A.S. money
- 79 Actress Arden
- 81 Ollie's buddy
- 82 Mountain crest
- 83 Darn
- 84 On the deep
- 85 Luminary
- 87 Long tale
- 88 Muffin type
- 89 Luge
- 91 Women's name
- 92 Morays
- 93 Leg support
- 97 Singleton

Book Discussion At Agawam Library

The Agawam Public Library is holding a book discussion of Pete Hamill's *Snow in August* on Tuesday, November 16th.

Participants may sign-up for the 1:00-3:00 p.m. session or the 7:00-9:00 p.m. session. The book is about the friendship between Michael Delvin, an 11 year-old Irish Catholic, and war refugee Rabbi Judah Hirsch in Brooklyn 1947.

Michael learns about Jewish culture and tales, and the Rabbi learns about baseball. Both watch with interest the career of Jackie Robinson. However, both must deal with an anti-Semitic gang in the neighborhood.

Copies of the book and questions for discussion are available in the library. The program is open to the public. Please register in person or call (413) 789-1550.

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Concert To Capture Mood Of World War I

by Kathy Shepard
Feature Editor

On Wednesday, November 10th from 7:00-9:00 p.m., there will be a concert of World War I songs presented at the Agawam Middle School auditorium. The concert is free and open to the public. Donations, however, are being accepted and will be given to the Agawam Veterans' Memorial Honor Roll Fund.

Under the dedicated direction of Darcy Davis, the Senior Center Memory Lane Chorus will sing to the accompaniment of The Melody Band.

Music epitomizes the mood and attitudes of a generation like nothing else. Songs have always served as signs of the times. But when technology was limited to radio and maybe a silent movie, the importance of music, lyrics, and tunes had to be tremendous. All the more so during a war, when songs added enthusiasm and group spirit to a troop, or allowed people back home to feel connected with the soldiers overseas.

Darcy Davis, who directed music at the Agawam High School for over 30 years, has worked with the Senior Center Memory Lane Chorus on many projects, this concert being one of special meaning. "The music of that era had a way of staying in your mind, so that later in the day, after practicing something like 'K-K-K Katy, Beautiful Katy,' you might find yourself humming the tune and singing the words over and over," Davis told us.

Davis hopes that the audience looks at the concert like a "little history lesson." The Memory Lane Chorus will do about 50 songs, which they voted on after running through each song. A few will be used that were not voted choices, but many are catchy and fairly uncomplicated. An example is a well-known tune called "Pack Up Your Troubles."

Through the songs, history tells its tale, first of how America was not in the war and there was a peace movement. "I Didn't Raise My Boy To Be A Soldier" exemplifies that trend in thinking. After the sinking of the luxury liner *Lucitania* by a German U-Boat, though, America got into the war and there were recruiting songs, many by Irving Berlin.

Training and recruiting songs are illustrated by such songs as "Oh, How I Hate To Get Up In The Morning," "They Were All Out Of Step But Jim," "America, Here's My Boy," "If Mothers Had Their Say There'd Be No War Today," "Good-bye Broadway, Hello France," and "Lafayette, We're Coming Over."

The songs about pangs of separation will be performed during the next phase, with melancholy themes like "After You've Gone and Left Me." The children speak through "Hello Central, Give Me No-Man's Land," "A Baby's Prayer At Twilight," and "We Want Our Daddy Back Home."

The next section of the concert will present cheering-up songs like "K-K-K-Katy" and "Ja-Ja" (nonsense words for fun). At this point, the war was over, accompanied by songs such as "When The Boys Come Marching Home" and "Oh, What A Time For The Girlies (when the boys come marchin' home)."

"In some cases, the boys brought back girls," Davis says, "and a song like 'Belgium Rose, We'll Make A Beauty Of You' captures the subtleties of the experience."

Historical Nature Of The Songs

In certain songs, the words set in a verse introduction are important and set the stage for the historical nature of the song. "For these, which will be speaking the words that we would normally sing to emphasize their importance to the rest of the song," he explains. An example of this is (verse) "Just Like Washington Crossed The Delaware."

There will then be a post-war segment, offering songs like "How Ya Gonna Keep 'Em Down On The Farm After They've Seen Patee?"

Davis will be putting 20 or 30 pieces of sheet music from the concert in the display cabinets in the Agawam High School and Agawam Middle School. The Agawam Public Library will have space to display model soldiers, including some from the WWI era and some from pre-World War II. These were toys of the 1930's and not collectables. Although some are in a "beat-up" condition, they do depict a certain authenticity, since soldiers often came into harm's way.

This concert will include a great variety of numbers, many familiar even now. There will be songs by the troops, songs popular on the homefront but not about war, and a final group of songs that have probably not been heard by anyone for many years and express the various phases of wartime activity, including the battlefield and the homefront, with the feelings of the soldiers and the people at home.

During World War I, the Germans nearly took Paris. France had fought for four years and had given "the last of her strength," according to "America - An Illustrated Diary of its Most Exciting Years." But at last, the Americans arrived.



THE SENIOR CENTER MEMORY LANE CHORUS is ready for the November 10th concert featuring songs from the World War I era. The free performance will be held from 7:00 to 9:00 p.m. in the Agawam Middle School auditorium.

"Les Americans - they have come..."

This concert promises to instill joy, sorrow, and empathy for those who lived through World War I, either on the front or at home. It will create a bond for soldiers through all time and will pay homage to music, which encapsulates events and feelings in the greatest historical abstracts of all - songs.



The Historical Association of Southwick has asked Davis and the Memory Lane Chorus and Band to repeat the performance for them, so on Sunday, November 20th from 2:00-4:00 p.m. at the Southwick High School, the concert will be presented a second time.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...



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Author To Conclude Spfd. Public Forums

Caroline Alexander, author of "The Endurance," the thrilling account of Sir Ernest Shackleton's heroic rescue of his ill-fated expedition to Antarctica on the ship *Endurance*, will conclude the current Springfield Public Forum Series on Wednesday, November 10th.

Her talk, illustrated with slides and set for 7:30 p.m. in Symphony Hall in downtown Springfield, is open to all and is free of charge. It is co-sponsored by Massachusetts Mutual Life Insurance Company, and its President and CEO, Robert J. O'Connell, will preside as chairman of the event.

Alexander's lecture will focus on the remarkable tale of how the *Endurance* crew of 27 was stranded on an ice flow for 20 months just 80 miles from its destination. After two harrowing attempts to escape by open lifeboat, Shackleton and five crew members ultimately obtained help following a five-month mission by boat and on foot. The saga will be illustrated with some of the remarkable photographic images salvaged from the ship and stored in hermetically sealed canisters.

"The Endurance" was published in association with the American Museum of Natural History, which in March of this year opened an exhibit (curated by Alexander) chronicling Shackleton's voyage. An IMAX film and a Hollywood feature are in progress, with Alexander as co-writer and co-producer.

The Forum will be an important highlight in the Springfield Science Museum's celebration of its 10th anniversary.

Alexander was born in Florida, of English parents, and grew up in Tallahassee. A Rhodes Scholar and pentathlete, she has lived in Europe, the Caribbean, and Africa, where she lectured in classics at the University of Malawi for three years.

She has a Ph.D. in classics from Columbia University and has written for *The New Yorker*, *Granta*, *Conde Nast Traveler*, and *Smithsonian*, among others.

To Be Staged By The Theater Project...

"On Golden Pond" At Majestic Theater

Ernest Thompson's play "On Golden Pond" will be presented by the Theater Project at West Springfield's Majestic Theater November 11th through December 11th, according to Producing Director Danny Eaton.

The comedy, which was the basis for the Oscar-winning film starring Henry Fonda and Katharine Hepburn, will feature Jud Pooler and Barbara R. McEwen in the roles of Norman and Ethel Thayer. Christine Ubersax will portray their daughter, Chelsea. Other cast members include Keith Purcell, Nicholas Bennett, and Peter Doherty. Rand Foerster will direct, and Don Hunter will stage manage.

As with every Theater Project production, all



AUTHOR CAROLINE ALEXANDER

She is the author of four previous books: "One Dry Season; in the Footsteps of Mary Kingsley," "The Way to Xanadu," "Battle's End," and "Mrs. Chippy's Last Expedition." Alexander currently lives on a farm in New Hampshire.

A book-signing reception, courtesy of Edwards Books, will conclude the evening in the Mahogany Room of Springfield Symphony Hall.

cast and crew members of "On Golden Pond" are residents of the greater Pioneer Valley area. With the exception of Thanksgiving evening, November 25th, the play will be staged Thursday evenings at 7:30 p.m., Friday and Saturday evenings at 8:00 p.m., and Sunday afternoons at 2:00 p.m.

There will be an additional performance on Wednesday, November 17th at 7:30 p.m. Ticket prices range from \$11 to \$19 depending on seat location and date of performance.

For tickets, contact the box office during its operational hours of Tuesday, Thursday, and Friday (2:00-5:00 p.m.), Wednesday (4:00-8:00 p.m.), and Saturday (10:00 a.m.-1:00 p.m.) at (413) 747-7797.

From The Agawam Cultural Council...

One-Woman Show At Agawam Library This Friday Evening

On Friday, November 5th, the Agawam Cultural Council will present Marcia Estabrook of Characters Educational Theater at the Agawam Public Library, 750 Cooper Street, Agawam, at 7:30 p.m.

She portrays a light-skinned Georgia slave, Ellen Craft, who on December 22, 1848 (disguised as a white, male plantation owner), traveled north to freedom with her husband, William, posing as her slave. Three days later, on Christmas morning, they set foot on the free soil of Philadelphia, Pennsylvania.

This journey was filled with danger, deception, risk, intrigue, close shaves, and prayer, as well as humor and surprise.

Join us to hear Ellen Craft tell the story of their daring escape from slavery and of the subsequent trials dealing with their newly-won freedom in Boston, Massachusetts, Bristol, England, and eventually back to Georgia.

This entertaining program is free and open to the public, and is being sponsored by the Agawam Cultural Council and the Massachusetts Cultural Council.

Special Events To Highlight Children's Book Week

Families are invited to celebrate Children's Book Week (November 14th-20th) at the Agawam Public Library. Two very special free events are being offered:

Saturday, November 13th, 2:00-2:45 p.m.: PUPPET SHOW: THE DRUM HOLLOW PUPPETS. Everyone in the family aged three to 63-and older is invited to enjoy this puppet show featuring stories from folklore performed against colorful scenery, accompanied by percussion instruments.

REGISTRATION IS A MUST. Please visit the library or call 789-1550 to sign up.

Saturday, November 20th, 11:00-11:45 a.m.: STORYTELLER JOHN PORCINO. The Agawam Cultural Council presents professional storyteller/musician John Porcino, bringing a unique blend of warmth and wit to a variety of tales, both old and new.

All ages are invited to the show, from preschoolers through senior citizens. Please register in person, or by calling the library at 789-1550.

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ARTIST FLORIDA TANGOCCI

Agawam Library To Showcase Work Of Artist Florida Tangocci

The Agawam Public Library is pleased to present the work of Florida Tangocci in the gallery of the library for the month of November.

She is an Agawam resident who has been involved with the various art mediums for 50 years. While working in the paper industry for over 40 years, she attended evening classes at the local colleges and at the Springfield Museum.

When she retired from the workplace in 1992, she became very involved in the arts. She still attends local workshops when possible and especially enjoys those given by Priscilla Souder, well-known Connecticut artist and teacher. Florida feels the development of art is an ongoing learning process with its many innovating techniques and new materials.

Her many exhibits over the years include the Longmeadow Shops Art Show, Springfield Arts Festival Visual Arts Exhibition, Springfield Art League Baystate Exhibitions, and the Bay State Medical Center Senior Class Art Show.

Ms. Tangocci enjoys sharing her craft with her classes at the Agawam Senior Center and also being involved with the Agawam Community Artists, Agawam Golden Age Club—Chapter 1, and the Agawam Cultural Council.

The gallery hours for viewing the artwork are Monday through Thursday, 9 to 9, Friday, 10 to 6, and Saturday, 10 to 5.

Area Students Part Of HCC's Production Of "Heidi Chronicles"

Danielle Morassi of Agawam and Dave Dello Russo of Feeding Hills have been cast in the Holyoke Community College Drama Club presentation of Wendy Wasserstein's Pulitzer Prize- and Tony Award-winning *The Heidi Chronicles*.

Jeff Tingley of Feeding Hills will serve as stage manager for the production. The play is directed by Pat Sandoval, with set design by Tom Schieding.

The November 10th-13th production will take place in the College's Leslie Phillips Forum. The November 10th performance will be at 2:30 p.m. and is free. All other performances are at 8:00 p.m. General admission tickets are \$5, while student and senior citizen tickets are \$3.

The Heidi Chronicles is a humorous and heart-warming play of a woman's coming-of-age journey. The story is about Heidi, her friends, and lovers, "who grew up in the 50's, protested in the 60's, were the 'me's' of the 70's, and the parents of the 80's." Heidi and the choices she makes along the way are the focus of the play and serve as a poignant commentary on the Baby Boomer generation.

Wasserstein is a graduate of Mount Holyoke College and the Yale Drama School, and has also written *The Sisters Rosenweig*, *Uncommon Women and Others*, and *An American Daughter*.

Please call 413-552-2528 for reservations. The Friday, November 12th performance only will be sign language interpreted.

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Agawam Native Moonyean Field To Appear In St. Martha Players' "State Fair"

Agawam native Moonyean Field is appearing as Melissa Frake, one of the leading roles in the upcoming St. Martha Players' musical production, **State Fair**.

Field has been working with the St. Martha Players since 1978. Over the years, she appeared in lead roles such as Annie Oakley in *Annie Get Your Gun*, Sue in *No, No Nanette*, and Vera Charles in *Mame*.

She has also served as a director and costume designer for the group, and as president of the players. Currently, Field is the Vice President of Procedures on the St. Martha's Board of Directors.

The Rodgers & Hammerstein musical, *State Fair*, will bring the midway to life on the St. Martha

Players' stage November 5th, 6th, 12th, 13th, 19th, 20th, 26th, and 27th at 8:00 p.m. The musical includes such well-known musical numbers as "Grand Night for Singing," and "It Might As Well Be Spring."

The Players' theater space is located in Goulet Hall at the St. Martha School on Brainard Road in Enfield. Tickets are \$12 for adults and \$10 for seniors and children under 12. Reservations may be made by calling (860) 745-6368.

The St. Martha Players, founded in 1968, is the oldest community theater group in the area which performs exclusively musical theater. The group currently performs two shows each season, set in a unique cabaret setting.

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Education

To Benefit The Parish Cupboard...

Agawam Junior High Holds "Halloween Costume Day"

On Thursday, October 28th, many students and faculty at the Agawam Junior High School participated in "Halloween Costume Day" sponsored by the Student Cadre.

This annual event benefits the Parish Cupboard, formerly known as the Open Pantry. Assistant Principal Marc Costanzi, who is the cadre's director, explains that in order for students to participate in the holiday event, they and their parents must sign a contract stating that only costumes deemed appropriate to a school environment will be worn to school.

Also, each student must agree to donate at least two non-perishable food items to the Parish Cupboard. The school's 25 cadre members assisted with the collection of donated items and filled several huge boxes, which were later delivered to the Parish Cupboard.

Costumes were judged by staff members in the following categories: Scariest, Funniest, Most Original, and Honorable Mention.

All winners received bags of assorted Halloween candy. The winners in the scariest category were **Gregory Donaldson, Sheena Beattie, Eric Rosado, and Anthony Waite.**

Declared to be wearing the funniest costume were **Robert Mesick, Jawaan Wright, Michael Knowlton, and Enjoli Chiclana.**

For the most original, the winners were **Mallori Grimaldi, David Donahue, Elizabeth Couture, and Courtney Moren.**

Receiving honorable mention were **Alisha Faniel, Alicia Linder, Noelle Serafino, and Daniel Lizotte.**

Mr. Costanzi states that he was very pleased with the student and faculty participation in this year's Halloween Costume Day and was amazed by the creativity displayed in many of the costumes that were worn.



PICTURED ABOVE ARE JUST some of the scary (and funny) get-ups that could be seen during Agawam Junior High School's "Halloween Costume Day."

Retirement Party For Larry Harbeson Scheduled For Wednesday, November 10th

A retirement party in honor of Larry Harbeson will be held Wednesday, November 10th at Alexander's Restaurant, 60 North Westfield St., Feeding Hills. Teachers, parents, and friends are welcome!

Social hour and hors d'oeuvres are scheduled

from 6:00-7:00 p.m. with a buffet dinner starting at 7:00. Homemade desserts will follow.

Tickets are \$30 per person. Checks should be made payable to "Phyllis Lewis" and mailed to Phyllis Lewis at Granger School or Kurt Parker at Robinson Park School. Checks must be in by Friday, November 5th.

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By-Law Change Agawam Soccer Parents Booster Club



A motion has been made and seconded by the AHS Soccer Booster Club as to by-law changes concerning scholarships:

- In the future, soccer dues will be determined each year.
- Scholarships will now be awarded as "Soccer Incentive Awards," eliminating the requirement for continuing education.
- Scholarships will be eliminated as of the Freshman Class of 2004.

Participating soccer players are eligible to receive awards as follows:

- Senior Class "2000" up to \$100
- Junior Class "2001" up to \$75
- Sophomore Class "2002" up to \$50
- Freshman Class "2003" up to 25

* Final vote will be taken Tuesday, November 9th, in the teachers' lounge at the High School.



STUDENTS AT AGAWAM HIGH SCHOOL recently had the opportunity to hear six local businesspeople speak at a forum about entrepreneurship. Gerry Smith, who teaches entrepreneurship at AHS, hosted this event. Photo courtesy of David Pulaski.

From Agawam High School's Guidance Department...

Local Entrepreneurs Speak At Forum

by Judy Cohen - AHS Guidance Counselor

I gotta tell you, I am psyched. I just came from a forum hosted by Gerry Smith, who teaches entrepreneurship at the High School. Gerry invited six people from the community to speak about their businesses and what were the main ingredient that helped them to become successful.

The speakers were thought-provoking, inspirational, and candid. What a wonderful experience for all the members of his classes who were able to attend! However, for those of you who were not there, I am going to share some of the wonderful information that I gleaned. Not only are the pointers important to consider when one is going into business, but also they smack of truth and importance for everyday living.

Jack Sarat, a graduate of Agawam High School and the owner of Sarat Food, told the gathering that each person needs vision to be successful. Each should be mindful of the changes in the economy, react to them, and be willing to accommodate those changes. The wisdom of using the Internet was stressed, as was the necessity of becoming computer-wise. Mr. Sarat emphasized the importance of the customer. After all, the customer is the prime ingredient for a successful business. If he is happy, he will tell others. If he is happy, he will continue to frequent your store to purchase your product.

Walt Steinmetz, also a graduate of Agawam High School, is the owner of Steinmetz Photography. Steinmetz is responsible for many of the senior pictures that grace local high school yearbooks. He stressed "Image of difference." He told students how important it is to find out how you can "get more of the pie." How can you offer something different from your competitors? Why should people use your services? He emphasized that it is important to believe in yourself; then you can sell yourself with confidence. He is a firm advocate of visualization. If you can see yourself already there, you will get there. In other words, expectations, through planning, hard work, and vision, do become realities. Steinmetz reads books and listens to others who have been successful to learn from their successes and to avoid their pitfalls. He ended his speech by saying, "Set a goal, believe in yourself. It will happen."

Richard Sardella, another Agawam High School graduate, told us that he always had aspirations of being a writer, but never thought about owning a newspaper. Yet, when the paper became available, he grabbed at the chance and did a lot of self-teaching. He learned that one has to grapple with disappointments, plow forward, and have tremendous tenacity in order to succeed.

He, too, spoke about "carving out a niche." He strove and continues to strive to make his newspaper the best around. He does this by

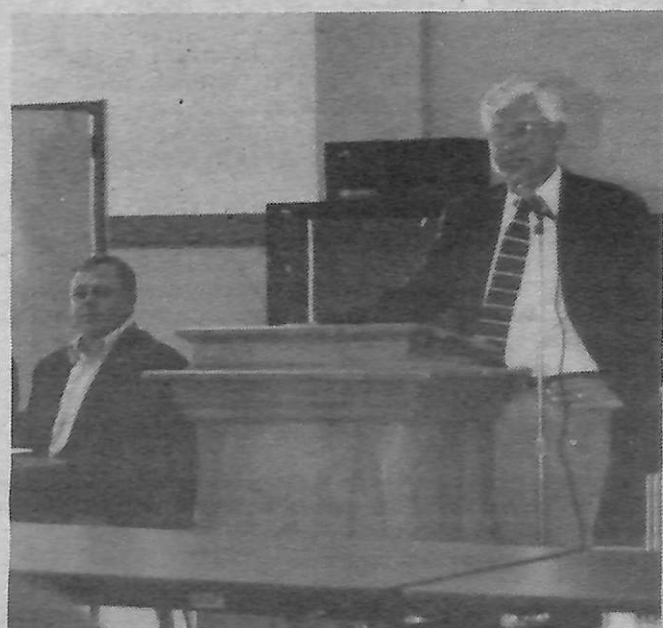
treating his staff fairly and by listening to what his readers want to see in his paper. Customer service is essential. Without readers, there would be no newspaper. Therefore, Sardella has devoted himself to making his product valuable to his customers. How does he do this? Through determination, openness to change, vision, and hard work.

Elizabeth Greenway, who graduated from Agawam High School, owns Walnut Street Cleaners. She espouses customer service and demands it from her employees. She goes out of her way to make her customers happy, listens to their suggestions and complaints, and has reaped the rewards from this by building a very successful business. When personal problems could have dragged her down, she dug in, hung tough, and applied herself assiduously to becoming self-supporting. She preaches that risk-taking is important, believing in oneself is essential, and having commitment is paramount. Nothing happens by itself; a positive work ethic is necessary. Her business is based on quality, service, and honesty. She said that it is important to admit when one is wrong and work hard to right those wrongs. In closing, she restated the American Dream that has become akin to her mantra, "I CAN!"

Edward Borgatti, who successfully runs E.B's, is a graduate of our High School. Throughout his talk, he kept stressing the importance of education. It is an ongoing process that is essential to growth. He shared the confidence his dad had in him when he approached his son about opening a restaurant in 1986. His father, who has been an inspiration and a mentor to him, taught him that honesty is the best policy. Borgatti shared the importance of focusing on one thing, bringing that to fruition, and then diversifying. One always needs to have a firm foundation before he builds on it. He, too, voiced the necessity of finding one's own niche. For him, it is "take-out food." He stressed that one must be aware of the wants of the population, of the everyday changes that are occurring, and to satisfy them.

His customers and staff are treated with deference. Borgatti clearly has worked hard to make his business successful, yet he has never forgotten his community that has enabled this to happen. By giving back to the community, he has found that he reaps the rewards of his generosity 10-fold. Looking out at the student listeners, Borgatti aptly ended his talk by saying that education is an on-going process that should constantly be embraced.

Peter Clark, the only speaker who did not graduate from Agawam High School, but is an integral part of the school through his able assistance as baseball coach, talked about his



TWO OF THE SPEAKERS at the entrepreneurship forum: Peter Clark (seated) and Jack Sarat. Photo courtesy of David Pulaski.

becoming an entrepreneur with the advice, help, and support of his college coach. He learned that commitment, loyalty, goals, and philosophy are important ingredients to success. He firmly espouses the three I's ... "intensity, integrity, and intimacy" so ingrained in his baseball players. Before one even travels forth to become an entrepreneur, he must write down his goals. It is not enough to voice one's visions and goals. By writing them down, you are able to clearly see them and develop a commitment for them.

He owned the Jiffy Lube franchise in New England and learned the importance of a positive work ethic, involvement of family, perseverance, and diligence. Clark voiced open-mindedness and stressed learning from others, being open to their suggestions, and asking for help when warranted. He firmly believes that no one makes it without other people's help. One makes his own luck and creates his own opportunities. By hanging with the right people, one is able to learn and grow. It is true that success breeds success. Clark reinforced that it is important to work hard, but it is also important to give yourself time to be with and enjoy your family.

As you can see, I learned so much from these very able people. Their messages that centered around success rang out with similar words that are important for all to remember - honesty, determination, listening skills, vision, commitment, diligence, and positive work ethic. If we all incorporated these in our daily living, how successful we would all become.

A big thank-you to all our entrepreneurs for sharing their wisdom and to Gerry Smith for organizing this forum.

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

"We Love Ice Cream!"



IN OCTOBER, Girl Scout Troop 580 took a trip to Hood to see how ice cream is made. On the floor — Nicolette Gonyea and Melissa Hryniewicz; first step — Janel Thies; second step — Amy Hryniewicz and Deanna McCool; third step — Talia Saracino, Brittney Chechile, and Taylor Dawson; fourth step — Briana Maggi, Brittney Bussiere, and Brittany Theroux. Our thanks to Hood for the tour.

Parent/Teacher Night At Agawam Jr. High

On Wednesday, November 17th, the Agawam Junior High School will conduct its annual Parent/Teacher Conference Night from 7:00 to 9:00 p.m. During the week of November 8th, teachers will mail home invitations for these eight-minute individual conferences.

Parents who receive invitations are asked to telephone the guidance office at 821-0566, either Friday, November 12th, or Monday, November 15th, between 8:00 a.m. and 2:30 p.m. in order to schedule a time for these conferences. Parents are advised to call promptly to reserve a time that is most convenient for them.

School Principal Kevin C. Littlefield states that parents who do not receive an invitation, but still wish to see an individual teacher, should contact the guidance office on Tuesday, October 16th, between 8:00 a.m. and 2:30 p.m., as a limited number of appointments have been made available for those parents. He points out that any parent calling on Tuesday, but not able to schedule an appointment for November 17th, will receive a call from the teacher in order to discuss their child's current academic standing.

Littlefield explains that the conference night format was developed by the staff as a means of eliminating overcrowded conditions and long waiting lines. Also, he believes that communication is more effective during these lengthier appointments.

Littlefield invites parents to keep in close contact with the school's guidance counselors and teachers in order to monitor their child's progress throughout the academic year.

In Girls' Volleyball...

Pioneer Valley Defeats The Master's School

The Pioneer Valley Christian School girls' volleyball team defeated Master's School on Saturday, October 30th to win the New England Christian School Athletic Conference Championship.

PVCS won the match in five games with scores of 11-15, 15-9, 15-17, 15-5, 15-10.

Senior setter Samantha Mozdzanowski of Feeding Hills was selected to the NECSAC All-Conference and All-Tournament team. She was joined on the All-Tournament team by Gail Hodges (Granville). Other local players on the team included senior outside hitter Alyssa Moore of Feeding Hills and senior right side player Liz Buckley of Southwick.

PVCS completed their season with a 14-2 overall record. They also won the NECSAC regular season championship with a 9-1 conference record.

"Once Upon A Mattress" Coming To AHS...



Matt O'Neil and Alise Alfano (left photo), and Lucy Young and Neil Butler (right photo) in rehearsal for the musical "Once Upon A Mattress," which will be performed at Agawam High School on November 19th and 20th at 7:00 p.m., and November 21st at 1:30 p.m. Tickets are \$7 for adults, and \$5 for students and senior citizens. Call 789-4488 for ticket information.



On November 16th In Boston...

Agawam Students To Attend Team Harmony IV At FleetCenter

On Tuesday, November 16th, students from Agawam High School will join more than 10,000 middle and high school youth from public and private schools in Massachusetts, New Hampshire, Rhode Island, Maine, and New York for Team Harmony VI, the interactive rally against racism, hatred, and discrimination of all kinds.

Team Harmony VI will educate through interactive discussions and dramatic presentations that present effective ways to combat incidents of racism and discrimination. Now in its sixth year in Boston, Team Harmony is a collaborative effort of the Team Harmony Foundation, the Anti-Defamation League of New England, Fleet Bank, JAMIN 94.5, and Boston's professional sports teams.

Team Harmony VI will unite Agawam High School students with more than 400 schools from across New England for this powerful celebration of diversity. The event will also recognize outstanding examples of leadership and anti-bias programs with the Lewis/Jennings and the Fleet Bank/Team Harmony awards.

Past Team Harmony participants include First Lady Hillary Rodham Clinton, Congressman John Lewis, and the Reverend Bernice A. King. This year's program will be as exciting as ever, with athletes and legends from Boston's professional sports teams, interactive discussions, and a variety of musical, dance, and dramatic presentations.

Agawam students will be invited to actively participate in the multi-media event — a unique combination of entertainment, education, and inspiration, based on the philosophy of a "team" effort to overcome bigotry and driven by a belief in giving youth a chance to make a difference.

The Team Harmony event concept grew out of a friendship between Boston Celtics Captain, the late Reggie Lewis, and Jon Jennings, former assistant coach for the Celtics. Jennings and Lewis wanted to end the discrimination that was leading to violence in schools.

Through its six years, Team Harmony has become a national model for inspiring and empowering students to deal with issues of discrimination, recently earning a spot on The White House's web site as one of the top 10 successful programs to combat discrimination.

President Clinton's recognition of, and Mrs. Clinton's involvement in, Team Harmony highlights its unique strength as an event which alerts young people to the dangers of discrimination and provides the tools to successfully combat hatred in their schools and communities year-round.

For more information, please call 1-800-63-UNITY or visit the web site, www.teamharmony.org.

Agawam Schools' Weekly Lunch Menu

Monday, November 8th: Pepperoni-topped pizza wedge, tossed garden salad with spinach greens and dressing, diced pears, milk.

Tuesday, November 9th: Oven-roasted turkey with gravy, whipped potatoes, peas and carrots, dinner roll, cranberry sauce, school-baked cake with icing or Mac apple, milk.

Wednesday, November 10th: Cheese ravioli with tomato sauce topping, broccoli cuts, Italian bread and butter, raspberry Jello with topping or chilled fruit cup, milk.

Thursday, November 11th: No school (Veterans' Day).

Friday, November 12th: Steamed frank-furt in roll, Boston baked beans, oven-potato rounds, catsup, chilled diced pears or chocolate pudding with topping, milk.

Catherine Reynolds Of Agawam Honored At Utica College

During the 14th Annual Scholarship and Awards Recognition Luncheon and Celebration of The Campaign for Utica College on September 25th, Catherine Reynolds of Agawam was among Utica College students honored for their achievements.

Scholarships, awards, and special funds are established with Utica College for the benefit of the College, its interns, and programs. Over 500 students were honored at the fall luncheon.

Utica College of Syracuse University is a private institution that grants the Syracuse University baccalaureate degrees and the Utica College master's degree. The College, located in central New York approximately 90 miles west of Albany and 50 miles east of Syracuse, has approximately 2,000 full- and part-time students, and over 14,000 alumni worldwide.

Check our classified pages every week

AHS's Calendar Of Events For Month Of November

* Smoking Cessation Classes and the Tobacco Education Group, sponsored by the Substance Abuse Prevention Program, will begin in November (dates/times TBA).

* SAVE candy fundraiser for Forest Park Zoo animal adoptions.

* SAVE environmental t-shirt fundraiser.

November 4th-10th: "National French Week" (French classes).

November 5th: End of first marking term; Open Discussion sponsored by the Substance Abuse Prevention Program.

November 6th: SAT I sponsored by the AHS Guidance Department.

November 8th: Sophomore Class Ring Assembly (seventh period).

November 9th: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.).

November 10th: World War I Concert with Darcy Davis (Agawam Middle School, 7:00 p.m.).

November 12th: Grade 11 English students on walking tour of historical sites in Salem, MA; Open Discussion sponsored by the Substance Abuse Prevention Program; Renaissance-VIP card distribution.

November 14th: MADD Kick-Off Rally at Holyoke Mall (Peer Leaders to distribute red ribbons).

November 14th-17th: Final rehearsal for "Once Upon A Mattress" musical.

November 16th: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.).

November 17th: Math Club meeting; Blood Drive sponsored by the Future Teachers Club; Intergenerational Poetry Group meeting in room 38 (1:50 to 2:35 p.m.).

November 18th: Substance Abuse Prevention Program's "Student Breakfast" (6:50 to 7:20 a.m.); "Great American Smoke-Out" (Peer Leaders to distribute information); "Family Resource" meeting (sponsored by the Substance Abuse Prevention Program); Superintendent's Student Advisory Council (2:00 p.m.); Fall Athletic Recognition Night (5:30 p.m. - AHS main gym/cafeteria); School Improvement Council meeting (7:00 p.m. - career center); "Once Upon A Mattress" musical (period seven assembly); SAVE at Forest Park Zoo, Springfield.

November 19th: Open Discussion sponsored by the Substance Abuse Prevention Program; Hepatitis B Immunization — AHS Seniors (second of the series, 9:00 to 11:00 a.m.); Social Studies Department to view AP European History satellite presentation.

November 19th-20th: "Once Upon A Mattress" musical (7:00 p.m.).

November 20th: "As Schools Match Wits" team to Boston University for the BU College Bowl; Academic Decathlon team to Pittsfield High School for the 1999 Western MA Academic Decathlon regional contest.

November 21st: "Once Upon A Mattress" musical matinee (1:30 p.m.).

November 22nd: Winter Sports Physicals (8:00 to 11:30 a.m. - nurse's office).

November 23rd: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.); Winter Sports Physicals (8:00 to 11:30 a.m. - nurse's office); Parents' Night Open House (7:00 p.m.); Peer Leadership Red Ribbon Distribution at Parents' Night; Math Club Bake Sale at Parents' Night; Renaissance 50-50 Raffle at Parents' Night.

November 24th: Orange and Brown Day; Pep Rally (AHS gym); Bonfire at AHS Athletic Field.

November 25th: Thanksgiving Day Agawam/West Springfield Football Game (10:00 a.m. - home); Pre-game recognition ceremony celebrating the 75th anniversary of AHS football.

November 30th: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.); Math Team practice.

AHS's Class Of 1960 Planning 40th Reunion For Next September

The Agawam High School Class of 1960 is planning their 40th class reunion on September 30, 2000 at Alexander's Restaurant in Feeding Hills.

We are trying to get a head start on finding people. Please contact one of the following committee members if you have changed your address or if you know of any other classmate that has moved in the last five years.

Thanks in advance!!

Contact Phyllis Lewis (821-0581—work; 739-0134—home); Danny Tomassetti (567-0085); Barry Toussaint (1-860-408-1635); Charlie Gibson (567-6073); Dianne Pranulis Baker, web site, DIANNE.BAKER@THE-SPA.COM.

Hope to hear from you!!

Learning Agawam's History At Clark School



STUDENTS IN ROOMS 15 AND 20 at James Clark School (pictured above and below), with the help of retired Clark teacher Marge Greenough, have been learning about the history of Agawam. Mrs. Greenough's family has lived in Agawam for several generations, starting with Reice Bodurtha (who was an early Springfield settler when that city was known as the Agawam Plantation). His sons came to Agawam after the King Philip War. Mrs. Greenough has donated her time and extensive knowledge to all of the third-grade classrooms at Clark School. Advertiser News photos by Kathy Shepard.



Ag. Middle School Counselor's News

by Thomas F. Dacey
Middle School Counselor

The Middle School wishes to alert parents that report cards for the first marking period will be issued on or about November 12th. Parents are requested to sign and return the report card stub to the school as soon as possible.

Parents are advised to address immediately any problems they see on their child's report card. Parents can check their child's *Agenda Book* to determine homework assignments. Prompt completion of homework is always essential to good grades.

The fifth grade students have recently begun phase two of their study skills program. The counselor is visiting each fifth grade classroom and showing a video which covers such topics as completing homework on time and having a proper place in which to study.

The counselor is reviewing the video with the students, and the students are completing a written exercise on the video, which they can keep and bring home.

Kevin Tampone Spending Semester In Madrid, Spain

Kevin Tampone of 76 Fordham Avenue, Feeding Hills, is among area students spending the fall 1999 semester studying in Madrid, Spain through Syracuse University's Division of International Programs Abroad.

Tampone is a sophomore majoring in newspaper journalism at SU's S.I. Newhouse School of Public Communications.

Now in its 41st year, Syracuse's Division of International Programs Abroad offers credit-bearing study opportunities for SU students as well as those enrolled at other colleges and universities across the United States and Canada.

The Madrid program, established in 1971, enrolls more than 300 students each academic year. Students may study Spanish language and literature and international business, take a wide range of courses in the liberal arts, or complete internships.

Students live with local families and travel to Seville, Granada, Barcelona, and other destinations.

Best local news with us — AAN!!!

Agawam High's Guidance Bulletin

COLLEGE ACCEPTANCES: Congratulations!

Stephanie McLean: Taylor University.

COLLEGE REPRESENTATIVES: If you are interested in meeting with any of the following college representatives, you should sign up at least a day in advance in the guidance office.

November 8th: Holyoke Community College, 10:00; University of Massachusetts at Lowell, 1:00.

November 15th: LaSalle University, 10:30.

November 16th: Worcester Polytechnic Institute, 9:00; Fordham University, 10:00.

November 17th: Greenfield Community College, 12:00.

November 18th: Unity College, 12:00.

SCHOLARSHIPS: See your counselor for more information or an application.

The Stephen Phillips Memorial Scholarship: This scholarship was established to assist students who have unmet financial need after receiving their financial aid package from the college of their choice. Applicants should have a GPA of 3.0 or higher, demonstrate skilled writing ability, achieve a combined SAT score of 1,000 or better, and rank in the top 20 percent of the graduating class. Deadline: May 1, 2000.

John B. Ervin Scholarship Program for Black Americans is available to qualified African-American students who plan to enroll at Washington University in St. Louis.

New England Institute of Technology is sponsoring an essay contest designed to encourage high school students to become knowledgeable about the technological changes that have taken place in the business environment over the past several years. The winner of this contest will receive a \$2,000 scholarship to NEIT. Deadline: April 7, 2000.

OPEN HOUSES: See your counselor for more information.

November 13th: Hartwick College.

November 11th: Quinnipiac College.

Bay Path College To Host Open House On November 20th

Bay Path College will hold its second open house of the 1999-2000 academic year for prospective students and their families. The 9:30 a.m. to 2:00 p.m. event takes place on Saturday, November 13th.

Attendees will tour the campus, meet faculty members and Bay Path President Carol A. Leary, and attend an informal college student panel presentation. Students will participate in hands-on mini-classes in their fields of interest while their parents meet with financial aid representatives to learn how to finance a college education. Lunch is also included in the day's agenda as well as an overview of student clubs and organizations.

For more information and to attend the November 13th Bay Path College Open House, call 565-1331 or toll free, 1-800-782-7284.

Elizabeth F. Christian Participates In Outdoor Prog. At Bates College

Elizabeth F. Christian of Agawam participated in the Annual Entering Student Outdoor Program (AESOP) prior to the beginning of the 1999 fall semester at Bates College.

The AESOP trips, designed as three- to four-day outdoor excursions in Maine and New Hampshire, allow first-year students to meet fellow classmates before formal orientation begins.

Each of these trips consists of two upperclass student leaders and eight to 10 new students. The trips are rated according to levels of physical demand and outdoor experience involved. As one new student put it, "AESOP was the perfect opportunity to make close friends right from the beginning."

Christian traveled to Squam Lake in New Hampshire for three days of sea-kayaking and swimming. The daughter of James and Judith Christian of 78 Valentine Street, she is a 1999 graduate of The Loomis Chaffee School.

Located midway between the coast and mountains in south-central Maine, Bates is a 144-year-old undergraduate college of the liberal arts and sciences and is rated among the top 25 national liberal-arts colleges by *U.S. News & World Report*. Bates offers majors in 23 academic departments and six interdisciplinary programs, and encourages independent study, research with faculty members, and participation in off-campus programs.

Rootin' For The Red Sox...



ON FRIDAY, OCTOBER 15TH, Granger students and staff members came to school ready to cheer on the Boston Red Sox, who were set to face the New York Yankees that day. Everyone was asked to dress for the team that they thought would win. Red Sox fans won that contest; however, the Yankees had other plans.



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Sports

Football Vs Westfield...

Brownies Defuse The Bombers, 14-12, In Important AA Conference Contest

by Dave Rollins
Sports Editor

Most successful football teams in Western Mass, despite the division they might be in, depend upon two things - a strong running game and a capable defense, which can help make the big plays.

Agawam High looks to have those two qualities and it showed last Friday evening in Westfield when they beat the Bombers, 14-12, in another key AA Conference matchup.

Last year at this time, Agawam was 3-4 and 0-3 in the Conference, and going nowhere. Now, at 5-2, 3-1, they have an outside shot at the AA crown. A big test will come this Friday, November 5th, at Springfield Central. An even bigger test could come the following week (Saturday, November 13th) at Cathedral.

The strong ground attack started with the play of senior running back Dave Moore, who turned in a 25 carry effort for 161 yards and a touchdown, giving him over 800 yards for the year and 10 TDs. His point total is 62. He has indeed entered the rarified air of Corey Jackson (Central), Matt Livermore (Minnechaug), Matt Yvon and Vin Buoniconti

of Cathedral, and Winston McGregor of Longmeadow.

This game was also highlighted by another stellar performance by senior cornerback Scott Harlin, whose clutch interception with 56 seconds left in the game iced the Brownie victory.

The defensive line was once again anchored by Isidoro Aquinaga, Frank Ferrentino, Lou Conte, and Vic Romano. That group, along with the rest of the Brownie defenders, had all they could do to handle the Bombers' fine running back, Bobby Williams (19-108-2). But they did shut him down just enough so that he wasn't the determining factor he could have been.

All Scoring In First Two Quarters

All the scoring in this one took place over the first two quarters. Williams scored at the 4:00 mark on a twisting, 27-yard run. However, the pass for the two extra points didn't work because of some good coverage by the Brownie defensive backs (that factor would figure in later).

Harlin would answer midway through the quarter with a five-yard TD pass from St. Jean. St.

Jean nailed the extra point and Agawam, now up 7-6, would never trail again.

A long Brownie drive saw them set-up shop on the Westfield five in the second quarter. Moore took the hand-off and scored. Again, St. Jean's kick was good and Agawam had a 14-6 advantage.

The hosts came back, this time on a scoring pass from quarterback Phil Frost to Williams, which covered 21 yards. However, their run for two points was sniffed out by the Agawam defense for a 14-12 Brownie lead. (It also shows how important a good placement kicker is on the high school level.)

Both teams were relatively quiet in the third quarter, but gave the fans at Bullens Field their money's worth in the fourth. It all came down to Westfield's ball with 1:15 to play, where the Harlin pick sealed the Bombers' fate.

Agawam Coach Tad Desautels agreed that Moore's play made the difference and that the defense, which has been excellent over the past several games, stepped up.

Golf Review...

AHS To Send Bill Menard To State Tournament

by Dave Rollins
Sports Editor

The Agawam High golf team had another very good season, finishing up at 13-7 in the Valley Wheel and making it to the Western Mass. Tournament for the ninth straight year. They placed one player, sophomore Bill Menard, in the State Tournament, which will be played on Monday, November 8th, at the Holden Hills Country Club in Holden, MA.

Menard showed well in tying for fifth up at the Western Mass. championships in Bernardston, with a score of 46-34-80. "I thought the kid really showed us something coming back the way he did. He earned a trip to the states," Coach Paul Bachini said.

The coach felt that for the most part, his kids represented themselves well. "I would have liked a little more production from the five and six spots. But no one really stepped up," he admitted.

The coach also noted that the teams in Western Mass. were better across the board than last season. "We have parity now. We lost six matches by only one or two points."

A Young Team...

This is a young team, losing only five seniors - Shawn Biebel, Ryan Morgan, Jason Rosenberg, Bob Woods, and Brian Chechile. Biebel usually, but not always, played number one. Morgan and Woods were usually down in the lineup. The others served as spot starters.

They'll have Menard back, along with junior Andy Green, who usually is one of the top three starters. Junior Kacy Progulske, usually a middle of the field starter, will also be back to the fold.

This year, the coach mixed and matched, trying to find the best six-player combination. He wanted scores under 40 shot across the board. "These guys have to be serious about golf, not just during the season, but in the off-season. They need to get into quality tournaments and play quality kids. And they have to go out and practice when they're not playing. A golfer can only improve his game with that type of approach," Bachini noted.

Nobody covers the sports at Agawam High School like we do ... AAN!!!

* * *

Girls' Soccer Review...

Brownies' Lack Of Offense Prevents Them From Reaching The Playoffs

by Dave Rollins
Sports Editor

The Agawam High girls' soccer team finished up at 6-9-2 and 2-2-2 in the Kurty Division. Much like the boys, they had a tough September, going 2-5-1. October was slightly kinder - 4-4-1.

The final five games saw them go 3-1-1, when they thought there might be a playoff berth waiting at the end of the season. Of course, that didn't happen.

New varsity Coach Laura Wray had a unique circumstance in 1999 - 12 seniors, all of whom wanted playing time. Most of them got it.

Leading the way for the seniors was midfielder Amanda Tilden (6 goals, 4 assists), the team's leading scorer in a season where goals were few and far between. She got a lot of help from senior midfielders Dianna DiStefano (2 goals), Kristen Lawson, Annie Paquette, and Jen Lyman, and stopper Kate Shannon. Aimee Loudfoot, a very skilled and aggressive player, was being counted on to contribute more, but she injured both her knees and her offensive prowess was diminished at times because of the bad wheels. She played through the pain and deserves huge kudos for that.

Senior sweeper Sheri Benton again led the defense. She was a second team All-Western Mass. sweeper in 1998.

Unfortunately, the girls needed more offense, which pressured the defense big-time. They put the ball into the net 21 times (1.23 GF), a mark which was last in the division. They did have a first-place finish, however. Their 28 goals allowed (1.64 GA) led the pack. The Brownies were the only team in the Kurty not to grab a playoff spot.

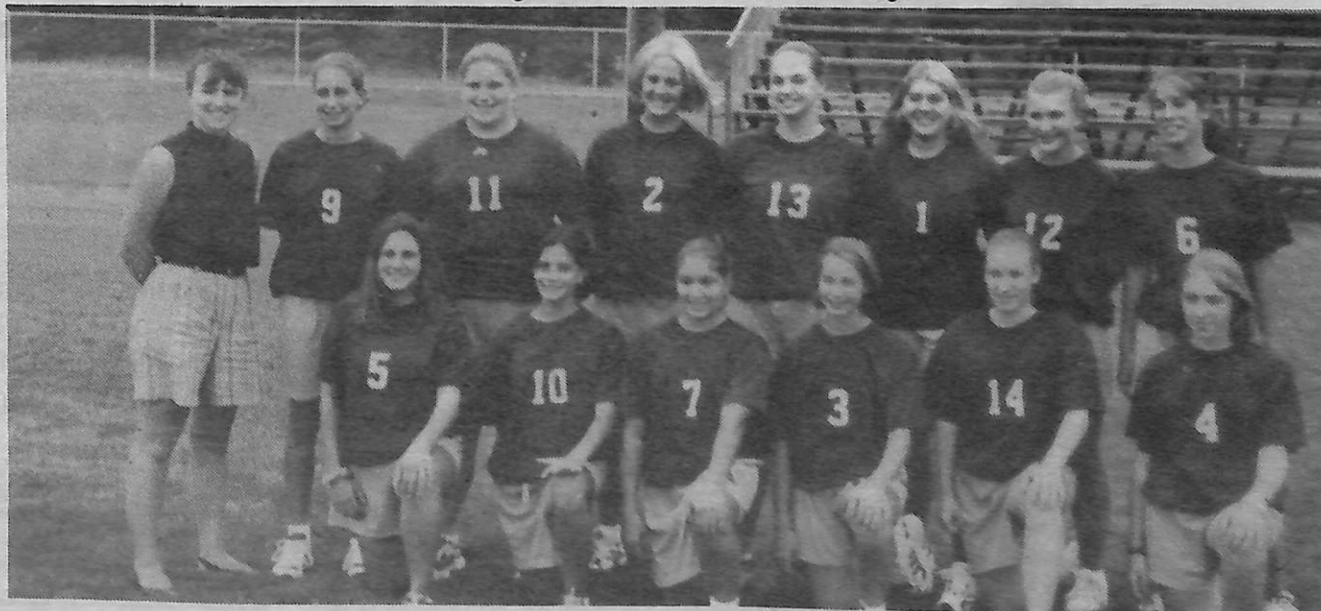
Opportunity For Underclassmen Next Year

While the 12 seniors will be gone next year, some underclassmen will get their opportunity to assume leadership roles. Junior fullback/forward Courtney Adamczyk will be one of them. Sophomore Amanda Blair distinguished herself this season as a solid defender. Junior Amanda Merola (3 goals), who began the season at a striker's slot, but finished as a very strong fullback (her 1998 position), will be back, as will forward Jill Gendron (2 goals).

And there is junior goalie Laura Bucalo, one of the best in Western Massachusetts. If she could get a hand on the ball, it was usually a save.

Wray admitted it would take time to get the team to mesh. Fresh faces next year could very well get the program off on the right foot.

The Jr. Varsity Girls' Volleyball Team...



PICTURED ABOVE ARE THE members of Agawam High's the 1999 junior varsity girls' team, which recently finished its season. BACK ROW: Coach Jenn Ellis, Becky Berta, Brittany Theriaque, Ashley Robidoux, Monica Davilli, Lindsay Ryiz, Ashley Marek, and Ashley Blanchard. FRONT ROW: Jackie Bennett, Audrey Gurarriello, Sara Tremblay, Jenine Davignon, Christina Knodler, and Heather Cox. Advertiser News photo by Dave Rollins.

Boys' Soccer Review...

1999 Was A Tough Experience For The Brownies

by Dave Rollins
Sports Editor

The just-completed Agawam High boys' soccer season was a disappointing one to say the least for first-year varsity Coach Glenn Olson, as their 4-12-1 final record attests. After an opening 4-2 win over Amherst, things went sour in quick fashion.

The month of September saw them turn in a record of 2-4. One of those losses was a 6-2 beating at the hands of Ludlow. October started with a 3-3 tie against Holyoke and a 3-0 win over Longmeadow. If things seemed bright, they darkened quickly as the Brownies lost five straight and seven out of their last eight games.

They gave up 39 goals (2.29), the highest in the Smith Division. "We can't be teaching defense all season long," Olson noted.

Their 22 scores (1.29) were second only to Central's output of 18.

In all fairness, they had some problems in the health department, among other things. Senior Barry Ward had an injured right shoulder that had to be taped heavily for several games and had to hamper his aggressive play even after the bandages were removed.

Junior Dan Marsili suffered a serious knee injury that ended his season two-thirds of the way through. Judd Patterson had an injured knee that sidelined him. Senior Derek Mercadante also had an injured shoulder (suffered during baseball season) that had to slow him down. Sophomore Eric Serna had to sit out the early season with a bad ankle.

Some Notable Moments...

Among the kids who showed well, there was senior Brian Lopes who scored five goals and came up with two assists, and fast Aaron Gilbert (five goals, two assists). Ward managed four goals and two assists. Other than those three, scorers were scarce for the 1999 Brownies. Jack Pearson did manage four assists from his midfield spot. Fullback Kevin Quirk also hustled from his fullback post.

Lopes, Mercadante, Pearson, Ward, Marsili, Patterson, Quirk, Brad Theriaque, and Mike Sullivan are all seniors.

However, the coach should have a good, experienced nucleus coming back, including Serna (sophomore), a very strong goalie in John DeCaro (junior), Josh Dickman (junior), Mike Crough (sophomore), John Lynch (sophomore), Gilbert (junior), and Mike Carmody (sophomore), among others. Most saw extensive playing time, and most showed flashes of skill.

Help will come from the JV's and their excellent teaching coach, Jeff Rousseau. Among them are junior Mike DiDonato, sophomore Matt Ligenza, sophomore Adam Rovithis, and another sophomore, Vinnie Tirone.

In the end, the coach admitted it was a learning experience and predicted that within two years, Agawam boys' soccer would be as tough as any team in Western Massachusetts.

"Drop-In Basketball" Taking Place On Mon. Evenings At AHS

The Agawam Parks & Recreation Department announces "Drop-In Basketball" began on Monday, October 18th and will be held on Monday and Wednesday evenings from 6:45-8:45 p.m. at Agawam High School.

This is for residents 18 years-old and older. Proof of residency is required for admission. Cost is \$2 a night payable to the site supervisor upon arrival.

* * *

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

* * *



THE SENIOR MEMBERS OF THE Agawam High School boys' soccer team with Coach Glenn Olson (standing, far right). Advertiser News photo by Dave Rollins.

Field Hockey Review...

Frustrating Season Gradually Improved For The Brownies

by Dave Rollins
Sports Editor

Perhaps one of the most frustrated teams during the fall season was the Agawam High School field hockey team.

They went 0-6-2 during the month of September. Things just weren't going right at all. "You have to play together, in any sport. None of the kids seemed able to do that early on," Coach Carla Lemnah-Warner admitted.

The next eight games saw a different team. "We began to do not only the right things, but the small things, like support and recovery, thinking together, rely on each other. When I saw them starting to do that, I knew things would be different," the coach smiled.

They went 4-3-1 to finish up at 4-9-3, 4-6-2. "That made the season a little easier to take," she said.

Their problem was too little offense, too much pressure on the defenders. Their 10 goals scored (0.65) were by far the fewest in the Southern Division. They allowed 26 (1.62), tying them with Minnechaug.

The coach credited goalie Mary Elizabeth Dupelle, Jen Harvey, Amanda Sternowski, Sarah Prussman, all seniors, with their improvement. Juniors Jenn Bishop, Nicole Dominick, and Corrine Butova also picked up their games, according to the coach.

The contest which Lemnah-Warner will remember will be their second game against perennial power Southwick, when Agawam scored first before losing 2-1. "Southwick wasn't used to that from us," the coach said.

Also up there is a win against Minnechaug on October 19th. "You could just see the improvement," she smiled. One she'd like to forget, along with the team, was a 4-0 loss to Longmeadow in their third game of the season in October, during the dry spell.

They'll lose eight seniors. But the coach noted that the underclassmen got plenty of chances to play and that can only help in the future.

"Oh My Gosh ... It's The Frosh!!!"



THE MEMBERS OF AGAWAM HIGH'S 1999 freshman boys' soccer team. FRONT ROW: Sean Burke, Ian Hamlett, Ryan Trexler, Dave Cowan, Bruce LeClair, Oleg Surzhukov, Kevin Borgatti, Paul Lagasse, Greg Cizek, Jon Penna, and Mike Ferrigno. BACK ROW: Coach Alan Corbin, Justin Coehlo, Don Hare, Bobby DeGray, Ryan Ward, Mike McGeoghan, Dave Bienia, Paul Pilegi, Brian Marsh, Kevin Wyman, and Chris Holl. (Missing from photo: Louis Vivenzio.) Advertiser News photo by Dave Rollins.

Profile...

Two Sports Suit Agawam High Senior Amanda Sternowski Just Fine

by Dave Rollins
Sports Editor

Amanda Sternowski is a two-sport standout at Agawam High School. The senior recently took some time out to talk about herself and her days as a Brownie.

Amanda turned 18 on October 22nd. She has spent all four years of her secondary education at the High School. Currently, she is taking AP biology, English 12, algebra II, child development, cooking, and entrepreneurship. Not too long from now, the young entrepreneurs will take a trip to New York City to test their business skills in that place of all business.

Amanda has been on the honor roll and is in the Renaissance Club. She is also treasurer of the Future Teachers' Association.

AP biology is Amanda's favorite course. Either Richard Joseph or Edward Merrill tops her favorite teacher's list. She hopes to attend UMass-Dartmouth with a major in nursing. Also, Amanda says they are taking a close look at her for women's lacrosse.

She also plays field hockey, where she scored three goals and picked up two assists this year. But lacrosse is her game. She scored 37 goals for the Brownies last spring and was named to the All-Western Mass second team.

"I'd Be Lost Without Sports."

Her favorite sports moment is all of them. "I'd be lost without sports," she admitted.

She sees the just-completed field hockey season as one of improvement for the team. "We could have done better in the first half. But at least the season wasn't a total loss," Amanda said.

Amanda's favorite treat is ice cream from Ben and Jerry's.

Green is her favorite color.

Wheels for her would be a VW Jetta or a brand



IN LEFT PHOTO: AHS senior Amanda Sternowski. IN RIGHT PHOTO: Sternowski was one of the top field hockey players in 1999. Right photo by Dave Rollins.



new VW Bug.

Amanda likes to kick back and hang out with her friends.

She likes casual clothes and buys them at the Old Navy store (which makes sense because she works there after school).

Anything but country suits her taste in music.

"Passions" is her top TV show.

Any Disney or Jim Carrey offerings are her favorite flicks.

Brena is her mom's name. She has a brother.

Brett, who is 16, and has two sisters, Ashley (15) and Jaime (21).

She says she looks up to her grandmother, Beverly.

Amanda would like to be remembered at AHS as friendly, outgoing, and a good athlete.

Coach Carla Lemnah-Warner calls Amanda "an exceptional kid as well as an excellent athlete who never gave up and was a big part of Agawam High field hockey."

"Swimmer Of The Month"...

Samantha Hibbert Honored By Western Mass. Aquatic Club

The Western Mass. Aquatic Club is proud to announce that the latest "Swimmer of the Month" award goes to Samantha Hibbert.

Samantha is a six year-old girl from Agawam who is a new swimmer this season. In the five weeks that she has been with the team, she has shown great improvement.

"Samantha has got the heart and desire that I usually do not see in eight-and-unders," Head Coach David Dembowitz stated. "Samantha comes in with a big smile and swims fast. I wish all the swimmers I coach could be as happy as her."

Samantha begins her USS swimming career this weekend at Mass. Maritime academy.

"There is going to be a great deal of competition at the meet. Our entire team should be really tested," Coach Amber Waters stated.

The Tsunamis are continuing to see great improvements in all of their swimmers.

"We expect progress from all of our swimmers. I am very proud of the fact that 100 percent of our athletes improved last year. That is a number which I am always striving to be at. I will not settle for anything less. With the addition of more coaches and our sister team in Dartmouth, we should continue that tradition of producing top athletes in New England and nationally," Dembowitz stated.

Tsunami swim lessons are continuing throughout the winter. There still spots available. Please call 781-9316 for further information.

Swimming tip of the week: In freestyle, always try to keep your forearms, wrists, and fingers relaxed on the recovery in front of the body. This allows little tension throughout the arm and saves energy for the catch and pull underwater.

Jr. High Pool Is Open To Residents On Friday Evenings

The Agawam Junior High School Pool is open to Agawam residents on Friday evenings from 6:30-8:30 p.m. for public swims.

Admission fees are \$2 for children and adults age six and older and \$1 per person for children age five and younger.

People are reminded that floatation devices and disposable diapers are not allowed in the pool and children under the age of 12 must be accompanied by an adult at all times.

Agawam Parks & Recreation Dept. Announces Openings

The Town of Agawam Parks and Recreation Department has openings in the following positions:

Basketball Referee	\$9.00/game
Basketball Scorekeeper	\$6.00/game
Site Supervisor	\$8.00/hour
Head Swim Coach	\$10.00/hour
Assistant Swim Coach	\$6.50/hour
Lifeguards	\$6.50/hour

Anyone interested in any of the positions should fill out an application at the above address or call (413) 821-0514 for more information.

The Town of Agawam is an affirmative action, equal opportunity employer and is strongly committed to diversity within its community.

Agawam Parks & Rec. Has "Group Nights" For Falcons Hockey

The Springfield Falcons, a professional hockey team, is pleased to announce **Group Nights** sponsored by the Agawam Parks & Recreation Department, to be held once a month through April of 2000.

On all dates, your Recreation Department will offer **ONE GREAT DISCOUNTED PRICE TICKET OF \$7** for either adults or kids, with **50 cents** of each ticket sold going back to your Recreation Department for other recreation activities!

The Recreation Department has tickets for all games available now, and they may be purchased at any time up to 24 hours prior to the game. Please call the Recreation Department at 821-0513 for more information.

Check Out Dave Rollins' Web Page

"Write to me at daverollinssports@yahoo.com," encourages AAN Sports Editor Dave Rollins. "The High School fall sports season is starting in Western Mass., as well as in New England and around the country. Let's talk about the blue chippers in our part of Massachusetts — how do you think they're going to do?"

"And, as the season progresses, we'll talk about their performances and possible possibilities for further glory in col-

lege. Maybe we can get some scouts interested in them.

"Because, as we've all noticed, most of the kids seem to be from Florida, Texas, other southern states, the midwest, and out west. There have to be some outstanding ones right here in our back yard worthy of recognition on a national scale.

"Please feel free to submit precise and updated statistics whenever you can, because I'll have mine and we can compare notes," concluded Rollins.

Basketball Clinic For Girls At American International College

The eighth annual AIC Basketball Clinic for girls will be held at AIC's Butova Gym.

The clinic for girls in grades four through eight will be held November 7th; for girls in grades nine through 12, November 21st.

For more information, contact Coach Pete Cinella at 413-747-6556.

New Officials Sought For Hampden County Women's Basketball

The Hampden County Board of Women's Basketball Officials is looking for new officials for the upcoming 1999-2000 basketball season.

If you are interested, contact Bob Clark, 569-3398, or John Ferris, 786-9459.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...

Agawam Blizzard Scares Up A 6-0 Victory On Halloween

They say bizarre things happen on Halloween, but for the Agawam Blizzard, it was just more of the same routine.

A large 6-0 victory over Holy Cross Sunday afternoon extended their unbeaten streak to 11 games. Maybe there was a little black magic going on, or should we say orange magic? The Blizzards, sporting orange hair color to commemorate the day and the team colors, celebrated early and often at Smith & Wesson.

Four Blizzards scored their first goals of the season. Sara Wood finally broke the season-long curse scoring first with Molly Nowill assisting. Lisa Truschelli, playing her left wing position perfectly, tipped in a nice crossing pass from Amy Delude for the second goal. Michelle Santos rounded out the scoring in the first half with an unassisted goal high over the head of the Holy Cross goalie.

The second half was more black cat bad luck for Holy Cross as the barrage continued. Sara Long scored her first goal of the season (her mom didn't see it, she was at the snack bar), assisted by Justine Kedzior. Justine wasn't finished setting up her friends as moments later, she fed Jocelyn Mason for her first goal of the season.

Molly Nowill rounded out the scoring at a half-dozen with an assist from halfback Jennie Deglis. Carley Keeley nearly fell asleep in goal in the first half, as the Blizzard defense was stifling. Samantha Lisee, playing an unfamiliar sweeper position, looked like a pro out there. Alyson Brewster moved up to halfback and an occasional center forward spot and nearly cashed in towards the end of the game, but was stymied by a shell-shocked Holy Cross goalie.

Lauren Maloney and Kelsey Wood patrolled the halfback position most of the afternoon, occasionally moving up to center forward to get in on the action, but just couldn't get the ball to the back of the net. Lindsey Pfau took over goaltending duties in the second half, preserving the shutout and displaying an impressive punting talent.

Now it's on to the playoffs for the Blizzard, November 6th and 7th at Gateway. Prediction ... a severe and intense Blizzard beginning Saturday afternoon, continuing through Sunday morning ... TAKE SHELTER!

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THE 1999 PEE WEE CHEERLEADERS sporting their uniforms and holding roses that were recently presented to them by the Pee Wee football players and the Orange and White teams. Back row: Ashley Fink, Caitlyn Paulin, Carla Rosati, Katie Caplette, Noelle Myers, Kim Bock, Jennifer Hensel, Chelsea LaFontaine, and Sarah Gallagher. Middle row: Alyssa Styckiewicz, Ali Hawkes, Brooke Andruss, Julie-Ayn Montalvo, Kerri Egan, Shaunna Howe, Courtney Cowell, and Brianne Brinkman. Front row: Krystal Morace.

The 1999 Pee Wee Cheerleaders Raise Money For Their Uniforms

The 1999 Pee Wee Cheerleaders have worked very hard this year to raise enough money for their uniforms.

The girls sold candy and had a raffle over the summer to reach their goal. Thanks to the donations from Simmons, Costco, Big Y, Take Five, and La Mirage Salon, our raffle was a huge suc-

cess.

This is the second year for the Pee Wee Cheerleaders in Agawam and they have been doing a superb job on the Pee Wee Orange and White Warrior teams. On October 17th, the Pee Wee football players and the Orange and White teams presented each girl with a rose.

CORRECTION:

We would like to make a correction concerning our story about the football managers which ran last week. Carianne Bussolari is a 17 year-old senior, not a junior as previously reported.

This is Carianne's first year as a manager and she enjoys the job immensely. And we wish to stress that she has never considered going out for football or has never had any desire to be a place

kicker, as was reported.

Among her favorite players are Vic Romano, Dennis Liptak, and Juan Garcia. "They make you laugh and feel at ease," she smiled.

Carianne hopes to attend either the Massachusetts Liberal Arts College in North Adams or Salem State College next year.

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Agawam Jr. Warriors Defeat Wolverines On Sat., October 30th

The Agawam Junior Warriors defeated the West Side Wolverines in SAFL action Saturday night, October 30th in West Springfield.

The Warriors again were led by their strong defense. On the first play of the game, DE John Jordan intercepted the pass and returned it 40 yards for a touchdown. West Side again had the ball and on a hard hit from Joe McDyer, the Wolverine running back fumbled the ball.

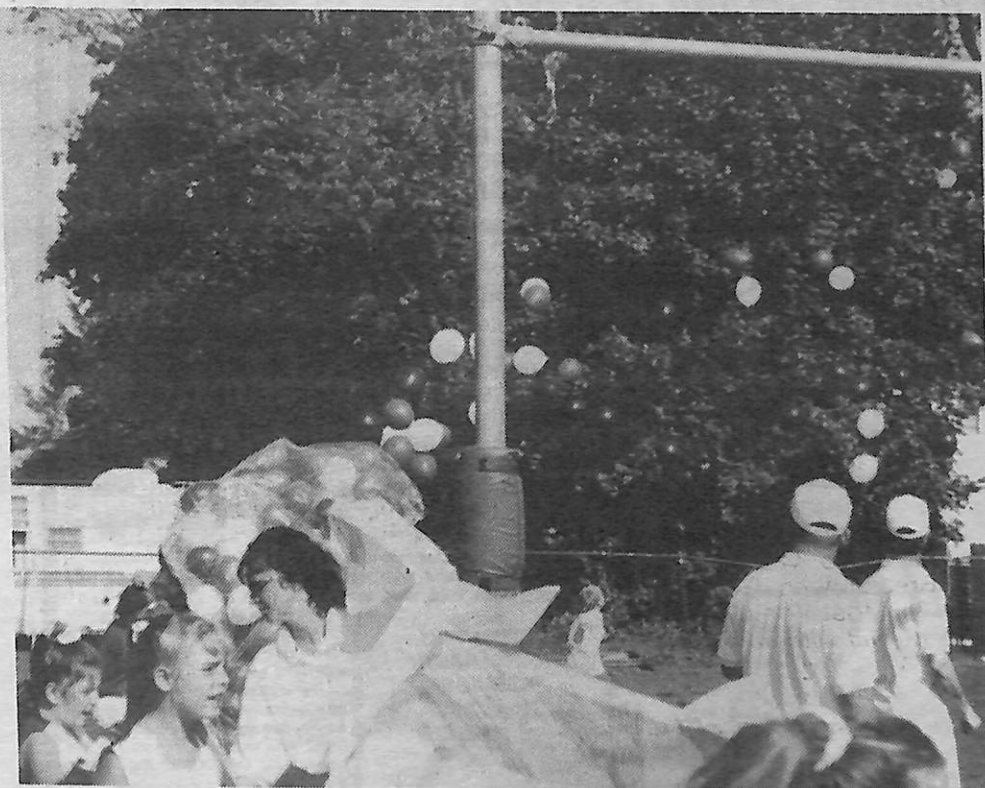
Zack Bussiere recovered the ball on the 50-yard line. The Agawam defense was relentless in its pursuit and never allowed the West Side offense to get on track with strong play turned in again by Justin Stevens (two sacks), Nick Lovotti, John Dominick, Chris Scuderi, and Anthony Birchenough (interception).

The Warrior offense, again run by Joel Bailey, went to the running game behind Bussiere and Anthony Bailey on the right side, allowing FB Mike Theriault (75 yd) and TB Joe McDyer (105 yd.) to move the ball.

The offensive line play was again outstanding with fine play put in by (C) Adam Plante, (G) Mark Jeserski, and (T) Nick Roberts. The Warriors passed the ball with success to Dom Moccia, Geoff Trexler, and Zack Bruneau.

The Warrior JV team played the second half with great play put in by Joey Greaney, Vin Waite, Dustin Petrucci, Jimmy Yelinek, and Victor Rodriguez. The Warriors round out their schedule on Sunday, November 7th at Springfield North (Central HS) game time, 12:45 p.m.

Up, Up, And Away...



TO COMMEMORATE THE LAST HOME GAME of the season for the Agawam Pee Wee football white squad, Karen Texiera of Agawam (top photo), owner of Always Blooming Balloons, donated and released loads of balloons at 12:15 p.m. before the Sunday, October 17th game at Phelps School. The balloons were airborne (in photo directly above) after the football players crashed through a huge sign made by the Pee Wee cheerleaders. Advertiser News photos by Kathy Shepard.

Warriors Leave West Side With Stunning 22-0 Win

On Saturday, October 30th under the lights at West Side Vets Field, the Warriors dealt a stunning 22-0 victory to West Side. This pushed their overall record to 5-1.

The Warrior offense was unrelenting in driving the ball down the field. Rashad Wright had an unbelievable three-touchdown, 188-yard rushing game. Scott Readon had a good day with a 5-yard rushing average. Frank Sacco turned in a fine performance with a 12½-yard rushing average. Brendan McNeish scored four extra points as he led the Warriors to victory. Once again, Little Hogs, led by Patrick McKeever and Phillip Scouille, were the key to the Warrior running game.

The Warrior defense punished their opponents. Holding West Side to less than 50 yards, led by "Little Hogs" Patrick McKeever, Garret Gabel, Stephen Teixeira, Scott Luginbuhl, and Phillip Scouille, the Little Hogs shut down the running game of West Side.

The few times West Side ran outside, they were stopped with backfield tackles turned in by Brendan McNeish, with a total of four backfield tackles for a total 16-yard loss, and Rashad Wright for a five-yard loss. Punishing defensive play caused two fumbles. They were recovered by captains Scott Readon and Patrick McKeever. Once again, the Warriors were inspired to victory by the Pee Wee cheerleaders.

Congratulations to the Warrior Orange Squad for their fine undefeated (8-0) season. The squad was coached by Nick Ferretti and Mark Hensel.

After Defeating Palmer...

Pee Wee Warriors' Orange Squad Is Still Undefeated

The Agawam Pee Wee Warriors' Orange Squad remains undefeated this season, courtesy of defeating the Palmer Cowboys' Silver Squad by the score of 6-0.

It was a very well-played game by the Warriors, as Niko Omera (number 2) scored a TD on a four-yard TD run.

The Warrior defense did an outstanding job stopping the Palmer offense. Everyone on the Warriors' team played well.

Congratulations to all of the players on the Orange Squad for a fantastic season!

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...



Outdoors New England

by Kent Servis
Outdoor Writer

A Hunting We Will Go...

The colorful autumn leaves have fallen and the bare branches of winter outline the landscape. Bow hunters now have an unobstructed view of the forest floor and the deer that slip quietly through the woods.

Grouse and pheasant hunters are enjoying the traditional crisp autumn mornings as the dogs move through the fields and covers. Despite claims by the Division, consensus is that there are fewer pheasant stocked in the western half of the state since the game farm in East Longmeadow was closed and operations headquartered in the east.

Ollie, my Springer, is having a great year, having just returned from bird dog school. Master trainer Dave Krassler has done a fine job with him, and the cackle birds better watch out! The weekend saw a few birds taken in open cover, and the management areas were at capacity with hunters.

Bay State archers are staked out in the woods, as the Massachusetts bow season on deer has opened. Early indications are that the herd is in great shape and a healthy harvest should result.

What a great time to be alive and outdoors.

FISH REPORT

With so many of us spending most of our time out in the fields and woods during hunting season, fish reports are getting a little thin.

FRESH WATER

Freshwater action can still be enjoyed in local lakes, providing your lure speed is geared to the cooler water temperatures.

Trout action continues to produce some decent fish as a result of the fall stockings.

Bass action can provide some of the largest fish of the year. Anglers are taking some real nice fish in Hampton Ponds and Congamond Lakes.

SALT WATER

The salt water scene continues with the fall migration of stripers and blues. The run is about at the peak and will be winding down soon. The Connecticut and Rhode Island areas are still giving up some cow bass and some gorilla-sized blues.

Action at the Race, especially at Race Rock, has been fairly consistent in the early morning and just before dark. Flyrodders are having a ball with schoolie stripers at the rock and also inshore in rocky coves and inlets.

Surf fishermen are reporting a feast or famine situation. Migrating fish don't stick around all that long. Some days there are so many hook-ups that one needs to stop fishing and rest, while other days go blank.

Enjoy a glorious fall week and think safety while we all enjoy the weeks ahead in our great New England outdoors.

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Agawam Soccer Assoc. Standings

U-17 COED	W L T P
Spear's Green	7 1 0 21
Comee's Kamakazee's	5 4 0 15
Menard's Blue	5 4 0 15
Howe's Orange	1 7 0 3

U-14 COED	W L T P
Icebreakers	8 0 2 26
Blue Blizzards	4 3 3 15
Heneghan 04	4 3 3 15
Green Lightning	4 4 2 14
Red Devils	2 6 2 8
Orange Crush	1 6 3 6

U-12 GIRLS	W L T P
Blue Lightning	10 0 0 30
Kick'n Kangeroos	6 3 0 18
Green Angels	5 5 0 15
Gould 04	2 7 0 6
Mutti 03	0 8 0 0

Congratulations to Larry Freeman and his Blue Lightning (U-12 girls' champs).

U-12 BOYS	W L T P
Green Gremlins	9 1 0 27
Golden Eagles	8 2 0 24
Blue Knights	4 5 0 12
Tigers	1 7 1 4
Firebirds	0 8 1 1

Congratulations to Rick Holt and his Golden Eagles (U-12 boys' champs).

At Riverside's Final Banquet On Sunday, October 31st...

Over \$82,000 Awarded To 1999's Drivers

As the partly dismantled racing facility sat quietly a few miles away, over 800 people gathered at Chez Josef in Agawam on Sunday evening to pay tribute to the 1999 track champions at Riverside Park Speedway. Over 200 drivers were honored for their 1999 accomplishments, and a track point fund totaling \$82,286 was awarded to competitors.

Leading the way was Agawam's Ricky Miller, who collected \$10,000 as Riverside's NAPA Modified champion, and an additional \$2,000 as the 1999 Budweiser Triple Crown Series champion. Miller is further set to collect \$17,000 from the NASCAR Winston Racing Series regional point fund, where he finished second to New England champion Jerry Marquis of Broad Brook, CT.

Longmeadow driver Eddy Carroll III enjoyed the top Pro Stock honors for the fourth consecutive year, and collected a point fund payoff totaling \$5,276. Carroll, whose grandfather founded the speedway and surrounding theme park, is the only four-time consecutive champion in the history of Riverside Park Speedway. The 1999 Pro Stock Triple Crown Series champion was Jeff Connors of Ellington, Connecticut, who finished third in the overall standings behind Carroll and runner-up Rich Vasseur.

Ernie Tarca of East Granby, Connecticut celebrated his first career championship in the Teddy Bear Pools Truck division, where he edged out Ludlow's Mike Salmond by only 10 points in the final standings. Herb Carlon of Windsor, Connecticut was crowned as the 1999 Sportsman champion, a distinction Carlon wrapped up with one race remaining on the schedule in early September. Completing the gala festivities on Sunday were Mark LaJoie of Norwalk, Connecticut as the 1999 Super Stock champion and John Gagnon of Westfield, the 1999 Figure 8 champion.

The banquet came and went with mixed emotions as drivers celebrated their 1999 accomplishments, but looked ahead to a 2000 season without the familiar Agawam quarter-mile oval. The keynote speaker of the evening was NASCAR Vice President Tom Deery. Many special awards were also presented, including the Rollie Jacobs "class act" award, named in honor of longtime Riverside announcer and Hall of Fame inductee, Rollie Jacobs, and given this year to Bob Polverari, the track's only five-time modified champion.

The Gene Murphy "appreciation" award, named in honor of one of Riverside's earliest promoters, went to track steward Mary Brooks for her outstanding work throughout the years. The Susan Dugan "dedication" award, named to honor the speedway employee who was killed in a car accident leaving the speedway one night, was given to Sophy and Josephine Lobo, who have accompanied their family's racing efforts for countless seasons at Riverside.

As park officials confirmed earlier in the season, 1999 was the final year of racing at Riverside. Plans are to redevelop the speedway area and incorporate it into the main theme park beginning in 2000. West Springfield businessman Ted Hebert has taken several items out of the speedway, including 6,200 chairback seats, lighting, and building materials, before construction begins on the newly themed area in early November.

Hebert hopes to use the materials from Riverside to build a race track in Western Massachusetts in the future. Riverside Park is owned by Six Flags Theme Parks, part of Premier Parks, Inc., the world's largest regional theme park company with a total of 35 parks in the United States, Latin America, and Europe.

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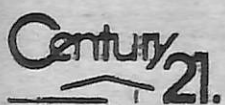
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FOR SALE: Chipper/shredder by Dynamark. 3 yrs.-old.; like new. 8 H.P. \$400. 786-3909.

PERSONAL

THANK YOU ST. JUDE

For prayers answered. Publication promised. PG, EG

THANK YOU ST. JUDE

For answering my prayers. Publication as promised.

G.R.

TAG SALE

TAG SALE: Saturday, Nov. 6th, 9 a.m. to 3 p.m. 68 Ottawa St., Agawam (off Bridge St.). Bikes, toys, clothing, book shelf, dresser, household, fish tank, misc. items.

WANTED

HELP WANTED: Seamstress — Steady part-time work sewing top-quality children's christening wear in a clean and smoke-free environment. Call 789-3488.

HELP WANTED: Maintenance/grounds. Housing complex in Feeding Hills looking for qualified handyman with experience in minor plumbing and electrical. 40 hours; rotating on call. EOE. If interested, please call 789-1131.

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Contact the AHA's Stroke Connection at 1-800-553-6321.

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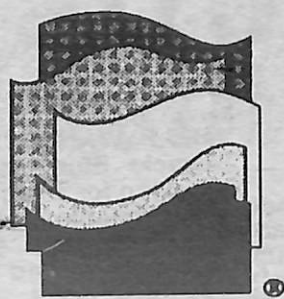
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